**West Sussex Literary Trail Part 1, Saturday 3rd November 2018**

7 walkers, 20 miles – leader Peter Buchwald

The grassy Wealden landscape
Runners out on a Saturday morn
Woodland under cool winter sun
The ancient church at Itchingfield

Lunchtime beers in a country pub
The Quaker's Blue Idol House
Curious bulls at sunset time
In grassy emerald green fields.

This peaceful wooded fertile land
Once gave form to great minds
Romantic revolutionaries like Shelley,
Social reformers like William Penn
Who railed against all tyrannies
And formed our modern democracies.

Photographs by Peter Buchwald