**Pymmes Brook Trail and the Marshes, Saturday 3rd February 2018**

20 walkers, 18.5 miles – leader Jerome Ripp

# **Colin Saunders has been working on a revised route for this North to East London trail and writing a new book. Injury prevented him from leading the walk but he had sent me a detailed draft and bravely turned up for the start to provide short talk and introduction to the route. We set off from High Barnet station with grey overcast skies and thin drizzle which was with us for most of the day. A short distance on the London Loop to reach the headwaters of the Brook flowing out of Jacks Lake and then followed it through a variety of parks to our lunch stop after 8.5 miles at Palmers Green where there was  something for everyone’s taste with a choice of picnic in the churchyard, multiple coffee shops or the Alfred Herring Wetherspoons pub.** **Colin’s route description was superb throughout and navigated us through/under/over the dreaded North Circular to Pymmes Park where his new section started, heading south east through the back streets of Edmonton to Tottenham Marshes and the Lea Valley walk where we rejoined the Brook for its final showing before it plunged into the river Lee. A final fast stretch along the towpath and Hackney March should have led to the official walk finish at Hackney Wick but with the Overground not working, some peeled off early but most of us made it to the alternative finish at Stratford station.**