**Woodford Green Wander, Wednesday 7th September 2016**

9 walkers, 6 miles – leader Julie Welch

Nine of us braved the Central Line in rush hour to meet at Woodford station for a 6-mile stroll through Knighton Wood and Lord's Bushes into Epping Forest. On the way we visited the site of Julie's now-demolished childhood home and, for Dave's benefit, viewed the former home of the late West Ham and England manager, Ron Greenwood. Our final port of call was The Last Post, a Wetherspoon's hostelry on Loughton High Street that was once the local Post Office.