**Arundel Circular, Saturday 8th November 2008**

13 walkers, 23.5 miles – leader Margaret Romanski

There were 11 of us with 2 joining at lunch time. The weather was mostly dry but overcast -although there was an absolute downpour just after lunch. People got very wet but it didn't seem to dampen spirits. The route was certainly appreciated. It was predominantly up on the downs, coming off only to visit the pub for lunch. It was advertised as hilly and there were lots of ups and downs. Visibility could have been better – which was a pity as on a clear day the views from the downs are excellent. The pace was good – we completed the distance in around 7hrs walking time. We stopped for lunch at The Cricketers, Duncton. The food was good and service efficient. By obtaining the menu via email the day before and phoning the food order in advance we managed to reduce the lunch break to around 40 mins. The early start and short lunch meant that we finished by 5.15pm without the need for torches.