NEC Social Walk Risk Assessment

Route:					
Date Checklist Completed:		Recce Date:		Time/Date of Walk	
Walk Leader:		Start GR/GPS:		Finish GR/GPS:	
Distance:		Parking Location			

Hazards	Considerations / Further Notes (not exhaustive)	Action Taken? (MUST click the box)
General Hazards and Covid-19 Compliance		
Parking Area	Is there ample suitable parking given so that walkers will not lift share?	☐
Traffic/Roads/ Railways	Are there suitable places at roads/railways and ensure crossings take place in a safe place whilst maintaining good hygiene and social distancing guidelines?	☐
Terrain, paths, tracks and obstacles	Has the route been recce'd to assess the risks associated to COVID-19? Is the terrain taken into consideration? Any potential barriers to enable social distancing and good hygiene (especially on high touch surfaces)? Have narrow routes been minimised where social distancing is not possible? Can the social walk be held at a less busy time of the day/day of week to enable more effective social distancing and less disruption to the local community?	☐
Rest breaks, Refreshments & Amenities	Does the location for the coffee/lunch break allow for good hygiene, adequate social distancing and safe use of amenities?	☐
Weather	Have extreme weather conditions been considered and its impact on good hygiene and social distancing? No Met weather warnings in place?	☐
Livestock	Danger to walkers or may prevent covid-19 compliance measures around social distancing or making contact with high touch surfaces?	☐

Hazards	Considerations / Further Notes (not exhaustive)	Action Taken? (MUST click the box)
General Covid-19 Compliance		
Covid-19 General	Does the route allow for social distancing wherever practicable? No shared equipment? Have all walkers been briefed to carry PPE & hand sanitiser? High touch surfaces are avoided where possible to appropriately clean if they cannot be avoided? Have walkers been briefed they must not attend if they or member of their family/bubble is showing Covid-19 symptoms or awaiting test results? Are there any local lockdowns that could impact the walk? Has the impact on the local community/residents been considered?	☐
Participants	Assessing the hazards outlined within this risk assessment, as walk leader I am comfortable to lead a maximum group of:	Insert number
Register	Walkers Register completed to enable Track and Trace? Checklist and walkers register uploaded?	☐

EACH SECTION MUST BE SELECTED TO CONFIRM ACTION HAS BEEN TAKEN

NEC Covid-19 Rules for LDWA Social Walks

Effective Date: 25 August 2020

Government guidance set out in the 'organising outdoor sport and physical activity events framework' outlined in the guidance for the public on the phased return to outdoor sport and recreation in England, supersedes all advice given by the NEC and must be followed at all times.

<u>**Before the Walk**</u>

Walk Leaders must ensure prior to the event all individuals have been briefed with the following information:

- **Walkers must not attend LDWA social walks if they or a member of their permitted 'bubble' has recently been diagnosed with or show any Covid-19 symptoms, are awaiting test results or are self-isolating under current Government guidance.**
- **Walkers must not car share unless you they from the same household or part of a permitted 'bubble' from another household.**

- **Walk leaders must ensure they have completed a risk assessment for groups of more than six in England. They must decide on the maximum number of people that they are willing to lead based on the risk assessment (Maximum 30).**

- **Walk Leaders must ensure they keep referring to the government guidance set out in the introduction of this document for any relevant updates such as shielding or localised lockdowns.**

- **Walk leaders must retain copy of the NEC rules & guidance (for all social walks) and risk assessment for over six individuals in England, available to brief walkers at the start or to show to any member of the public or official (e.g. police) who asks what you are doing where appropriate to do so.**

- **Walk leaders must check with the group to ensure and individuals with additional needs or vulnerabilities can be accommodated.**

- **Walk leaders must take into account any situation when the walk may not go as expected, e.g. the need to support an injured walker whilst maintaining social distancing (see On the Walk below).**

- **Walk leaders must recce a route or an area with which they are familiar and apply a Covid-19 perspective.**

Numbers on social walks

- **In England, no more than 30 walkers, including the walk leader to attend social walks and a risk assessment must be completed for groups of over six.**

- **In Scotland, no more than 15 walkers (from up to a maximum of five households), including the walk leader to attend social walks.**

- **In Wales, no more than 30 walkers, including the walk leader to attend social walks.**

These numbers must not be exceeded in any circumstances

On the Walk

- **Social distancing must apply where practicable throughout the walk between fellow walkers and members of the public.**

- **All walkers must carry an appropriate hand sanitiser, a face covering and a small first aid kit.**

- **All walkers must not share personal items or equipment during a walk.**

After the Walk

- **Walk leaders must send details of walk attendees (and risk assessment in England for groups of more than six) to the Local Group representative to upload the documents to the LDWA walks register for Insurance and Track and Trace purposes.**

Who are the LDWA?

The LDWA is an Association of people with the common interest of walking long distances mainly in rural, urban, mountainous or moorland areas. It is a Company limited by Guarantee. The Local Group Committees and the National Executive Committee (NEC) are all volunteers. https://ldwa.org.uk/

Contact: Risk Officer at datamanager@ldwa.org.uk
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