**Capital Challenge Marshals Walk, Sunday 18th March 2018**

8 walkers, 28 miles – leader Gordon Parker

8 people ignored the apocalyptic weather forecasts promising a mini-Beast from the East and left the BFI on the South Bank at 08.30. It was neither as cold nor as icy as we had feared: the wind was very cold but nowhere near as strong as we expected. Colin Saunders waved us off and departed with his sore Achilles Tendon to the Trafalgar Square ’Spoons for breakfast.

Too cold to snack outdoors we stopped for lunch at the cafe in Golders Hill Park and for a warm drink at the Coal House Cafe in Woodberry Wetlands.

With a great sense of satisfaction it took us 9 hours 42 minutes to reach the View Tube Cafe.

Photograph by Jean O'Reilly; another by Gordon Parker on the group Facebook page