

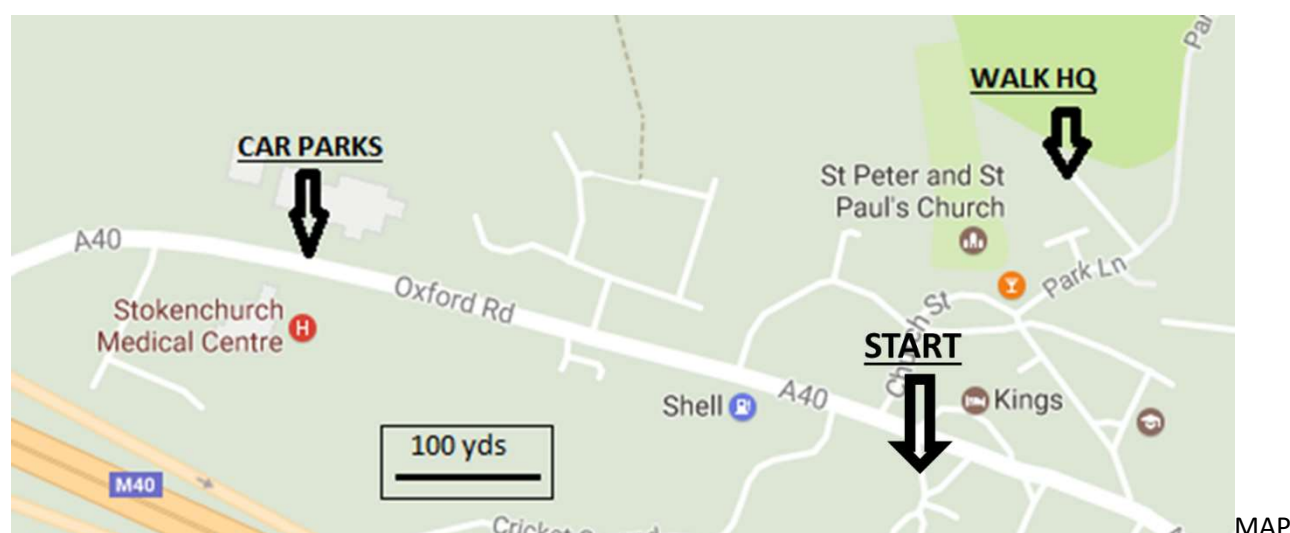
# **OXON 40 2023 Important Information.**

## **We hope you enjoy this year's OXON 40 at – Longburrow Hall in Stokenchurch.**

Parking is available from 06:15, approx 750yds from the Walk HQ, please allow sufficient time to arrive and register AT THE HALL **BEFORE** proceeding (allow 10 mins) to the start AT STOKENCHURCH GREEN (see map and directions below): 40 mile walkers 07:00, 40 mile fast walkers and runners 08:00. Please note the CP opening times, entrants arriving early will not be allowed in. If you expect to complete the course at over 6mph please inform the Help desk at registration.

### **Car Parking.**

As spaces are limited please car share if possible. We have the use of two car parks, both off the M40/A40 from junction 5 into Stokenchurch, please park as directed by the marshals. For directions use HP14 3SX on your SatNav or GR SU756964 on your OS map.



### **Registration.**

YOU MUST REGISTER AT THE HALL BEFORE STARTING. Ensure we have the correct course and details recorded. There will be mass starts for each route (40 walkers, 40 runners) and any last minute information or changes to the route will be notified at the briefing a few minutes before the start. There is an 'escape route' for strugglers on the 40 to miss out a loop to/from Russells Water checkpoint, making an approx. 33.5 mile walk. All those arriving at CP3 after 15.35 will be asked to take this shorter route.

### **For the event.**

Please ensure that you have printed out, and brought with you, a copy of the route description as there will not be any available on the day. Also you must have the required maps, a mug, suitable clothing, a basic first aid kit, if possible a charged and switched on mobile phone and sufficient food and drink to allow you to get between the checkpoints. **To retire you must notify the Checkpoint if at a checkpoint or notify HQ via phone if elsewhere.**

Emergency Phone on the event No: 07931 561419

## **OXON 40-2023 Route Description**

Place names: *Italics* = name or path number can be seen from route

CAPITALS = name appears on O.S. Landranger 165/175 (1:50,000)

Abbreviations: **ahd**=ahead: **B**=bear: **bld**=building: **BW**=bridleway: **CB**=compass bearing (magnetic): **cont**=continue: **CW**=Chiltern Way: **encl**=enclosed: **F**=fork: **fld**=field: **flw(ing)**=follow(ing): **FP**=footpath: **FPS**=FP sign: **GT**=gate: **GR**=O.S. grid ref: **immed**=immediately: **junc**=junction: **K/G**=kissing GT: **L**=left: **LHS/RHS**=L/R hand side: **m**=mile: **opp**=opposite: **OW**=Oxfordshire Way: **R**=right: **RD**=road: **RW**=Ridgeway: **SP**=Signpost(ed): **ST**=stile: **TK**=track: **thru**=through: **T**=turn: **wd**=wood: **WM**=waymark(ed) (often white arrows): **X**=cross/across: **yds**=yards

**All GRs are SU xxxxxx unless stated**

Note : if you are using your devices to navigate, note that both loops from CP 1-2 and CP 3-4 are CLOCKWISE

**Directions to Start :** Leave hall through car park and turn R back into Stokenchurch. At the *Royal Oak*, turn 2nd L passing the *Old Croft House*. At the end of the line of houses, TR on *Kings Row*. Pass by the *Kings Hotel* Car Park and cross the A40 **AT THE PEDESTRIAN CROSSING**, obeying the marshals. Assemble around the bus shelter to the R of the crossing.

**Start Stokenchurch Green. GR 760 963.**

**1.** X grassy area heading west, heading for gap in houses (quiet please!). TL on lane to swing round LHS of cricket pitch. Ahd to join path which rises to cross M40. Soon join TK thru houses, ahd to T junc and TL. After 70yds TR at FPS onto *Mill Lane*. Ahd onto FP to **X RD** and cont on *Mill Lane* thru industrial estate. X small RD and ahd on TK for 200 yds. At end of TK, through grey GT to R of *Wormsley Estate sign*. Ahd on faint TK (CB 260 deg), keep R of nearest power pole, down thru fld, X ST and TL.

**GR 747 962**

**2.** Follow WM thru wd, eventually descend to cross RD with *No public access* signs to R and L. Over ST and climb through fld. X ST into wd, climb to meet TK near top and BL. Swing R to descend to path junc, where ahd downhill on path *L23*. At bottom, X ST, BL across fld, thru AND SECURING deer GT, around garden & thru further GT to RD. **GR 738 956**

**3.** TL **on RD** for 35 yds, then TR thru gap in hedge & thru K/G (*L23*). X fld uphill thru 2nd GT (enter *Wormsley Estate*) & ahd (CB280) to top of hill thru K/G. Enter wds & keep ahd for 700 yds ignoring paths to R then L. Ahd at X TKs in clearing under wires then 20 yds later BL on narrow path (*L23*) & cont to reach southern end of COWLEAZE WOOD car park **GR 725 956**

**4.** Take second FP on L thru small wooden bollards. Ahd on path running parallel to RD. Cont to RD and TL for 30 yds passing *Portobello Tower*. **X RD** at house to X ST (FPS), X fld diagonally (CB250). X ST & TK, flw white WM to go thru/past K/G then downhill on path. BL in dip to reach K/G marked with white arrow. Thru K/G & immed BR on WM. Ahd for 800 yds on RHS of wds, eventually joining TK from L to

pass thru GT. Ahd 500 yds on grassy TK, as TK bears R go ahd thru trees & GT to RD. TR on RD for 500 yds to X TKs (RW). TL on RW and ahd 800 yds to parking area **GR 698 940**

**5.** Ahd to **X RD** and cont on RW (SP:*Nuffield*) for 950yds. **X busy RD with CARE** at postbox ,ahd and after 20yds BL at *Copas Farms BW/FP* onto FP on RHS of fld. Follow to fld corner to leave fld and reach X TKs. Take RW opposite, passing *Ridge Farm*. Ahd on RW for 1250 yds, ignoring BW to R, to reach RD. **GR 681 922**

**6. X RD** and cont on TK (RW). After 350 yds, TL (RW), and immed BL of farm on WM. Ahd on encl FP, climbing into woods, after 900 yds BR where path forks in woods to reach open ground and follow path on LHS of fence. Merge with another path and cont on ridge with wood on L for 1100yds. At fingerpost, BL thru K/G keeping to open ridge. After second K/G descend thru trees to reach small parking area. **GR 666 914**

**7.** Ahd to RD and TR. Ahd facing traffic **SINGLE FILE** for 700 yds. BR off road at bend onto TK (CW: *Ewelme 1*). Up hill, ahd, after 250yds onto TK at house to reach RD. TR **on RD** passing church to your L. At the end of the graveyard, TL on FP, descend onto lane and ahd to RD (*The Street*) where TR. Ahd 200 yds past junct to CP on R

**CP1 Ewelme Village Hall GR 644 916, Opens 09:00 Closes 10.30, 9.9m**

**8.** Leave CP, TL then L again at junct, passing *Ewelme Store*. TL on *Chaucer Court*. After 45 yds, TL on lane and cont onto gravel TK (BW). TR at *The Hyde*. After *North Barn*, ahd on encl FP. X path junct at grey GT and ahd 1100 yds, ignoring FPs to R and L. **X busy RD WITH CARE** and ahd on Lane opp (SP:*Brightwell Baldwin*). After 110 yds, BL on BW, Ahd for 2000yds, X TK and ahd to emerge on Lane. TR on sign for '*Alternative FP*' and follow lane for 250 yds. TL over ST after White House Farm (SP: *Alternative FP*). Follow on RHS of fence, then BR to X ST at FPS. X fld (CB340) and at end swing R then L round trees, X another fld then ahd along RHS of trees to RD with 20 mph signs to your R. **GR 637 962**

**9.** TL **on RD (single file)** for 350 yds, TR at junct (SP:*Chalgrove ¾*) onto *Mill Lane*. Ahd 500 yds to Xing power lines where TR on FP. Along LHS of fld to emerge into playing fields. Follow line of seats, X bridge then BL of playground and BMX bike park. Ahd to go thru car park onto RD and cont to centre of CHALGROVE. **GR 637 969**

**10.** TR in front of the *Red Lion* onto *High Street*. Ahd for 600 yds then BR at junct (SP; *Berrick Salome 2 1/2*) onto *Berrick Road*. After Xing bridge over stream, TL to X ST (SP: *Brightwell Baldwin*). Ahd and X another ST onto RD/TK. TL for 850 yds. Just before farm with large hedges, TL at WM onto grassy TK and after 20 yds BR into trees. X 2 ST and 2 flds to reach and X ST , entering trees. Ahd to X ST into park with walled garden on R and dovecot off to L. Ahd thr 2 GT and then 2 ST to reach and XST to RD. TL for 450 yds up past BRIGHTWELL PARK FARM. **GR 658 952**

**11.** TR on BW (SP: *Britwell Salome*) for 700 yds. Ignore first FP to L, but 40 yds later, TR to pass rust coloured GT and enter encl FP. Ahd to emerge in fld and cont on LHS. At end of fld, merge with another path and cont downhill onto TK past *Upperton Farmhouse/Cottage*. Ahd 200 yds to T junct just past *Heathercroft* **GR 655 942**

**12.** TL **on RD** for 250 yds then TR on TK (SP:*Ewelme 2*). Ahd 70 yds to enter fld and immed BL onto FP, Xing fld (CB 188) under electric wires. Join corner of hedge,

where swing L keeping to RHS of fld for 350 yds. FP then turns to X fld, then thru trees to proceed on RHS of next fld. On reaching line of trees and lane, BR onto grass to R of lane, keeping well to R of black wooden blds and ahd to ST on RHS of small thatched roof outhouse. X ST, TR and ahd on TK to RD **GR 653 927**

**13. X RD WITH CARE** and TR to layby on L, TL here onto FP (SP: *Ewelme 1*) to X fld to wooden post by small gap in hedge, thru to pass hidden FP sign, **emerging rapidly (DANGER) onto lane**. TR for 20 yds then TL on FP thru GT (SP: *Ewelme*). X fld (CB200) and TK in dip and ahd on FP, aiming to L of houses on horizon (CB 225). Enter trees and BL at junct along fence onto encl FP, eventually emerging at church. TR to corner of graveyard, where TL on FP, descend onto Lane and ahd **to RD** (*The Street*) where TR. Ahd 200 yds past junct to return to

**CP2 Ewelme Village Hall. GR 644 916 Opens 10.45 Closes 13.45 19.2 m**  
(plan for 13:30 if you expect to complete the 40)

**14.** TL out of hall, pass junct, and ahd **up RD** *The Street*. As main RD bears R, cont ahd (SP: *Ewelme Down*). Ahd 350 yds, past school and playing fields. Ignore turning for CW and ahd ½ R thru small car park. Thru 2 K/Gs at end of car park and along LHS of fld. Eventually BR to X fld, at end thru K/G. TL **on RD** for 20yds (ignore path opp), then BR on TK, rapidly merging with TK for *Down Farm House*. After reaching this, ahd on main TK for 350 yds to reach X TK/paths, with open fields to R and L and WM post on R. **GR 663 906**

**15.** TR on TK (CB 200, 20s go ahead), trees to R and field to L. After 950 yds, ahd at X paths on white WM, Enter trees after 170 yds and pass along RHS of wd. Ignore FP to R. leave trees and keep climbing on RHS of fld to reach T junct 500yds later. TL on TK, joining CW, heading gently downhill for 1200 yds along hedge to reach houses at *Harcourt Hill Shaw*. **GR 667 885**

**16.** At large wooden post/electric wire support , TL for 30 yds then immed TR onto FP into trees at FPS (CW). Ahd on FP in trees up base of valley for 750 yds. At 4 way junct TL at large signpost for *Ridgeway (RW)*. Follow RW northwards on obvious signposts for the next 1.2 miles, passing thru houses and farm at top of hill and then descending into valley. Thru 2 K/G and at T junct TR for 450 yds, still on RW, to reach *St Botolphs Church* **GR 683 902**

**17.** TR into churchyard at sign. EMERGENCY WATER AVAILABLE (tap on wall to R of church, hidden by bushes) Swing on path round RHS of church, leave at GT and TL on WM into trees where soon to X Lane. Ahd on WM on RH side of fence. Thru GT then uphill, keeping R of circular enclosure. Thru K/G at top and ahd on CW, ignoring all paths to R, 700yds to reach **RD**. TR 250 yds into *Cookley Green*. At T junct after *30mph* sign, ahd on grass (passing *No Parking* sign and bench). After 20yds, B 1/2R to X centre of green in direction of bus shelter, where **X RD with great care**. TL on grass behind shelter, leading eventually to R verge of RD. TR on TK (CW). Ahd to end of houses after 300 yds, then TL over ST. Down to gap in hedge and X ST to cont in same direction. X fld (CB 095) to RD. TR 550 yds to reach

**CP3 Russells Water Village Hall. GR 709 898 Open 11.45 Closes 15.35 26.2m**

**You will be moved to the 33 mile route if you arrive after 15.35 and before 16.20, please confirm with marshals and skip to part 23.**

**As there are walkers heading various directions from here, please follow these directions NOT those ahead of you.**

**18.** TL outside hall then immed L again to pass to L of duck pond. Ahd on widest TK, ignore *CW* and *Kiln Cottage* turnings and ahd 250 yds to edge of common. DO NOT FOLLOW anyone ahd of you on TK here, but TR onto FP running along southern side (RH side) of common. After 300 yds, meet line of electric poles and TL along these, Xing common to opp (N) side. TR on reaching trees and ahd on LHS of common. X TK after 400 yds, keep ahd, and 450 yds later as main path starts to X common, BL to keep to LHS of common next to trees. Cont to reach gravel TK, fence of *Maidensgrove Farm* to L. **GR 721 889**

**19.** X TK and ahd thru gap in brambles reaching end of common 100 yds later. Cont into trees, passing pond. TL on Lane and at junct ahd for *Sycamore Cottage*. Ahd as Lane becomes TK then path at *Treetops*, 50 yds later TR on *PS 17* and ahd to RD. **X RD**, taking climbing OW FP opp (not forestry TK). Cont uphill to top, then, ignoring path to R, keep ahd into fld. Cont to reach trees. TL and soon go thru encl FP (*Slow Please*). Emerge on TK and TR for OW for 30 yds to reach yellow hydrant sign on L. **GR 723 883**

**20.** TL at hydrant into trees. At entrance to *Nature Reserve*, ahd on OW. Keep on OW and SW26 for 1100 yds, descending to RD in valley. TL **on RD** to pass *medieval church* ruins and ahd 300yds to farm. TR into farm (FPS: *Crocker End 1 ½*), round GT and onto TK. Ignore CW turning to L and ahd up bottom of valley, 300 yds later BL into LH field. Along RHS of this fld, passing thru GT onto grassy TK on LHS of plantation. Cont into commercial forest and join LHS of large fence, still in valley bottom. Ahd at end of fence, then TL at WM after 200 yds to climb to reach GT and T-junct at top. TR on blue WM. Ahd to become Lane, then BR on TK alongside houses to reach junct at *Catslip* **GR 709 866**

**21.** TR **on RD**. Pass water tank and 70 yds later BL past grey GT. Ahd on LHS of village green to end, where TR at FPS (*Russells Water 1 ½*, *CW Extension*) onto encl FP. Thru K/G then 1/2L past large cedar tree to go thru K/G to Lane. TR to reach 4 way junct at large metal GTs, where TL (*Russells Water*, *CWE*). After 300 yds, as track turns sharp R keep ahd onto RHS of fld passing *Conservation Headland* sign. Thru next K/G, descend into trees, after another K/G X fld on CB 360 heading for K/G at lowest point. Thru to 5 way junct in bottom of valley **GR 709 884**

**22.** Take FP ahd (second from L, *CW*) heading up valley bottom. Ahd on CW on this keeping to valley bottom for 1200 yds, ignoring path crossings after 500 yds, eventually reaching second 3 way junct with multiple blue WM on FP. TR on BW, climbing to become sunken FP and ahd to **RD** in village. TL for 200 yds to return to:

**CP4 Russells Water Village Hall GR 709 898 Open 12.40 Closes 17:55 32.9 m**

**23.** TL outside hall then L again to pass to L of duck pond. Ahd on widest TK, ignore *CW* and *Kiln Cottage* turnings, eventually Xing common. reach GT before abandoned barn, where TL (*PS 23*) on FP and descend thru wd for 400 yds to reach path junc with *PS20*. TR and ahd thru wds. After 400 yds, TL on *PS22*. Ahd downhill 800 yds to join TK, becoming lane. Ahd passing entrance to *Pishill Church*. EMERGENCY WATER AVAILABLE (tap just inside and to R of GT) **GR 727 899**



**24.** Ahd downhill on lane to T junc with **RD**. TR for 40yds, then L on TK at *Pishill Farmhouse* & immed after garden TR thru GT on encl FP (*PS6*). Uphill for 350yds to X lane, Swing R around GT into the LH of 2 flds, then ahd 300 yds downhill on RHS of this fld with line of young lime trees on R to reach X TKs in valley. Ahd uphill on TK for 900yds. When TK swings R, TL thru metal K/G (*FPS*) to X fld (*CB040*), thru 3 more GTs. Keep on FP to R of lawn & thru GTs (pls close) on R of *Saviours* & **X RD** to bus shelter. **GR 743 909**

**25.** Ahd on lane opposite (SP: *Turville/Fingest*). After 130 yds, reach X RD before *Rose Farmhouse*, TL and **immediately** TL again on BW, (maybe obscured by parked cars) (*CB 0*). **Do not take the metalled lane.** After 30 yds, cont ahd on less obvious path, picking up blue WMs. After 250 yds emerge on grass to bear L of *The Barn Cafe* to join TK at corner/sharp bend. Ahd under wires to R of *Clovers* and ahd on winding TK downhill through wood to join gravel TK and reach RD in valley bottom at sign for *Spinney Farm*. **GR 747 919**

**26. X RD**, up steps and bear immed R then L then ahd to cross ST into fld. X fld (*CB 20*) to K/G and ahd to X lane. Ahd thru K/G, up thru fld, X ST and thru *Arthur Harris's* K/G. Up to path T-junct, where TL. Follow path uphill, eventually joining TK then lane. Ahead **on lane** for 500 yds, ignoring FPs to L and R. Immed after *Ibstone Cottage* TL on BW. BR at *Farside Cottage*. X TKs keeping to FP at entrance to *Bellows Cottage*. Ahd on LHS of common (Ib Stone to your R), at end BL into trees and keep L. At junct with GT (ignore), TR (*CW*) then at next junct TL (*CW*) to pass pond. Cont to RD and **TL along RD for 200 yds** to reach *Mile House* **GR 749 943**

**27.** TR thru GT on *CW*, that we will follow to end. Thru GT and ahd on WMs. At bottom, thru K/G and TL up LHS of fld. TL at WM into trees and cont uphill. TL at junct to go thru metal GT. Up LHS of fld to go thru GT then 2 flds and gates to L of farm. After second GT, TR on *CW*, ahd to and X Lane, going thru GT opp. X fld to R of trees, merge with another path at GT, down LHS of fld (*CW*), and thru GT into and thru wooded valley. Up on encl FP then LHS of fld to reach metal GT. Thru and TR on encl FP. After going thru a final GT, BL under M40. Up to junct and then ahd on *Coopers Court Road*. Ahd & thru 'No Entry' roadsigns, to main RD. TR to **X RD at crossing**. TR on opp pavement then L to go by hotel car park. At end cont on paved FP to RD, where TL. Just before *Royal Oak* TR into *Park Lane*, cont ahd to TL into *Longburrow Hall* and don't forget to register at the FINISH

**WELL DONE!**

**40.1 miles 4622 ft ascent**