**Lewes Circular, Monday 31st May 2010**

18 walkers, 20 miles – leader Clare Kirkbride

The weather was a pleasant compromise between the dismal Bank Holiday rain of two days ago and the heatwave of the previous weekend, i.e. dry and cool with a breeze from time to time. 18 walkers met at 10am at Lewes station and walked almost immediately onto the riverbank southwards to Southease, then via Rodmell to the crest of the Downs where we stayed till beyond lunch above Kingston. We descended to the footbridge at Falmer, then up Long Hill to Blackcap where the "front-runners" set the excellent example of how to take a nap. Numbers began to drop thereafter, as walkers left the group while we walked down to Offham then into Lewes (past the public lido!); only 6 walkers made it to the Lewes Arms (an excellent discovery, serving food till 5pm), and 3 onward to the station.