**Connaught Water and Pole Hill, Wednesday 2nd September 2015**

8 walkers, 6 miles – leader Peter Aylmer

Evening walks just about work in early September and here's the proof. We just managed to get round our six-mile circuit from Chingford without the use of head torches. Sunset was 7.45; we reached the trig point on Pole Hill at 7.47, alas no last fleeting rays of golden dusk but a very fetching view over the capital nevertheless. Thanks to all my companions for a good walk.

Photographs by Peter Aylmer