

AHD	ahead	SDW	South Downs Way
BL/BR	bear left/bear right	SLOT	same line of travel
(CB000)	Compass Bearing	TL/TR	turn left/turn right
FP	finger post	WMP	Way Marker Post
GR	Grid Reference	X	cross
m	meters		
RD	Road	Emergency phone: 07753432989 or 07483857757	

EAST DEAN to LITLINGTON GR TQ522015

Leg is 10.0 kilometres – 6.2 miles

- 1.1 From village hall TL and walk to the end of Hiker's Rest and TL to RD. TL onto No Through Road - Went Way and follow to end of RD. AHD through large metal gate and AHD on path to pass between 2 wooded posts and then uphill through small wooden gate and onto National Trust Went Way through woods.
- 1.2 After emerging from woods BR to pass first Waymark Post on R then to 2nd marker post and AHD to wide grass track. Cont. on grass track as it goes downhill to wooden gate. X gate and AHD to next gate. X and in 65m at FP, TR onto SDW.
- 1.3 Follow SDW over the Seven Sisters for 3.4 kilometers to SDM FP on top of the 7th Sister. (**Beware - cliffs & large water hazard on left**).
- 1.4 At FP BR to cont. downhill on SDW with wire fence on L. Ignore kissing gate in fence. Continue through wooden gate downhill on SDW with wire fence on L. In 850m go down steps and through wooden gate.

1.5 BR and follow track. At fingerpost BR and continue thru gate to concrete track. Follow concrete track, signed WC/Visitor Centre, (leaving SDW), to Exceat. X A259 (**Hazard! major road**) (*toilets on L Behind Buildings - Recommend using these as queue can develop for toilet at next CP*) and follow SDW past flint Cycle Hire Barn on L, through wooden gate and uphill to gate and stone wall. Climb over wall, TR then TL and follow path, soon down steps, to West Dean.

1.6 Continue AHD on SDW up tarmac lane for 100m, then BL up double concrete track, with signs for 'The Glebe' & 'The Long House'. Where concrete bears L continue AHD on SDW skirting gate. In 150m TL and follow SDW, ignoring any paths L and R, later following power lines on L.

1.7 At X track, AHD follow SDW down steps. At bottom BL and in 100m TR over stile (SDW). Follow path uphill along field edge. X stile. In 370m X track and go through gate (SDW). Follow path and power lines downhill. Thru gate and continue downhill, thru kissing gate into lane and TL into Litlington Village Hall Checkpoint.

Litlington Village Hall is at 10.0 kilometres – 6.2 miles

Open 10:00 to 12:00

28 mile route - LITLINGTON to FIRLE is 14.6 kilometres - 9.1 miles

18 mile route - LITLINGTON to ALFRISTON is 11.2 kilometres – 7 miles

2.1 Leave Hall and TL. At road junction TR. 20m beyond the Plough & Harrow TL onto tarmac path (SDW) sign post - Alfriston 1 mile. TL leaving SDW. and in 50m TR to X footbridge. TL thru KG and Cont on RH river bank to Stile. X Stile TR and cross 2 plank bridge. BL (CB250) up feint grassy path. Cont uphill as path BR to Wooden gate. Thru gate then (CB265) uphill to gate in hedge gap and road. (GR TQ511014).

2.2 X road (***Hazard! – fast, busy road, bad sightline on right***), thru gate. Continue downhill on path which opens out onto grassy path with bushes on L. (*Rathfinny Vineyard on right*). In 820m continue AHD with wire fence on R. Thru KG on RHS. Pass FP on R, continue AHD.

2.3 At Rathfinny Boreholes continue on concrete track, soon passing pumping station and more boreholes, later uphill. Thru kissing gate next to metal gate. Continue AHD uphill, skirting 2nd metal gate. In 350m skirt 3rd metal gate. At junction with track TR to 4 way junction with inscribed bench (*to Paul Earl*).

FOR 28 MILE ROUTE GO TO PARA 4.1

2.4 18 MILE ROUTE

(NOTE: 28-mile route turns L 20m after Junction.) SLOT for 2.4 kilometres to reach gravel Car Park (Bo Peep) turn R after going through either gate before Car Park (GR TQ493050) **(NOTE: now re-joining 28-mile route.)**

2.5 Continue AHD on SDW thru gate. In 760m, at 5 FP at fence corner (GR 499044) continue AHD on SDW to next wooden gate. Thru gate and continue with fence now on left. In 700m pass thru gate. In 490m reach small wooden gate with track and 6 FP beyond. (GR TQ510034).

2.6 Thru gate and continue AHD on path (SDW). At fork continue AHD on track. In 980m continue AHD on tarmac road (Kings Ride). At X roads continue AHD (Star Lane) into Alfriston Village. At road junction TR. In 25m TL down narrow alley signed Alfriston Clergy House etc. to Checkpoint at Old Chapel Centre 30m on L. (GR TQ520031)

Alfriston Old Chapel Centre is at 21.3 kilometres – 13.2 miles

Open 12:00 to 17:00

FOR 18 MILE ROUTE ONLY ALFRISTON to EAST DEAN & FINISH is

7.9 kilometres – 4.9 miles. Finish Closes 19:30.

3.1 Exit CP and TL to cont. down narrow flint walled alley then AHD on path (SDW) to X white footbridge. **(NOTE: 28-mile route continues to RD)** At SDW fingerpost 15m before RD, TR on public footpath (NOT SDW) to stile. X stile and follow LH field edge with hedge on L. to kissing gate. Through Kissing gate and **X RD to walk along LHS** of RD to T-Junction (for better Line of Site). At T-Junction TR and 100m X RD and follow track uphill passing central steel post. (CB200).

3.2 In 230m X track and cont. uphill (CB095) to reach FP in 800m. At FP TL onto gravel track (CB100) to next FP & Pro Water Information Board. 5m before Info Board TR on grassy bridleway. Follow bridleway as it continues into forest and slowly descends, ignoring turnings L and R. At valley bottom BL and then BR as the bridleway goes uphill (CB130). Ignore L and R turns in 300m and cont. uphill as bridleway BR. At X-tracks cont. SLOT. X gravel road and SLOT uphill as bridleway BR to emerge from forest at black Forestry England sign 'Horses straight ahead'.

3.3 Go AHD into field between wire fences to woods. SLOT into woods and cont. to track, just after wooden posts. TR then in 50m sharp L onto tarmac drive, initially downhill then uphill. In 250m TR up steps and through kissing gate in wall. Follow footpath X field to next kissing gate in wall. (CB180). Through gate, down steps, X tarmac drive then X Stile and X field (CB160) to stile in top RH corner of field. X stile onto path in woods to Waymark post and TL through metal gate to RD. **(Hazard! – fast, moving vehicles from right)**. X RD to 40 MPH sign and then X Main RD (A259) **WITH CARE!** to Crowlink Road.

3.4 After 50m TL at black metal post into churchyard through Tapsel gate and pass to R of church. AHD through gap in wall to X kissing gate. X next kissing gate onto NT Hobb's Eares and wide track. SLOT downhill (CB230) to X wooden gate to RD. TL and in 60m TR into small Car Park and exit through staggered wall to pass Tiger Inn on L and then SLOT onto block drive to East Dean Village Hall and the finish. (GR TV557977)

29.1 kilometers – 18.1 miles completed!

WELL DONE

4.1 28 MILE ROUTE CONTINUES

20m beyond junction X stile in hedge on L beside waymark post (GR 488024).

(NOTE: 18-mile route goes straight on.)

4.2 Continue on path, initially (CB250), soon downhill, to wire fence.

Continue with wire fence on L. Where field ends TL and continue on path between hedge/wire fences. Thru kissing gate, continue ahead on grassy track. Where wire fence on R turns R, BR. Go thru metal kissing gate.

Continue AHD for 25m thru wooden kissing gate. Continue ahead along wide track to RD.

4.3 TR and follow road marked Private. In 550m, at the Poverty Bottom waterworks, when tarmac road becomes a track, continue AHD, later on enclosed path. In 1500m, at cross track, waymark post and clump of trees, continue AHD across field (CB360). In 1000m at waymark post in cairn (GR461035) continue AHD (CB010) on wide grassy track. In 960m, at path junction and waymark post, continue AHD through gate towards masts. In 630m AHD through gate. In 330m thru gate (masts visible to the R).

4.4 Follow path across field (CB340). At cross track (SDW), thru gate beside cattle grid and continue AHD downhill on partially tarmaced track. In 1000m, at foot of hill, continue AHD through gate. When track becomes tarmac lane continue AHD. In 500m, at red letter box on left, TR into road (Preston Court) and continue AHD.

4.5 In 170m, where concrete track turns R continue AHD towards metal farm gates. Immediately after gates X stile on L. Continue AHD (CB080) to pass thru metal gate at corner of field. Continue AHD in 2nd field, then thru wooden gate. Continue on path across field before turning L around R hand side of barn. TR onto double concrete track to reach RD.

4.6 X RD (*with care*) to entrance of Firle Place. Thru white pedestrian gate then immediately BR (CB170) across grass to kissing gate. Continue across field (CB150) to L of distant tennis court. Exit field via kissing gate at corner of tennis court. TR, go thru small gate into car park, Immediately TL and go thru gap in wall. TR and follow track to reach road junction with the Ram Inn on R - Firle Village. X road and TL along tarmac pavement to the checkpoint in the Village Hall on right.

Firle Village Hall is at 24.6 kilometres – 15.3 miles

Open 11:00 to 15:00

FIRLE to ALFRISTON 7.7 kilometres - 4.8 miles

5.1 Exit checkpoint and TR. Continue through village, soon passing War Memorial and Church on L then Burning Sky Brewery on R. At Private Road/Bridleway/No Motor Vehicles sign, continue AHD to the R of red brick house. In 200m BL to follow flint wall on L. Continue AHD on wide track.

5.2 On reaching tree line TR onto bridleway through trees. Continue AHD to track. TL to follow Bridleway and then R in 20m to continue on Bridleway. In 350m continue thru small wooden gate.

5.3 Continue AHD uphill on path soon bearing left to climb steeply on chalky path. Approaching the ridge continue eastwards (CB120) towards fence, passing to L of Bridleway WMP. 15m before fence BL onto SDW. Continue in an easterly direction on SDW, along the top of The Downs, with wire fence on right, for 1800m, passing a trig point on left (GR TQ485059), to car park (*Bo Peep*) on left (GR TQ493050). **(NOTE: 18-mile route re-joins here.)**

5.4 Continue AHD on SDW thru gate. In 760m, at five finger marker post at fence corner (GR 499044) continue AHD on SDW to next wooden gate. Thru gate and continue with fence now on left. In 700m pass thru gate. In 490m reach small wooden gate with track and 6 finger post beyond. (GR 510034).

5.5 Thru gate and continue AHD on path (SDW). At fork continue AHD on track. In 980m continue AHD on tarmac road (Kings Ride). At X roads continue AHD (Star Lane) into Alfriston Village. At road junction TR. In 25m TL down narrow alley signed Alfriston Clergy House etc. to Checkpoint in the Old Chapel Centre 30m on L. (GR TQ520030)

ALFRISTON OLD CHAPEL CENTRE is at 32.3 kilometres – 20.1 miles

Open 12:00 to 17:00

28 MILE ROUTE - ALFRISTON to EAST DEAN & FINISH

Finish Closes 19:30. Leg is 13.3 kilometres - 8.3 miles.

6.1 Exit CP and TL to cont. down narrow flint walled alley then AHD on path (SDW) to X white footbridge. Ignore SDW fingerpost and continue AHD to RD. **(NOTE: 18-mile route turns R just before RD)** X RD to R of Great Meadow Hall and through gate. In 30m X next gate. AHD on path for 60m then TL through gap in trees to cont. on SDW. In 30m FL to cross field (CB080), passing thru hedge.

Continue (CB080) on path to reach wooden gate. Thru gate, then TR and follow track (SDW) for 100m to road.

6.2 X road (**with care**), thru gate and continue uphill on track (SDW). In 630m, continue throu gate. In 160m at chalky intersection with path on L, BL onto chalk path and continue uphill with wire fence on L.

6.3 In 530m, at brow of hill, X stile AHD (90°) to follow fence on L uphill. In 360m pass thru gate and continue on path. 40m after Trig. Point (GR 548034) go thru gate and TR. Follow faint path (150°) with fence on R, along top of ridge. In 850m continue thru large wooden gate. AHD follow fence on R, frequently obscured in gorse, as it descends. Thru small kissing gate and BR (65°) to nearest stile in hedge. Cross and BR to follow path through bushes. Descend with care onto track (*The Wealdway*) and TR.

6.4 Follow track for 840m, ignoring turnings on L. Skirt dark-green barrier and where track joins from R, BL and continue on track. At road TR into Jevington, using the pavement/grass verge where possible.

6.5 At the Eight Bells X road (*with care*) to Bus stop and ascend steps. Continue AHD between fences to X kissing gate. AHD to pass post on R and follow wide grassy track as it curves left. At waymark post continue on left-hand path. X stile. Follow wide grassy track (CB060). X stile, then between bushes. Continue on wide grassy track (CB070), passing tumuli (mound) on left. Continue on grassy track (CB080) towards 2nd tumuli visible between trees. Pass to right of tumuli, continue on grassy track downhill (CB130) to gate.

6.6 Go through wooden gate and continue on double chalk track uphill. Continue AHD with fence on R. Thru kissing gate, continue AHD with fence on L. Thru kissing gate – car park on L. TR to follow double track (CB190). At fork keep R (CB230). At four-way finger post continue AHD on track thru gate towards East Dean.

6.7 In 120m go through wooden gate 15m L of track. AHD and in 520m, at waymark post on L, continue AHD with wire fence on L. *Soon pass thru sheep grazing gate (may be gone)*. In 440m, thru small metal gate, with disused building and finger post on L, continue AHD. In 750m at fence follow path as it turns R. In 170m TL thru small gate (GR TQ564995), waymarked East Dean 1 mile. Follow fence on L.

6.8 In 800m, soon after Mobile phone pole, at fingerpost in field corner, go thru LH gate. TR and follow grassy track parallel to hedge. Follow path as it bears L to pass R of circular water butt. At signpost 'East Dean Village' Turn L to X stile. AHD on enclosed path between wooden fences for 60m (ignoring R fork after 40m), then TL. Continue AHD to reach end of enclosed path. AHD (slightly L) up tarmac drive to reach lane (Public Bridleway FP on opposite side). TR and follow lane. Where lane meets main road (A259) TR to continue along pavement for 150m. X road using the traffic island (***Hazard! major road***). Continue AHD along Gilbert's Drive for 160m to the finish at East Dean Village Hall on R.

45.6 Kilometers – 28.4 Miles completed

WELL DONE!