**Regent’s Park Area, Wednesday 25th August 2010**

13 walkers, 7 miles – leader Rob Myers

It had been raining heavily all day and was still raining when the walk was due to commence at 6.30. Some people had texted to say that due to the weather they would not be turning up but astonishingly 13 people did. We set out from Little Venice for a walk along the Regents Canal to Primrose Hill. Due to the conditions we did not linger too long to admire the view but carried straight on into Regents Park. We wandered through Avenue Gardens and traversed the boating lake. We passed a lot of disappointed spectators from the open air theatre who had seen their performance cancelled due to the rain. At this point less than a mile from the finish darkness descended and I made a navigation error that meant I had to abort the walk. At the same time the heavens really opened and we headed quickly to the most convenient pub. This was the Wetherspoons next to Baker Street tube. We were all drenched but the beer and food somewhat revived us. In retrospect I should have started the walk half an hour earlier and done it in reverse. Definitely a lesson for the future.