

Hello

The Winter Tanners is fast approaching and here are the final details for you to note, to make life easier for both you and the marshals on Sunday.

## BEFORE THE DAY

**Please read through the event webpage** - <https://ldwa.org.uk/Surrey/W/10259/winter-tanners.html> - where you will find lots of useful information including the conditions of entry, to which you have already agreed, and details of the electronic and paper mapping for the day. The **route description** and gpx files will go up there on WEDNESDAY. Please note that any GPX files are provided as support only. **The definitive descriptor of the routes remains the written Route Description.** PLEASE MAKE SURE YOU USE THIS YEAR'S ROUTE DESCRIPTION & GPX - IT IS VERY DIFFERENT FROM LAST YEAR'S!

**If I can't do the WT can someone else take my place?:** NO, the T&Cs to which you agreed have a 'no substitutions' rule.

## GET READY AND BRING WITH YOU

**Footwear** - it will be muddy and slippery in places so choose appropriate footwear and expect wet feet at some stage. If you use walking poles you may well find these useful, particularly on some of the downhill slopes. There will be a hose and brushes at the end should there be a modicum of mud left on your footwear.

**Clothing** - it is January - keep an eye on the weather forecast. Please ensure you have sufficient warm layers and waterproofs with you. If you have to stand still for any length of time you will get cold very quickly so you need to carry a spare warm layer - EVEN RUNNERS! **Please note** IF you wear light/running clothes (as agreed in the Ts & Cs) you must not walk/run alone (if you become incapacitated hypothermia could set in very quickly!)

**Drink and snacks** should be carried - using the checkpoints to supplement these. There will be hot drinks and a cold snack at the end.

**Mug** - no mug = no drinks!!

**Head torch** - even if you think you won't need it please carry one. - for many it will be dark at the start and end and you never know what may happen to delay you on the way round.

**Personal first aid kit** to attend to your own minor injuries, pain relief, blisters etc

**Bringing a dog?** - you will need details of your dog's insurance cover with you at registration - see conditions of entry. LDWA national guidelines include keeping your dog under control, detailing insurance cover and reporting any incident to the organisers. This year's route goes through areas with horses and cattle so please keep your dog on a lead.

**Route description** - everyone MUST carry one. Even if you intend to follow the gpx please read through the **route description** the day before and don't go the wrong way round the route! We go clockwise this year! The route description is the definitive navigation tool and tells you the location of the checkpoints and number checks. Missing a checkpoint may mean you are disqualified, so know where they are. **MAKE SURE YOU'RE USING THE 2026 ONE!**

**Sense of humour** - and a measure of determination are necessary for getting round this course and retaining sanity!

## ON THE DAY

**How do I get there?** Directions to the start are on the first page of the route description. Marshals will be on hand with illuminated traffic wands to help you park.

**Timing** Please note registration opens at 0700 and first start is at 0730. The checkpoints will not open early so bear this in mind when deciding when to start. The checkpoint opening and closing times are all on the

route description. **Fast walkers must start after 0800 and runners after 0830.** All to finish by 1900. Any entrants arriving late at a checkpoint may be asked to retire.

Even if you intend to follow the gpx please read through the **route description** the day before and don't go the wrong way round the route! You risk disqualification if you fail to pass through all the checkpoints, and number checks, in the correct order. So have a look where they are beforehand - they are not marked on the gox!

**Registration** Your routecard with a barcode will be handed to you at registration. You will need to show this at each checkpoint as well as the number checks you will encounter en route. So please don't bury it at the bottom of your rucksack or lose it!

**Ready to start?** When ready, collect your routecard from the registration desk and leave the HQ as in the route description. If you get there before 0730 a marshal will tell you when to start.

**Can I drop out/switch route?:** You can switch to a different route at the registration desk, or at checkpoint ONE by telling the PACER marshal, or, if this is not possible, 'phone the organiser. If you need to drop out/retire please do so at a checkpoint if at all possible. If you need assistance or you wish to finish/drop out elsewhere PLEASE RING THE EMERGENCY 'PHONE NUMBER ON YOUR ROUTE CARD and let us know. If you need help we will do our best to come and pick you up. DON'T just go home without telling us. If you are running late and we are concerned about you we may 'phone you so PLEASE ensure your 'phone is ON and keep it warm near your body to preserve the battery!

**Where can I see the results and my supporters track my progress?:** Once started participants progress can be followed online and viewed at [www.ldwa.org.uk/results](http://www.ldwa.org.uk/results)

**What happens if the WT can't be run?** : We will make every effort to run the event. Late changes will be on the website <https://ldwa.org.uk/Surrey/W/10259/winter-tanners.html>, we will also try to send email updates.

**What facilities are there at the start/finish?** Only those arriving by public transport may leave spare baggage at the start. Otherwise please leave your things in the car for your return. There are no refreshments at the start. There are very limited toilet facilities, please go before coming and there is no facility or space for a complete wash down at the end. Final refreshments will be take-away with nearby gazebo in which to gather out of the weather and will consist of hot drinks and cold snacks.

**What about a badge and certificate?** Badges will be available for sale at the finish to those who would like one. Certificates will be emailed to successful entrants within a week or so of the event.

## Finally

This is a tough winter event with no indoor checkpoints, and it won't be easy at times, but do enjoy yourself. If you take any **pics** you are willing to share I'd love to see them - so email them to me - [surrey.wt@ldwa.org.uk](mailto:surrey.wt@ldwa.org.uk) or post them on the Surrey group Facebook page if you're a member. Any other probs or queries just email me.

Looking forward to seeing you on Sunday

Mary