

LDWA Wessex Group - Sedbergh Weekend Away - ITINERARY

	Walk Leaders	Name	Length	Ascent & Descent	Starting Point & OS Map Reference	Notes
Friday 6th Oct.	Geoff Prince Mobile: 07715 054455	Sedbergh 1: Sedbergh Riverside and the Lune Viaduct	7.2 miles 11.6 km	722 feet 220 metres	12:30pm at Thorns Hall (Grid Ref: SD 664 922) (OS Explorer Map: OL19 - Howgill Fells and Upper Eden Valley)	A short low-level walk from Sedbergh taking in the River Lune and River Rawthey, the highlight being the spectacular Lune Viaduct. We also have the opportunity to visit the Quaker community of Brigflatts. (Visitors are welcome to the meeting house which dates from 1652.) A little further on the Sedbergh Viaduct comes into view, a smaller version of the Lune Viaduct. The path climbs up to cross the old railway trackbed, then continues along the riverbank to the old mill at Birks, before returning back to Sedbergh.
Saturday 7th Oct.	Dave Meyer Mobile: 07442 164674	Sedbergh 2: Cautley Spout and The Calf	10.8 miles 17.4 km	2740 feet 835 metres	9:30 am at Thorns Hall (Grid Ref: SD 664 922) (OS Explorer Map: OL19 - Howgill Fells and Upper Eden Valley)	After leaving the House follow the River Rawthey upstream to Cautley, turning northwest the walk passes Cautley Spout, one of the most dramatic waterfalls in the area, before climbing into the Howgill Fells. The route then visits the summit of the Calf, which at 676m, is the highest point in this range of hills, then you can visit Winder which has fine views over Sedbergh & the walk can end in the town if preferred. Recommended lunch spots: At top of waterfall at foot of Swere Gill or near foot of Red Gill, GR SD 679 974. Red Gill sheepfold (SD 676 971) offers some shelter in poor weather.
Saturday 7th Oct.	Geoff Prince Mobile: 07715 054455	Sedbergh 3: Keld Loop Walk via Tan Hill Inn	10.4 miles 16.7 km	1160 feet 354 metres	10:30 am at Keld Car Park, in Rukin's Campsite (postcode DL11 6LJ) (Grid Ref: NY 892 012) It is a 22.8-mile (45-minute) drive to the car park. (OS Explorer Map: OL19 - Howgill Fells and Upper Eden Valley or OL30 - Wensleydale & Swaledale)	Whilst one of the obvious highlights of today's walk is being able to say you've had a pint at the highest pub in Britain, there is also the potential opportunity for an al-fresco cream tea stop at Ravenseat Farm, famously owned by the "Yorkshire Shepherdess" Amanda Owen, her husband and her 9 kids - are featured on the British television show "Our Yorkshire Farm" giving an inside peek into the life of a working Yorkshire Farm. However, it does appear from their website that Ravenseat Farm is closed to visitors until further notice.
Sunday 8th Oct.	Andy Fry Mobile: 07887 611138	Sedbergh 4: Dent to Sedbergh Along The Dales Way via Gawthrop (A Linear Walk)	9.3 miles 15.0 km	Ascent: 1262 feet 385 metres Descent: 1322 feet 403 metres	10:00 am at the Village Car Park in Dent off Laning (postcode LA10 5QJ) (Grid Ref: SD 704 871) It is a 5.8mile (20 minutes) drive to the car park, BUT please car share with the longer walk people. (OS Explorer Map: OL2-Yorkshire Dales - Southern & Western Area)	This Yorkshire Dales walk explores the southern side of Dentdale starting from the picturesque village of Dent. The route is generally easy to follow and offers a variety of scenery. Apart from the first section of the walk, the going is relatively easy with very little ascent. The route takes you across South Lord's Land before descending past Bower Bank to reach a lane. Go east along this lane past a cottage to the small village of Gawthrop. Keep straight on through the village looking out for the signed path on your left. Follow this path, to reach the road near Barth Bridge. Before crossing the bridge, take The Dales Way on the left, follow the River Dee until crossing the river at Brackensgill then go northwards back to Sedbergh.
Sunday 8th Oct.	Tim & Kathy Johnson Mobile: 07528 984771 & 07570 624912	Sedbergh 5: Dent to Wherside Circuit	13.3 miles 21.4 km	2555 feet 779 metres	10:00 am at the Village Car Park in Dent off Laning (postcode LA10 5QJ) (Grid Ref: SD 704 871) It is a 5.8mile (20 minutes) drive to the car park, car sharing would be great. (OS Explorer Map: OL2-Yorkshire Dales - Southern & Western Area)	Arrive in shared cars at the village car park in the Dent, parking charges apply and be ready to leave at 10:00am. The walk is a circular route which start in the pretty village of Dent, we head eastwards walking on the Dales High Way and then south until reaching GR: SD 757 824 then turning westwards and upwards before reaching the summit of Wherside at 2415ft (736m) (It is the highest of the Yorkshire Three Peaks) We then turn westward passing High Pike and some waterfalls before walking via Green Lane back to the village of Dent.
Monday 9th Oct.		NO PLANNED GROUP WALKS				

PLEASE NOTE:

ALL WALKERS ARE REQUESTED TO PICK THE LENGTH OF WALK THAT BEST SUITS THEIR WALKING ABILITY, BASED ON THE TERRAIN AND THE WALKING SPEED OF THE MAJORITY OF THE MEMBERS IN THE PARTY.

ALL WALKERS ARE ENCOURAGED TO DOWNLOAD EITHER AN ELECTRONIC OR PAPER COPY OF THE ROUTES AND BRING IT WITH THEM ON THE WALKS.

ALL WALKS WILL BE SUBJECT TO WEATHER CONDITIONS, SO YOU WILL BE ADVISED IF THERE IS A CHANGE OF PLAN TO THE ABOVE PROGRAMME.

PLEASE NOTE THAT THE START TIME OF EACH WALK IS DIFFERENT, SEE THE ABOVE TABLE.

PLEASE PREPARE YOUR PICNIC LUNCH BEFOREHAND, BECAUSE ALTHOUGH WE MAY VISIT PUBS THEY WILL NOT BE FOOD STOPS ONLY FOR REFRESHMENTS.