**Stratford to Canary Wharf, Thursday 20th July 2017**

12 walkers, 6.4 miles – leader Dave Williams

Unfortunately because the Para World Athletic Championships were taking place we had to circumvent the Olympic Stadium but otherwise we made good time to reach the Wetherspoon's at Canary Wharf where the majority of us enjoyed a well-earned curry.

Photographs by Bola Baruwa; more by Ian Fairweather on the group Facebook page