**To the Manor Born, Thursday 1st October 2015**

10 walkers, 6 miles – leader Adam Dawson

An enjoyable autumnal walk in the woods, taking in the Ruislip lido and the depths of Ruislip woods. A walk of contrasts, and sometimes had to believe we were in deepest suburbia all evening. Finished just after 8pm, in the dark so head torches were required. Just time for a quick pint in Wetherspoons before heading back to London on the Met or Piccadilly lines.

Photographs by Roderick Smith and Adam Dawson