

The 35th Poppyline Marathon

Sunday August 1st 2021- Route Description

Emergency numbers:

07393 193710 07919 523567 07799 875009

BL - bear left	BR - bear right	FP - Footpath	immed - immediately
KG - Kissing Gate	L - left	R - right	Rd - road (mRd - minor Rd)
junc - junction		thru - through	m - metres
TK - track	TL - turn left	TR - turn right	WM - waymark
(170) - bearing 170 (magnetic)		(TG 203 024) - Grid Ref (example)	

Start at Sheringham Primary School, Cooper Road NR26 8UH (TG 152 423)

NO NON-WALKERS BEFORE 09.00

**8.00 (slower) to 8.30 (faster) walkers – 8.30 short route walkers
9.30 runners**

Leave school site & **TR** onto Cooper Rd. Continue to main Rd. **TR**, then, using traffic island, cross with care, **TR** & follow pavement round to **L** into Beech Avenue. Continue to end & at T junction **TL** into Woodland Rise.

In 450m, at sharp LH bend, cross into Sheringham Common opposite (by metal WM post). Immediately **TsharpL**, keeping hedge on L for c450m to WM. BR, ignore side paths & in 200m at T junction, **TR**. Cross concrete bridge & Ahead. At cross TK, **TL**, pond on L & follow path north to Rd. **TG 165 426**

TL & in 75m **TR** (with care) across main Rd into Beeston Common Rd. BL to go under railway, BR and uphill to L bend. Ahead (Curtis Lane) to T junct. Ahead to L of gate opposite, BR uphill on path, then steps, to summit of Beeston Bump (*enjoy the extensive views!*)

Descend steeply east on steps; at bottom Ahead (sea on L) to post & rail fence. **TR** & follow path to railway crossing. Cross to TK opposite & follow to Rd (A149). **TG 171 427**

Carefully cross Rd, **TL** & in 5m BR into metalled lane. Opposite cottages, **TR** onto track, pass Beeston School on L, continue to T junct. **TL** & stay on this TK, ignoring all side TKs, to pass between buildings, then round LH bend to Rd. **TG 182 421**

Cross Rd to TK opposite (5 m to L of seat). Ahead, later with fence on L, to **TL** on tarmac TK across golf course. At T junct, gateway on R, Ahead on narrow FP, hedge

on L. In 50m **TR** through KG (sign Ingleborough Hill). Up path, ignore FP on R & up steps to top. At seat, follow path (145) across summit & keep on the wide path downhill to TK crossing. **TG 189 421**

TL downhill on path, then steps and thru KG. Cross meadow, thru 3rd KG and Ahead on enclosed path. At T junc **TR** on enclosed path, later fence on R, wall on L. At end of flint wall on L, **TR** on Rd and in 12 m **TL** with play area on L. At T junc, **TR** on road. Just past 'Beaconsfield' on L, **TL** (*The Buddleias/Driftwood*). Ahead with hedge on L to enter narrow path. Thru gate, cross railway & thru 2nd gate. **TL** & then **TR** uphill with hedge on L, enter enclosed path & follow to TK. **TR** and immed **TL**, in front of Way Out sign. Continue on path through trees to reach TK. **TG 207 419**

TL on metalled TK. Cross Rd & Ahead between houses to reach main Rd. **TL** on pavement. Just before Morrison's car park entrance, cross Rd at traffic island and **TL** on pavement into West Street (do not **TR** into Hall Rd), continue to junction where **TR** (Meadow Rd) to CP1:

Meadow Road car park 6.1 miles (TG 216 419) - Opens 9.15, Closes 10.55

TL from CP (Meadow Road) on pavement, railings on L. Just before junction **TL** down ramp and follow RH hedge, passing zip wire, to corner of grassy area. Thru gap and Ahead on footpath, soon adjacent to road on R. Stay on path to end, cross drive front of "Amazon Zoo" sign and **TL** on pavement along Rd. In 110 m, cross Rd with care (Weavers Way sign) and thru KG. **TG 215 411**

Up field diagonally (205) on path, keeping wood over to R. At left hand corner of wood BR (230) on path across field. Thru KG, over railway bridge & Ahead with hedge on L, cross field (230), follow path alongside wood, then down steps to lane. **TG 209 403**

X lane, up steps, **TR** on path thru wood & follow almost back to Rd. **TsharpL** before Rd onto FP with fence on R. Continue on path, later TK to main Rd. Cross Rd carefully and **TR** on pavement. Before war memorial, BL onto TK & Ahead to KG beyond cottages. Thru KG & **TsharpL**, fence on L, thru trees & **TR** to TK. **TG 199 394**

TL & in approx 400m, **TR** thru small gate towards church. Continue with fence on L. At corner of cemetery wall **TL** through two gates into churchyard. **TR** with church on L to exit churchyard at double gates. **TL** to pass thru small gate and BR (233) past bench seat across field. Cross stile by gate and large trees. **TR** downhill, wall on R. Thru small gate & Ahead, lake on R, up through trees on stony TK. At Y-junction BR (*Weavers Way*) to Rd. **TG 186 386**

TR; in 50 m ignore minor Rd on R & continue to T-junc. Ahead on TK, ignoring all side TKs, to Rd (Valley Farm House on L). Thru village & at junction fork L (SP West Beckham) & follow RD to T junc. **TG 157 399**

Ahead on FP, over wobbly stile to L of gate, Ahead thru meadow to cross 2nd stile. Ahead on faint path then soon BR uphill. Over stile 10m to R of gate & follow path along edge of wood, hedge on L to emerge into meadow. Continue towards double electricity poles, TL on TK, pass to R of buildings and down ramp to TK. **TL** and follow TK to Rd. **TG 147 397**

TR, passing houses; opposite church **TR** into CP2:

East and West Beckham Children's Play Area 13.18 miles TG 144 397
Opens 10.30, Closes 12.30

SHORT ROUTE BELOW

LONG ROUTE SKIP TO PAGE 5

Carefully **TR** out of CP & continue along road to Wheatsheaf. 100 m after pub (opposite Ivy Cottage) **TR** into field. Cross on FP (approx 010) BL to corner. Cross footbridge & continue along margin of 2nd field, thru gap onto TK, follow between houses turning L to Rd. **TG 138 403**

TR to main Rd, A148. Cross carefully (*Note blue sign to R*) & then **TL** into Sheringham Park. Down drive, ignore L turn to car park & continue Ahead on main path. Crack on down, meandering between Rhododendrons, to emerge into parkland with Sheringham Hall in front. Continue to 4 way path junction. **TG 133 422**

TL, (Gazebo), thru gate & **TR**. At bench on R (donated by Norfolk and Suffolk LDWA) pause awhile to enjoy the view before continuing on TK to main Rd. Cross with care, thru gap & **TR**. At field corner **TL** between posts on enclosed TK towards coast. Over railway bridge (crossing the Poppyline) & at T junc **TR** along cliff top path (red arrow). **TG 132 435**

NB The 'unstable cliff' signs mean what they say. Be careful on cliff top.

After passing golf course and Coast Guard hut descend towards Sheringham. Just before boating lake **TR** then **TL** onto Rd with gardens and shelters on your L. Take first Rd on R (with car parking area also on R) towards roundabout. Take 2nd exit (The

Boulevard) & at end of Rd cross into St. Peter's Road & follow to Sheringham Station.
TG 157 431

TL. At junction with High Street **TR** then cross Rd and Ahead to roundabout. **BL** to cross main Rd at pedestrian crossing, TR and immed TL into Holway Rd. Continue for c.700m to cross Rd at pedestrian crossing (just after Abbey Rd on R). **TL**, cross Childs Way, take next **R** (Cooper Road) and follow to:

Finish at Sheringham Primary School, Cooper Road (TG 152 423)
18.943 miles, 1364 feet of ascent.

Opens 13.30, Closes 17.30

CONGRATULATIONS from Norfolk & Suffolk Group LDWA !!!

LONG ROUTE HERE:

Carefully **TR** out of CP onto Rd. Pass Wheatsheaf & crack on along road for 1 mile (with care, likely to be busy and visibility is poor in places) into Bodham. Pass Red Hart and Bodham village hall L. **TL**, Hall Close, between carparks. Follow RH footway which becomes enclosed path. At TK **TL**. Ignore TR (to allotments) & keep Ahead thru hedge gap to join farm TK (hedge initially on L). Keep on TK & at power pole **TR** towards RD. **TG 120 391**

At Rd **TL**. At T-junct ahead along TK. Follow to field gate & cross stile into field. At next gate cross 2nd stile with castle on L. Ahead with farm buildings on L. At end of barn **TL**. In 35 m **TR** on TK & continue to Rd, ignoring TK on R after 600m & passing Hall Lane Farm on L. Cross Rd to FP opposite, hedge on R. In 53m **TR** onto TK & continue on field edge for 320m to gap in hedge with FP sign (**TG 110 371**).

TL to join Rd & continue into Hemstead. At T-Junct **TR**. Continue past phone box on R to bend in Rd. **TL** to CP3:

Garden to The Forge, The Street, Hempstead 17.4 miles (TG 105 372) Opens 11.30, Closes 14.20

From CP carefully cross road to FP opposite & continue with HG on L to Rd. **TR** on Rd & in c 650m, opposite junction, **TL** to Beckett's Farm. At farm, just before house, **TL** onto FP with hedge & fence on R. Continue on enclosed path & at WM **TR**.

At end of enclosed path **TR** on field edge. Continue under telegraph wires & in 100m **T½L** (335) across field. At WM enter wood & follow path to Rd.

TR on Rd, Selbrigg pond soon on R. At T junction, Ahead on FP into wood. In 165 m, at WM, **TL**. Ignore paths to L or R & follow waymarked path to main Rd. (Do not go L just before Rd into chapel grounds).

Cross Rd with care and **TL**. At third Rd/TK on R (*grey fence panels in front, Bernard Close, sign behind you*) **TR**. Where close turns L, Ahead on narrow grassy path between gardens. At path T junction **TL** to pass behind gardens on your L, later on gravel drive, to Rd.

TR and in 10 m **TR** (*Warren Road*). After passing Warren Farm on your L, concrete track narrows into path. 5m before barrier into caravan park, **TL** on narrow path. At end **TL** & follow clear path across heath to railway and level crossing. **TG 102 414**

DO NOT CROSS but **TR** with railway on L. In 500 m, at notice board, **BR** with main TK. Just after seat, **TL** downhill . At bottom enter wooded area & follow path to Kelling Heath Park platform. Keep ahead with railway still on L. **BL** at junction. Pass pond on R, later view holes on L. Continue, later on tarmac TK, pass house on L to Rd.

X Rd then KG into grassy area, TL down towards platform and:

CP4 Weybourne Station 21.8 miles (TG 118 419) - Opens 12.30, Closes 16.30

From CP return to path & **TL** (railway on L). After steps **BL** & continue on path (occasional red markers) to enter trees. Pass barrier & at end of field on L **TL** towards coast. (*Short route joins here*)

At bench on R (*donated by Norfolk and Suffolk LDWA*) pause awhile to enjoy the view before continuing on TK to main Rd. Cross with care, thru gap & **TR**. At field corner **TL** between posts on enclosed TK towards coast. Over railway bridge (crossing the Poppyline) & at T junc **TR** along cliff top path (red arrow). **TG 132 435**

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**Finish at Sheringham Primary School, Cooper Road (TG 152 423)
27.189 miles, 1399 feet of ascent.**

Opens 13.30, Closes 17.30

CONGRATULATIONS from Norfolk & Suffolk Group LDWA !!!