**London Parks and Regent’s Canal, Thursday 8th July 2010**

12 walkers, 10 miles – leader Peter Buchwald

They met in Green Park ticket hall

For a sunny summer London stroll

Were joined by one from far away

Who from her hotel had escaped.

Set off through the park so green

Walked under an old triumphal arch

Stopped at a grid of pillars in memory

Of the seventh day and that same month.

Across the corner where people speak

The hotel escapee sought socks and they

Continued through the city streets

Crossed Regent's Park to Primrose Hill.

They found the canal gate closed

And walked around to join it further on

Saw some fishermen and made their way

To lonely Camden Lock at evening time.

They passed Kings Cross and Islington

Pretty girls out for an evening run

Some locks with tidy narrowboats

To the Wenlock Arms, a quiz and beer.