**West Ruislip to Elstree and Borehamwood, Saturday 7th November 2015**

4 walkers, 19 miles – leader Peter Buchwald

\*Note: Annoyingly, at the last minute Chiltern Railways cancelled the 08.46 train from Marylebone to West Ruislip, which meant that the six people who had made the effort to get to the start and were expecting to travel via Marylebone were disappointed, as the next train didn't depart for an hour. So, sadly, only the four who travelled to the start by Central Line were able to complete the walk. Sincere apologies to everyone who was let down by the trains on the day.

The quagmire of North East London  
After days of wintry streaming rain  
Under leaden skies in uncertain light  
Some hardy golfers playing their game.

Riverine paths which cleaned our boots  
Followed by uncertain squelchy fields  
Slippery underfoot like soupy broth  
Paludal plains of muddy sticky clay.

Pressing banknotes dry in a serviette  
Tea without milk in a Polish pub  
Blue skies and luminous ruddy trees  
A golden sunset at the end of the day.

Photographs by Peter Buchwald