

LONG DISTANCE WALKERS ASSOCIATION: SURREY GROUP

CHAIRMAN: Keith Chesterton  
Firle  
Chestnut Avenue  
GUILDFORD Surrey  
Guildford 63392

TREASURER: Ralph Henley  
42 Metcalf Road  
ASHFORD Middx

SECRETARY: Tony Youngs  
17 Linkfield Lane  
REDHILL Surrey  
Redhill 63611

The hot dinner ramble has proved very difficult to arrange this year. Few pubs serve meals on Sunday evenings and Bob Ball put a lot of effort into a fruitless search for one in his part of Surrey. Chris and Margaret Steer took over the search and eventually found that the Hurtwood Inn, the Trust House at Peaslake, could provide dinner for us in a private room on 4 December 1977. The meal will be later (7 for 7.30pm) and a bit more expensive (£3.75) than one would wish, but the evening should be very enjoyable. The details are in the programme overleaf. Members may walk or dine or both and bring a guest to the walk or the dinner or both. Time is short; please send £1 a head deposit for the dinner to Margaret Steer today.

Thirteen members (and a dog) walked across the Weald on the Chalk to Chalk Walk in July and all arrived at the top of Wolstonbury Hill within 5 minutes of each other. In August, nine members (and a dog) turned out for the Dorking Dawdle. In September 237 people (and 8 dogs) finished the Guildford Boundary Walk. Sadly the Essex Group's proposed coach trip to the White Rose Walk had to be abandoned for want of support. The Masters & Maidens Marathon in October attracted 310 starters, 274 of whom finished. That makes it the biggest marathon in the country. The fastest time was 2hr 33mins, the slowest 5hrs 56mins.

The Leg of Mutton & Cauliflower programme discussion ranged beyond the events listed overleaf. In March I am to lead a social walk. April is a crowded month. The LDWA's National AGM is on the 8th. On Saturday 16 April Keith Chesterton's book on the London Countryway is to be published. The publishers have suggested to gain publicity for the Countryway (and the book) it should be walked that weekend. The meeting asked me to get in touch with our neighbouring LDWA Secretaries to suggest that Groups, between them, should walk the whole circuit. The following weekend, 22-23 April, the Surrey Summits 100 km walk will be held. A committee was appointed to organise it: Ralph Henley, Jeff Ellingham, Chris Steer and Alan Blatchford. Volunteers for checkpoints are needed; if you can help, please let Jeff Ellingham know. In May we shall probably have a Farnham Kanter and for June we would like to try again to arrange a coach trip for an attack on the Welsh 3000s if it can be done in cooperation with our neighbouring Groups.

After the programme discussion Jeff Ellingham set an interesting discussion going on breathing. It was generally a reed to be an excellent thing to do - and to think consciously about. Concentrate on breathing out effectively was Jeff's key piece of advice.

A subversive faction within the Group has been organising what are regrettably called "fun-runs". If you are interested in getting even fitter by fast jogging or running over shortish distances (like 3 to 5 miles) let Alan Blatchford or Ralph Henley know. Perhaps they will start a Shortish Distance Runners Association.

Tony Youngs  
3 November 1977

# WINTER PROGRAMME

- Sunday  
4 December      HOT DINNER RAMBLE. Walkers meet at 10.30am at The Hurtwood Inn, Peaslake. Car park nearby. Bring torches. Trains to Gomshall (2 miles away) from Redhill 8.30am (walk a roundabout route to Peaslake) and Guildford 9.20am. Husbands, wives, boy friends and girl friends join the returning walking party at the Hurtwood Inn at 7pm for dinner at 7.30pm. Walkers can change at the hotel if they wish (and should change their footwear at least!). Three course dinner and coffee £3.75. Wine and real ale (King & Barnes) available. Please book today by sending £1 a head deposit to Margaret Steer, Foxhollow, Coxhill, Chobham, Woking, Surrey.
- Sunday  
18 December  
(not 27 Nov.  
as discussed  
at LofM&C)      EPSOM EXERCISE. 22 miles round Epsom with Dave Challenger. Meet 9.30am Clock Tower, Epsom High Street (TQ207607).
- Monday  
2 January      SURREY INNS KANTER. Start between 9.15am and 11am from St Catherines Village Hall, Chestnut Avenue, Guildford (SU991485). Two new routes (11 & 18 miles)+new pubs. Bring OS map 186 (1:50000) or 169 (1") pencil, compass and 20p (children 15p, non-members 25p).
- Sunday  
8 January      WINTER TANNERS. Meet 8am Leatherhead Football Ground (TQ162561) to walk the route of the 1978 Tanners Marathon with Alan Blatchford.
- Tuesday  
10 January      Quarterly meeting and slide show of recent events. Leg of Mutton and Cauliflower, The Street, Ashted, Surrey. 7.30 for 8pm. If you have slides of events in the last 2 years please get in touch with Barbara Blatchford (17 Thorn Bank, Onslow Village, Guildford. Guildford 60085) before the meeting.
- Sunday  
12 February      MILL END MEANDER. 15-17 miles in the Chilterns with Ralph Henley. Meet 10am in the car park at Mill End, near Hambledon (SU 785851).