**Hills of the North, Wednesday 6th December 2017**

17 walkers, 11 miles – leader Ron Williamson

Start 11:00   Finish 15:45

A cheerful band of Pop Uppers came from far and wide to experience the delights of a classic London walk.

Members from as far afield as Brighton, Southend and Harlow assembled on the main concourse of Kings Cross station with the objective of making their way through North London to a destination at Wood Green. The route was satisfying throughout as we travelled via Regent’s Canal, Camden Town, Primrose Hill, Crouch End, Parliament Hill, West Hill Highgate, Queens Wood, Highgate Wood and Alexandra Palace.

A spring in everyone’s step, with the exception of a sloper who abandoned ship at Highgate, saw the miles fly past and the uphill sections become a joy to behold rather than a cross to bear.

Refreshments on route at Hampstead Heath and Alexandra Palace added to the jovial spirit and it is with the same spirit that a decision has been made to not name and shame our sloper on this occasion.

Photograph by Keith Lane; more by Sue Kahn on the group Facebook page