THE WEST YORKSHIRE WANDERING

Number Four October 2022

From the Chairman

Ralph Warman



A warm welcome to all new and existing members.

Welcome to number four of the West Yorkshire Wandering newsletter, your quarterly insight into what is going on with your group. If you have any reports, interesting stories etc please send them to <u>westyorks.secretary@ldwa.org.uk</u> for inclusion in the newsletter.

This issue is full of interesting reports from members of the WYLDWA. I hope you enjoy reading them and inspires you to get involved and make the most out of your subscription.

Many thanks to those who have contributed reports and photos included in this Newsletter.

We have a packed fourth edition, so please enjoy.

West Yorkshire AGM.

This year we tried something new to attract members to join in and have their say:

A 12 mile social walk was followed by the AGM and refreshments, which was a minor success, if you haven't seen the AGM meeting note please <u>click here</u> to see how the meeting went.

Social Walks

From the beginning of 2022 up to the end of October 2022, the West Yorkshire Group have held 40 social walks with 570 walkers taking part, covering 4036 miles. A big thanks to all our walks leaders, without these guys we wouldn't be able to enjoy our local area.

Up and coming Social Walks

- 3rd Nov 22 Kirkstall Abbey 08:00 20miles
- 10th Nov 22 Six Days Only 08:00 20 miles
- 12th Nov 22 Roundhay 50 Loop One 08:00 28 miles
- 17th Nov 22 Blue Lagoon 08:00 23 miles
- 24th Nov 22 Tong Village 08:00 22 miles
- 26th Nov 22 Roundhay 50 Loop Two 08:00 22 miles
- 1st Dec 22 Christmas Tree Festival 08:00 17 miles
- 3rd Dec 22 Christmas Walk 09:00 12 miles
- 10th Dec 22 Plenty of Ups and Downs 08:30 18 miles
- 15th Dec 22 Haworth- 08:00 19 miles
- 17th Dec 22 Don't Forget Your Passports 08:30 18 miles
- 22nd Dec 22 Saltaire Brewery 08:00 16 miles
- 31st Dec 22 Tim's Hootenanny Walk 09:00 12 miles
- 7th Jan 23 Wandering from Brighouse Part One 08:30 18 miles
- 21st Jan 23 Wharfedale Winters Wander 08:30 16 miles

- 11th Feb 23 Harrogate South Circular 08:30 23 miles
- 18th / 19th Feb 23 Roundhay 50 08:00 50 miles Challenge Event
- 4th March 23 Carleton Canter 08:30 19 miles
- 18th March 23 Wandering from Brighouse Part Two 08:30 23 miles
- 25th March 23 Nab End 08:00 24 miles
- 1st April 23 Haw Pike Circular 08:30 21 miles
- 22nd April 23 Holme Valley Circuit 08:30 24 miles

Please check the website for final information and details the night before the walk.

As you can see, we have a very busy social walks calendar. If you haven't been on a social walk before or for a long time, I am sure you will enjoy the scenery, company and give you a sense of achievement, so why don't you give it a go? If you need further information or assurances that you will fit in, please don't hesitate to get in touch with Ralph Warman or Chris Burrell.

With fuel cost increasing, it might be an idea to car share. If you know anybody from your area who are going the same way [and you don't mind car sharing] why don't you give them a ring.

Please note there are numerus photos and reports on the website <u>Click Here</u> for access, and see what we get up to.

WYLDWA Challenge Events

Roundhay 50

18th and 19th Feb 2023 entries open on SiEntries Click Here to Enter.

The Roundhay 50 is making a comeback in 2023. It consists of 2 different loops which both start and finish at St Edmund's Church in Roundhay. The main start will be at 8am, with an additional start at 9am aimed at runners and faster walkers. Please note the opening and closing times of checkpoints (which will be strictly enforced). An earlier start will be available on request.

The first loop goes through Roundhay Park, follows the Wyke Beck to Temple Newsam and then goes East to join the Leeds Country Way. The route follows the Leeds Country Way through Garforth (CP1), Barwick-in-Elmete, Thorner and Bardsey (CP2) and then cuts back from Wike via Shadwell to return to St Edmund's Church. After re-fuelling with a light meal, you will head off on the second loop.

The second loop goes down Gledhow Valley Woods to join the Meanwood Valley Trail. Heading North, there is a checkpoint at Alwoodley. The route then goes past the end of Eccup Reservoir, close to the filming set of Emmerdale, into Harewood Estate for the final checkpoint in the Village Hall. The final leg goes back through the edge of Harewood Estate to Wike and follows the same route back to Roundhay.

Checkpoint opening and closing times are given on the website. Anyone arriving outside of those times will have to wait (if early) or will be retired from the event (if late).

As this event will take place in February, participants must be prepared for potentially bad weather. Although the route does not go to very high ground and is relatively close to civilisation at all times, it is mostly off roads and it is the middle of winter! Minimum kit is given below which all participants must wear / carry at all times.

Minimum kit: full waterproofs, hat, gloves, fleece top, long trousers, map with route on, route description, compass, whistle, mug, emergency food, torch.

There will be plenty of food at the checkpoints, as well as hot and cold drinks. There will be shops available en route on the first loop where the checkpoints are a bit further apart, so you can buy additional supplies if necessary. We will cater for vegetarians and may have some vegan and gluten free options available, but this cannot be guaranteed.

A full route description as well as .gpx file will be available approx. 2 weeks before the event. Draft versions will be available prior to that.

Dates for your Diary

Christmas Walk and Meal at the Wheatley Arms Saturday 3 December 2022. There are Restricted numbers for the meal so if you wish to attend.

Please contact Sue Manley 07514 682044 now please.

£30 for 3 courses or £25 for 2 courses

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Roundhay 50, Sat- Sun 18-19 February 2023

Checkpoint volunteers required

Contact Ralph Warman or Chris Burrell

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EBB Hundred 2023 Birmingham 27-29 May 2023

Checkpoint volunteers required

Contact Ralph Warman or Chris Burrell

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South Wales Exchange weekend Sat-Sun 23-24 September 2023. Based in Abergavenny and walks planned in the Brecon Beacons

After hosting the South Wales group in Yorkshire in 2019 it's our turn to be looked after in the beautiful Welsh hills and valleys

For further details contact Ralph Warman

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Challenge Event Diary.

- Kilburn Kanter, North Yorkshire 05.11.22 24 miles
- Wensleydale Wedge, Nidderdale 20.11.22 23 miles
- Filey Flyer, East Yorkshire 14.01.23 23 miles
- That's Lyth, Lakeland 29.01.23 23 miles
- Anglezarke Amble 11.02.23 17 or 24 miles

- Roundhay 50 -18/19.02.23 50 miles
- SP 24, South Pennine 25.02.2023 24 miles
- Two Crossers, East Lancashire 12.03.23 17 or 25 miles
- Blubberhouses Moor, Nidderdale 26.03.23 24 miles
- The Woldsman, East Yorkshire 15/16.04.23 50 miles
- Smugglers Trod, Yorkshire Coast 26.08.23 24 miles

NEC NEWS

LDWA Pubs & Beer Group

This is a new national group which will advertise its activities via Meet Up and will give members the opportunity to take part in walks with pub/beer/brewery themes in all parts of the country.

You'll find more information about the group here <u>Pubs & Beer Group</u> – this has a link to a guide for would-be leaders which sets out the criteria for a walk to be included as a P&B Group walk.

The group organisers Bob Gibson and Tim Ryan are now looking for walks which fit the criteria and are inviting local groups to submit social walks for the programme. Does anyone have a suitable walk (or the idea for a walk) with a pub/beer/brewery theme they would be prepared to organise and lead for the P&B Group?

Members Reports

Thanks to all who have sent reports and photos in. You are all a credit to the West Yorkshire Group.

Smugglers Trod (short route- 17 miles) 27/08/2022

I think this is my favourite challenge walk. I've completed it so many times and always with my dad.

Convening at Fylingthorpe Village Hall ahead of the start, it was great to see so many of my West Yorkshire LDWA friends, but today I was, as I have for about 15 years, walking with my dad.

The route sets off from what was the old railway station but is now Fylingthorpe Village Hall and climbs immediately uphill away from Robin Hoods Bay and up towards the moor.

The weather was fine but a bit cool and a tad cloudy. Walking along lanes and over fields we eventually reached the village of Raw. At this point jackets were removed, having warmed up, before we started a further climb out towards the Scarborough Road.

Continuing across moorland, following the Coast-to-Coast path, always climbing, to the point where the route splits, the long route heading off towards Littlebeck, while the short route heads east, back (eventually) towards the coast.

The path was a little vague at this point but with good knowledge of the route, dad and I were able to navigate our way through the heather, whilst helping a number of others to find the right path.

Difficult underfoot for a while we eventually reached the gate which took us into Grouse Hill caravan park and the first food checkpoint of the walk.

After fuelling up of a selection of sandwiches (the egg ones were fab) and cherry tomatoes, we set off again up the hill back towards the Scarborough Road.

Crossing over we made our way up the track and down to the footbridge, eventually climbing out again to Cook House and back out onto the moor: our target, the mast at Howes Beacon.

The long pull up the track over the moor with the sun on our backs passed quickly and we were soon tucking into another fine selection of snacks and cakes before again setting off in the direction of Robin Hoods Bay.

A steep descent from the mast, eventually reaching the cinder track (this connects Whitby and Robin Hoods Bay to Ravenscar and onwards to Scalby, just outside of Scarborough - a fab cycle route!).

We followed the cinder track onwards, heading back towards the finish. Shortly after a farm, the track turned right, descending through a wood towards the welcoming scent of the sea and fish and chips.

We were greeted at the bottom of "the Bay" by a couple of Yorkshire Coast LDWA marshals and directed up the steep hill towards the finish at the Old Station.

It being a Bank Holiday there were plenty of tourists plus there's always the temptation to stop for fish and chips, ice cream and beer, but we held our nerve and slogged up the hill, back to the village hall, where veg stew and mushy peas, rice pudding and peaches were on offer.

A fantastically organised event with amazing support, fancy dress (pirates of course) and excellent food. Thank you Yorkshire Coast LDWA for hosting my (and my dad's) favourite challenge walk.

Zoe Matsell & John Redgrave (dad 😊)

One Foot in the Gargrave 10/09/2022



I'd done this Challenge event once before, and I remember what a great event it was so I decided to enter again. I had cracking day out with my fellow walkers, good that it's back on again.

Starting in Gargrave the route follows the Pennine Way for a mile or two then splits away from it heading for Bell Busk, Otterburn, check point one and Kirby Malham, picking up the Pennine Way into Malham.

Following the tourist path to Janet's Foss and Gordale Scar. This is where the fun starts climbing the steep

pull up New Close Knotts. Then onto Street Gate to Check Point two, for a well-earned cuppa and sandwiches.



Then off down Mastiles Lane and Malham Moor Lane, across Boss Moor to check point three,





Now for the gentle wander through fields to check point four at Eshton and then onto the finish back in Gargrave.















Julia, Trevor, Julie, John, Mags and Roger taking a well-earned brew. WY members enjoying a wellearned refreshment after in the sunshine

Roger





Smugglers Trod 27/08/2022

The Smugglars-as good as I remembered it from a good few years back.

The weather was kind, the route is good and great to meet familiar faces that I haven't seen for some time. That awful climb up from Robin Hoods Bay still gets the heart racing at the end though!

The icing on the cake was that 8 walkers stayed at Rosedale Abbey on Friday and Saturday nights on a West Yorkshire weekend away which meant we were able to walk the 17 miles 'Lastingham 5 Churches' on Friday as well.

If you haven't been on a WY weekend away come and join us. You'll be made very welcome.

Sue

Smugglers Trod 27/08/2022

A great challenge event put on by Yorkshire Coast LDWA & other groups helping out on checkpoints couldn't have wished for better weather the sun shone all weekend, really enjoyed it as not walked in that area before, a brilliant weekend.





Roger

Smugglers Trod – Saturday 27th August



Last August Bank Holiday, a group from the West Yorkshire LDWA took the opportunity to enter the 33rd Smugglers Trod as part of a social weekend away on the Yorkshire Coast.

Having all signed up for the 25-mile route, we set off from Fylingthorpe Village Hall at 8am on a sunny morning – having a limit of 10 hours to complete the event. This stunning circular walk takes in moorland, forestry and coastal paths including part of the old Scarborough to Whitby railway line. The sun shone all day and the heather on the North York Moors was a beautiful shade of purple. The event had a pirate theme – with members manning the checkpoints all dressed up in accordance with the theme.

The group all completed the challenge well within the time limit and enjoyed several beers afterwards as we chatted and reflected on a great day out. Definitely one to put on your list if you haven't already done it.

A big thank you to Yorkshire Coast LDWA who did a brilliant job.

Karen



Mini Biographies Number Four: Julia Warman – Walks Secretary

Meet the member: Julia Warman

My parents had always been keen walkers and so at the age of 8 I joined them, together with my twin brother on HF Holidays. I fondly remember those holidays, walking in the Highlands of Scotland; around the beaches in Northumberland, together with holidays in the Lakes and Dales.

Later in life during my student years I then led walks at the HF Centres and it was whilst on holiday in Loch Leven, as a leader, one of the guests mentioned the LDWA. I was so interested about this organisation I joined up as soon as I got home. At the tender age of 19 I was one of their youngest members and as I lived in North Manchester at the time my local group was East Lancashire. I walked with them for many happy years, making lots of friends. My proudest achievement, throughout my time with the LDWA was whilst I was a member of East Lancs, and I was the Entries Secretary for the Red Rose 100 in 2015. The event took over 3 years of my life but when everyone had been accounted for at the end of the event and all were home safe and sound, I have never felt such a relief and never felt prouder of being part of a team that had organised a successful and safe 100.

There was a void in my life after the 100 and so in 2018 I was persuaded to apply for the Membership Secretary role on the NEC, I can't believe I have nearly finished my 4-year term. It has been a rewarding yet extremely busy role and one I couldn't have done without Ralph.

Throughout my walking career my highlights have included -

- Walking the GR20 in Corsica in 1988 what an epic route we back-packed this over the course of 10 days getting up at 5am regularly to ensure finishing early afternoon as the heat was intense later in the day. The accommodation was extremely basic, but the route was stunning and very demanding in places.
- In 1990 embarked on a walking holiday with Exodus in the Otztal Alps where we climbed the second highest mountain in Austria The Wildspitze (at 3770m). Ice axe, crampons and roping up were all essential. A fabulous, unforgettable, tiring experience.
- Completing all of the Munros (and Tops) at the age of 29. Living in Glasgow for 5 years certainly helped me with this goal. The one hurdle that was in my way was the Inaccessible Pinnacle on the Isle of Skye but once I had conquered that I knew then that nothing would stop me finishing the Munros.
- In my early years as a member of East Lancs, I couldn't believe members walked 100 mile non-stop, so I thought I would have a crack at that! In 1986 I embarked upon my first 100 The Downsman – from Winchester to Eastbourne. I completed this route in my best ever time for

a 100 – 29 hours and 15 mins – I was then hooked and I am now proud to say I have completed 20 hundreds.

In 2016 I ventured over the Pennines to join West Yorkshire, enjoying lots more walking in the lovely Dales and surrounding area, making even more friends and marrying Ralph. Ralph proposed on a group walk – well where else was it going to happen? Thank you, West Yorkshire, for being such a great group and long may we continue to be so.



On the top of Ingleborough – obviously sporting new trainers!

And to finish: -

A couple are playing 'I spy' in the kitchen of their home somewhere in Yorkshire.

'I spy with my little eye something beginning with T' said the husband.

"Tea pot said the wife." 'Nay Lass!'

"Tea towel." 'Nay Lass!'

"Toaster." 'Nay Lass!' he said, drumming his fingers on the work top.

"Oh I don't know" she said at long last "I give in"

'It's easy' he said. 'It's t'oven!'

Thanks for supporting the West Yorkshire Long Distance Walker Association.

Keep Safe and Happy Walking

Chris Burrell

West Yorkshire LDWA Secretary

westyorks.secretary@ldwa.org.uk