**Haywards Heath to Three Bridges, Saturday 21st April 2018**

10 walkers, 20 miles – leader Peter Buchwald

A gallimaufry of ancient woodland
Interspersed with grass meadows
Rivers ruining red with oxide of iron
Viridiaian grass on the brown earth.

Bluebells and primroses in flower
Gave colour to the forest floor
Old hammer ponds shimmered
Between the trunks of ancient trees.

Forges once used the wood and water
Fashioning guns and ploughshares
From the locally produced iron ore
These forests now stand silently
In memory of an ancient industry
Once common among these forest groves.

Photographs by Peter Buchwald; more by Gavin Fuller on the group Facebook page