**Lea and Stort Valley Explorer, Sunday 31st May 2015**

8 walkers, 20 miles – leader Steve Plested

8 people turned up for my walk and seemed to enjoy the riversides and woodlands explored despite the occasional rain showers, we walked at a good pace and without a lunch time pub stop were back at Cheshunt after 7.5 hours with the added bonus of hearing a cuckoo calling close by during the walk.