**East of Epping to Debden, Sunday 4th December 2011**

16 walkers, 19.8 miles – leader Lonica Vanclay

16 walkers in total set off from Epping at 9am on our walk of 19.8miles. The rain held off all day and the clouds were high and cleared a little towards the end of the day – so we had some fine views. Forest and fields alternated with big skies. To mark the festive Christmas season, mince pies and Lebkuchen were provided at the morning break - which meant we could all keep going to Abridge for a lateish lunch – a choice of pub or café and most of us plumped for the café. Good food – albeit terse service. Big day in Abridge as the Christmas tree was being put up and the lights were due to be switched on – fortunately some time after we had moved on. A colourful sunset and we were at Loughton at 4.30pm so many of us were home earlier than usual too. An enjoyable day.