**South Downs Stroll, Saturday 28th July 2018**

12 walkers, 26 miles – leader Susanne Waldschmidt

12 people started this walk. Luckily the weather was cooler than it had been of late but very strong winds developed in the afternoon. This proved to be quite challenging especially as this was a longer walk than usual. 3 people dropped out.

We started by going through the pretty villages of Rodmell, Southease and Alfriston where we stopped for lunch. We then followed the Cuckmere River to Seven Sisters. Then the final challenge.

The Seven Sisters (or is it eight?). More energetic walkers decided to go on. We finally arrived in Eastbourne. A swim would have been nice but it was low tide! However it was getting late and we arrived at Eastbourne station just after 8. The walk was probably closer to 26 miles. An exhausting but satisfying and varied walk.

Photographs by Gavin Fuller; more by Gavin on the group Facebook page.