**West Essex Circular, Saturday 9th July 2011**

15 walkers, 20 miles – leader Lonica Vanclay

Yes – this time there was no fog, the rain held off all day and it even got quite warm and sunny in parts! 15 of us walked the 20 miles and were able to enjoy the sweeping views, the green fields and the fantastic spread of flowers – wildflowers in the fields and the beautiful and colourful Essex garden flowers. Lots of lovely old houses to admire en route. The Dial at Elmdon provided excellent beer and lunch and we were able to sit in the garden to enjoy it. The ups and downs, gentle though they were, still rather put paid to the view that Essex is completely flat! So no need to repeat the walk for a third time!!.