**An Alternative Essex Way, Thursday 11th October 2018**

9 walkers, 15 miles – leader Ron Williamson

An Alternative Essex Way (Cressing to Chappel with not much in between)

Essex may have a population approaching 2 million but they were nowhere to be found today. The only passengers at the lonesome Cressing station, we sauntered for 15 miles and apart from at the lunch stop encountered only one Essexer, even at the end Chappel station was deserted.

An autumn amble, therefore, maybe for those seeking solitude unless of course you meet LDWA members romping across the wide open fields, thrashing through the undergrowth or gallivanting on exercise equipment.

A good route almost exclusively on well-maintained paths and a first-class lunch stop at the 15th century barn of the Markshall Estate. With only one train an hour from Chappel, however, it was a bit of a race after lunch. We one, with just two minutes to spare but ideally the route deserved more time for observation and contemplation as is the want of many Pop-Uppers.