



# Grapevine Newsletter 11

**Welcome.**

**To the Vermuyden LDWA 11th newsletter.**

**As the dust has settled on our 2022 Hundred The Trans-Pennine 100 and the grapevine editor made his 10<sup>th</sup> Hundred completion in deepest darkest black country on the EBB 100 read on.**

**Our 'new' LDP days are moving to Fridays. 2024 see's us sample the Yorkshire Ouse from Source (the river Ure) to the River Trent.**

**And an eventful jolly on them Pirates challenge walk A Foot in Two Dales this Summer by David Wood.**

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## Upcoming Group Social Walks

Sat 20th Jan 2024 - [2023 AGM](#)

Group Walk - 0ml. 09:00 The Kings Chamber, Selby Rd, Thorne, Doncaster DN8 4JE  
We will find a table within the public house to hold the AGM. It is a nice establishment for a breakfast. The AGM will have the Chairs Report. Treasurers report. Secretary's & Walk coordinators

Sun 28th Jan 2024 - [The Vermuyden Way](#)

Group Walk - 20ml. 08:30 To park Belton Kitchen c.p DN9 1 NY.

Sat 3rd Feb 2024 - [Lively from Lepton - Joint walk with Calderdale LDWA.](#)

Group Walk - 18ml. 08:30 To Park Lepton church c.p HD8 0EW.

Fri 9th Feb 2024 - [Yorkshire Ouse Walk section 1 - Source to York](#)

Group Walk - 16ml. 08:30 To Park - On street parking Great Ouseburn, maybe the Village Hall YO26 9RN.

Sun 18th Feb 2024 - [Stand & Deliver](#)

Group Walk - 18ml. 08:30 To park Brough Haven c.p. Limited parking so please share if possible.

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**Fri 8th Mar 2024 - [Yorkshire Ouse Walk section 2 - York to Selby](#)**

Group Walk - 19ml. 7:40am Bus to York from Selby To Park 7:30am - Selby North Yorkshire Bus and rlwy stn. Station Road Selby YO8 4NN.

**Sun 17th Mar 2024 - [Aaron's Trod](#)**

Group Walk - 21ml. 08.30 To Park A614, Thorne, Doncaster, South Yorkshire, England, DN8 5QZ Old Hatfield Road under the bridge across from the demolished Rising Sun public House..

**Fri 12th Apr 2024 - [Yorkshire Ouse Walk section 3 - Selby to Goole](#)**

Group Walk - 17ml. 08:30 To Park 8:30am - Selby North Yorkshire Bus & Train Stn. Station Road Selby YO8 4NN.

**Sat 20th Apr 2024 - [The Liguorice Way](#)**

Group Walk - 20ml. 08:30 To Start - Public (free) c.p, Heath, Wakefield (off the A655)

**Fri 3rd May 2024 - [Yorkshire Ouse Walk section 4 - Goole to The Trent](#)**

Group Walk - 20ml. 08:30 To Park 8:30am - On Street Parking in Old Goole, Dutch River Side or Cottingham St. Walk Starts the Vermuyden Public House.

**Sun 19th May 2024 - [A Penistone Perambulation](#)**

Group Walk - 20ml. 08.30 To park. Penistone Paramount cinema c.p. Shrewsbury Rd Penistone S36 6DY.

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## **AGM News**

**Saturday January 20<sup>th</sup> 2024 09:00am**

**Kings Chamber Selby Rd, Thorne, Doncaster DN8 4JE**

We have a few outstanding officers that we must try to fill to honour our constitution.

Below is what is your committee moving into 2024.

I hope many can make this social event, if you are able to fill any one of these positions please come forward and see Aaron or Pete out and about before the date of our AGM in Jan.

Officers:

**Chairman: Vacant**

**Secretary: Vacant**

**Treasurer: Peter Poppy**

**Minute Sec: Vacant**

**Walk Coordinator: Aaron Hookway**

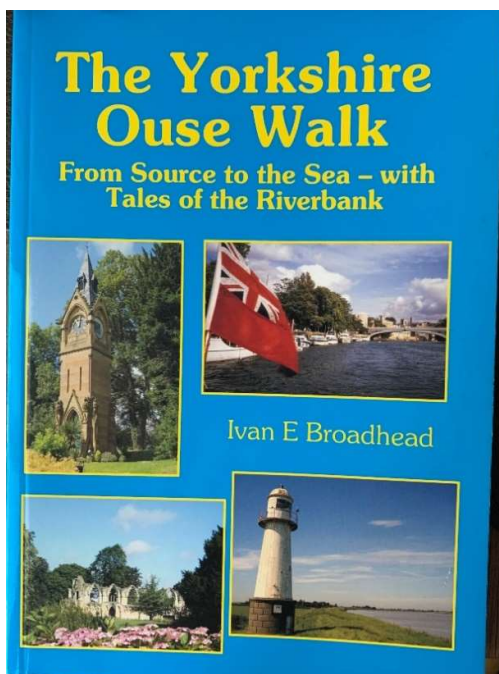
**Aaron**

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## LDP Wednesday Walks

Are to be re-branded into LDP Weekday Walks (now on a Friday)

Next year's LDP Weekday Walk is to be The 60ml-ish Yorkshire Ouse Walk .  
From Source (the River Ure) to the entrance to The River Trent at  
Adlingfleet. I have yet another book and using this book I have managed to  
transpose onto a modern map, the route is still doable so has been split into  
4 sections.



### **Section 1 – Friday 2<sup>nd</sup> February Great Ouseburn to York**

Returning to Great Ouseburn via bus number 22.

### **Section 2 – Friday 1<sup>st</sup> March York to Selby**

Early start from Selby to York via bus number 42.

### **Section 3 – Friday 12<sup>th</sup> April Selby to Goole**

Returning to Selby using the train via Gilberdyke.

### **Section 4 – Friday 3<sup>rd</sup> May Goole to The River Trent**

Parking Old Goole a circular route there n back.

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## @VermuydenLDWA

**We at Vermuyden LDWA have embraced the Social Network and have a presence on line to rival most LDWA groups.**

**Our Facebook page relays recent walk reports and other group related events.**

**Our Pinterest account collects The Elsecar Skelter certs (historical to present). Any churches we pass en route during group walks (thanks to Linda W) our knowledge of churches has grown extensively, any Waymarks and Fungi we pass also en-route.**

**Our Twitter and Pinterest feeds can be found @VermuydenLDWA**

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# Challenge Events

We have certification for a number of open challenge events.

Along with cloth badges at a cost of £3.00 each

We can supply the route descriptions for each of the following:

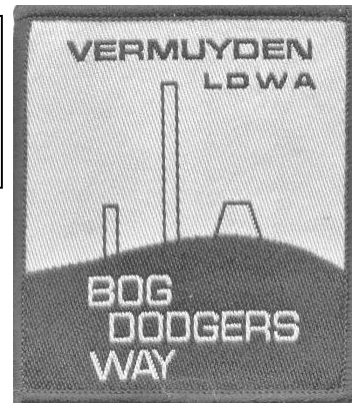
- **The Vermuyden Way**



20mls around the  
Humberhead Levels

- **The Bog Dodgers Way**

20mls over some of the  
wettest bogs to be  
found



## **The Doncastrian Way**



33mls around the 'old'  
1970s civic boundary of  
Doncaster

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## The Elephant Bear and Bull 100

Duly arriving at Mosley rugby club on the morning of what hopefully would be my tenth completion of a hundred-mile walk.

Full of trepidation that the route was very urban with a few canals thrown in for good measure.

Finding the baggage drops and found the stairs to the tea and toast area.

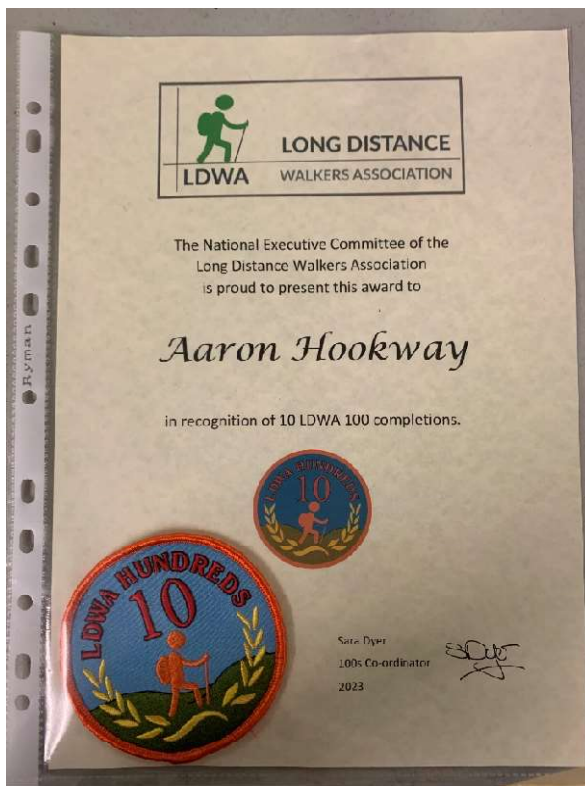
Registration done and tracker collected I just mingling with friends not seen for a year awaiting the ten-minute call for the safety briefing.

Once outside and the episode with the dog settled down, Sara presented Roger Coles' family with a memento of his 41 completions.

Michael Jones sent us on our way at 10am.

The route was somewhat of a surprise, finding the Elephants, Bears and Bull en route was fun, finding the Bard in Stratford overnight then Kenilworth Castle was sublime in the early morning light. After Breakfast we eventually came to mile 80 and the Canal.... By the time I got to Merrian and Dave's last checkpoint my legs had had enough of the flat making the last 5 mile a bit of a drag.

That said I arrived back at Mosley in a reasonable time and received my EBB certificate and another Badge and Certificate I am very proud of.



Then I found the morgue....



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## **A Foot in Two Dales**

Saturday 15<sup>th</sup> to Sunday 16<sup>th</sup>

Travelled up on Friday afternoon and stayed overnight in Leyburn and following a tortuous journey up the A1. The weather forecast for the weekend promised thunderstorms and heavy rain, adding to my already high state of anxiety due to inadequate fitness levels required to tackle a tough 50 miler.

### **Section 1 -Harmby to Redmire.**

Turned up at Harmby village hall with time to enjoy tea and toast whilst faffing unpacking and repacking my rucksack.

I joined the start line with 170 others and settled in towards the back of the line where I intended to stay, and we were off!

The route leaves Leyburn Shawl and descends fields and through woods to reach Preston under Scar, where we had our first rain shower of the walk. I stopped to don waterproof coat, which had the instant effect of stopping the rain!. I chose to keep the raincoat on until I reached CP1 at Redmire.

### **Redmire to Haverdale.**

The sun was out again as I left Redmire village for the short walk over fields to the impressive Castle Bolton.

Leaving Castle Bolton, we began our first climb of the day up over the moors to Dent's Houses beside Apedale Beck.

We now had our first views of beautiful Swaledale in front of us bringing back memories of my coast to coast walk in May.

It's a steep descent from Apedale Head down to the Swale where a track lead to the outdoor CP at Haverdale. As I reached the CP, the heavens opened as the first thunderstorm hit.

### **Haverdale to Muker**

Fortunately, there was enough room under the CP marquee to put on the waterproof coat and hang about for a few minutes in the hope that the storm would pass... It didn't! so off I went down the lane in the downpour with the rumbles of thunder filling the dale. The heavy rain lasted about 20 minutes and the storm clouds gave way to glorious blue sky again as we continued along the lovely path to a footbridge over the Swale. My energy levels were running low at this point and the checkpoint couldn't come soon enough. I needed to eat and regroup before the long haul over Great Shunner Fell.

### **Muker to Hardraw**

Following a steep pull up the lane out of Thwaite, I joined the Pennine Way path to Great Shunner Fell into a stiffening head wind. As height was gained (slowly), squally showers of rain and hail swept in and with the wind chill it felt more like March than July! It was a real struggle for me to reach the top of Great Shunner Fell, where I didn't hang around. Instead, I set off at a good pace drawn on by the thought of the open fire in the Green Dragon. The path seems to go on forever but eventually I reached Hardraw and the CP at the Green Dragon as the rain set in once again.

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### **Hardraw to Bainbridge**

Revived by the open fire, some tasty snacks, and a pint of Timothy Taylors Landlord, it was time to reluctantly leave the pub to tackle the final 20 miles.

I left the pub at the same time as Jerzy and Tony and it would transpire that we would complete the rest of the route together as a group of three.

This section follows paths, lanes, and the disused railway line all the way to Bainbridge. The rain was relentless now and was set in for a good few hours, the saving grace being that it was on our backs as we trudged eastwards along Wensleydale.

We were relieved to reach the CP at Bainbridge where Beans on Toast and Fruit and custard were devoured in quick time.

### **Bainbridge to Thorlaby**

I made time to change my base layer and don waterproof trousers (better late than never) before setting off once again into the rain for the walk out of the village. We made it to the CP at Thorlaby in daylight (just) and enjoyed another lengthy stay being looked after by the wonderful helpers who waited on us hand and foot.

### **Thorlaby to West Witton**

It was becoming harder and harder to leave the checkpoints. Head torches were put on and we headed off again. Counting down the miles to the finish.

As we approached West Burton, the rain was torrential and blowing into our faces as we walked along the B road. It was a relief to leave the road to the shelter of the tree lined track known as Morpeth Gate. We left the track at a signpost for West Witton and followed a slippery path, negotiating tree roots and wall stiles all the way down to the main road at West Witton. The check point is at the far end of the village, and it was a relief to finally reach the sports pavilion.

### **West Witton to Harmby**

A lovely marshal asked me if there was anything she could get for me? "Yes, A Taxi!" was my reply.

It was not to be though, and we headed off for the last stretch. Thankfully, the rain had finally stopped, and we made our way over fields to the road up to Middleham Gallops as the clouds parted to display a lovely starry sky.

The track beside the gallops eventually came to an end and it was down hill all the way through Middleham to the final self-clip, then over Middleham bridge to retrace our steps over the fields and up the track to the finish at Harmby Village Hall at 02:36 on Sunday morning in 18 hours 36 minutes.

#### **Summary**

A great event, fabulous views, and company. A big thankyou to the Irregulars group for organising and all the helpers who make this a great event.

Thanks also to Jerzy and Tony for the company, it would have been touch and go whether I would have completed the walk alone.

The weather and my lack of fitness certainly made for a challenging day out but one I'll remember it for a long time.

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### **David Wood**

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## About social walks

This piece of writing answers some questions you may have if you are either a newbie long distance walker or haven't been on a Vermuyden Group social walk before, our walks Programme is arranged on a monthly basis (with a few ad hoc walks) and we aim to make our walks Programme varied with both local and more distant start venues. Our policy is to make them social rather than competitive events and we do take account of the slower walker. We usually arrange a pub stop at lunchtime as part of this policy. All are welcome to join us!

### What is a Social Walk?

A social walk is a Group walk solely for the enjoyment of the members as a social event, and led by one of the Group. A social walk is the opportunity to meet the Group members, so come along and try one.

### What happens on a Social Walk?

The walks are usually on a Sunday and usually start at 8:30am. Note that we really mean it when we say "start at 8:30am". If you turn up late, we will have gone. Unless you let the walk sec know and we will of course hang on for you.

Typically we walk until approx. 5pm stopping for elevenses in the morning and sometimes a short stop late afternoon. (We stop for a longer break at lunchtime). Often we stop at a pub (no more 2hr stops mind you! A nice ¾ hr. stop for ladies convenience and drink something other than water nowadays!) We don't issue walk descriptions, ask the leader whose contact details will be on the website for details. The distance will be around 18 to 20 miles, a bit shorter in the middle of winter, but the walk description online will tell you how long it is.

### I've never walked twenty miles before. How will I cope?

Most reasonably fit people can walk twenty miles. You may suffer the next day and find it a bit tough the first time, but after a few goes it will become easy. If you have any doubts, try walking 12 miles in four hours and see how you do.

### What about the weather?

The walk will happen whatever the weather (we are not made of sugar). The leader will adjust the route to the prevailing conditions if too severe.

### Is there a charge?

No. You are automatically a priority member of the Vermuyden Group if you are an LDWA member living in S York's, and all social walks are free to all and everyone.

### Will I be left behind?

No. The leaders will know how many are on the walk, and will wait for the slowest walkers to catch up every time there is the possibility of going wrong.

### Do I need to phone beforehand?

No, but phone the leader/walk sec if you have any questions.

### Do I need a map?

No, but it doesn't hurt to bring one along if you have one.

(Many thanks to the Dorset group for the idea of these notes).

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## **And Finally**

**Again I have cobbled this newsletter together as yet another stab at giving the group a bit of a leg up.**

**I am thinking of putting it together as I input the Strider details 3 times a year.**

**If anyone wishes anything adding just send me details.**

**Aaron**

Chairman	Secretary	Treasurer	Walk Co-ordinator
Vacant	Vacant	Peter Poppy	Aaron Hookway
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	Aaron Hookway		Thorne, Doncaster
			S. Yorks.
			DN8 5EA
			07541 624209

<http://www.ldwa.org.uk/Vermuyden>

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