**Tring Circular, Sunday 22nd February 2009**

19 walkers, 21 miles – leader Steve Plested

At Tring station initially only 6 people were in attendance but arrival of the train boosted that number to 19. The weather then changed from bright and sunny to overcast and remained so for most of the day. We set off North along the Grand Union Canal with a deviation to circumnavigate the 3 famous Tring Reservoirs (Startops, Tringford and Wiltstone), well known havens for ornithologists and piscators. More canal towpath took us to the outskirts of Wendover Woods and the first real ascent of the day. After viewing some brave souls on wires and ropes above our heads ("Go Ape") there followed a steep descent into Wendover for lunch. The Shoulder of Mutton did us proud and we were soon off along the Ridgeway through more woodland, a brief sunny interval lit up the woods and was most welcome as we climbed up and over the second major hill of the day. Open countryside and a few lanes then led us to the canal south of Tring which we followed back to the start with a few minutes to spare before the arrival of the train. If I correctly interpreted the comments at the end, a good time was apparently had by all.