



The 36th Poppyline Marathon

Saturday July 23rd 2022 - Route Description

Emergency numbers:

07393 193710 07919 523567 07799 875009



BL - bear left	BR - bear right	FP - Footpath	immed - immediately
KG - Kissing Gate	L - left	R - right	Rd - road (mRd - minor Rd)
junc - junction		thru - through	m - metres
TK - track	TL - turn left	TR - turn right	WM - waymark
(170) - bearing 170 (magnetic)		(TG 203 024) - Grid Ref (example)	

Start at Sheringham High School, Holt Road, Sheringham, Norfolk, NR26 8ND

Leave school building, Ahead to FP, **TL** & follow path to L between fence and hedge. Stay on path to pass primary school onto Cooper Rd. **TR** & continue to main Rd. **TR**, then, using traffic island, cross with care to **TR** on pavement.

Cross Beech Avenue & Ahead in to Hazel Avenue. At end, cross Woodland Rise and walk up the verge beside the main road to gap in hedge. Go thru to open grassy area. Ahead, hedge on R, to corner, thru gap, then **TL**. At WM on R (yellow disc) **BL**, ignore minor paths to L & R; pass bench on R. At major junction (bench in front) **TL**, keep to R of red bin & stay on wide path as it meanders up and down to junction. **TL** downhill, passing pond on L, then keep **L** downhill to T-junction. **TG 161 418**.

TL, thru KG onto TK to Rd. At FP sign, Ahead on stony FP keeping parallel to road, hedge on L to double gates. Do not go thru but **TR** on FP thru bracken. Ahead at all X TKs & then at end **TR** to cross concrete bridge. Ahead & at cross TK, **TL**, pond on L & follow path north to Rd. **TG 165 426**

TL & in 75m **TR** (with care) across main Rd into Beeston Common Rd. **BL** to go under railway bridge, **BR** and uphill to L bend. Ahead (Curtis Lane) to T junct. Ahead to L of gate opposite, **BR** uphill on path, then steps, to summit of Beeston Bump (*enjoy the extensive views!*)

Descend steeply east on steps; at bottom Ahead (sea on L) to post & rail fence. **TR** & follow path to railway crossing. Cross to TK opposite & follow to Rd (A149). **TG 171 427**

Carefully cross Rd, **TL** & in 5m BR into metalled lane. Opposite cottages, **TR** onto track, pass Beeston School on L, continue to T junct. Ahd on FP soon going gently uphill. At top keep **R**, at fork **L**, then pass barrier & in 10m **TL** (WMP, red arrow) onto grassy TK. Where path joins from R, keep ahead to T-junction, **TL** to pass barrier. **TG 179 416**

TR on wide track to Roman Camp car park. **TL**, pass flag pole (*Norfolk County top on R!*), to seats. **BL** downhill (steep, careful) to junction, National Trust post in front. **TL** uphill, keep **R** at junction, continue uphill on undulating sunken path, ignoring all paths to L, to join lane. Ahead to Rd. **TG 182 421**

TL & in 5m cross Rd into Byway opposite. Keep ahead, later with fence on L, to **TL** on tarmac TK across golf course. At T junction, gateway on R, Ahead on narrow FP. In 50m **TR** thru KG (sign Ingleborough Hill). Up path - ignore FP on R - up steps & on wide path to top. Follow path (145) across summit to then **BL** to TK junction. **TG 189 421**

TL downhill on path, then steps and thru two KGs. Cross meadow, thru KG and Ahead on enclosed path. At T junction (gates in front) **TR** on enclosed path, later fence on R, wall on L. At end of flint wall on L, **TR** onto Rd (Banville La) & continue to junction (**TG 194 418**).

TL (SP Cromer 1.5m) on enclosed path to Rd. Ahead, under bridge, on sandy TK to cross TKs. Continue on metalled Rd between houses to reach main Rd. **TL** on pavement. Just before Morrison's car park entrance, cross Rd at traffic island and **TL** on pavement. **TR** into Hall Rd, cross Meadow Rd and Ahead to CP1:

CP1 Meadow Road Play Area, Hall Lane, Cromer. TG 216 420. 8.3 miles

Opens 9.10 , Closes 10.50

Ahead on grass, hedge on R, to corner. Thru gap and Ahead on footpath, soon adjacent to road on R. Stay on path to end, cross drive in front of "Amazona Zoo" sign and **TL** on pavement. In 110 m, cross Rd with care (Weavers Way sign) and thru KG. **TG 215 411**

Up field diagonally (205) towards LH corner of wood. **TR** (230) on path across field towards gates. Thru KG, over railway bridge & Ahead with hedge on L, cross field (230), follow path alongside wood, then down steps to lane. **TG 209 403**

X lane, up steps, **TR** on path thru wood & follow almost back to Rd. **TsharpL** before Rd onto FP with fence on R. Continue on path, later **TK** to main Rd. Cross Rd carefully and **TR** on pavement. Before war memorial, **BL** onto **TK** & Ahead to **KG** beyond cottages. Thru **KG** & **TsharpL**, fence on L, thru trees & **TR** to **TK**. **TG 199 394**

TL & in approx 400m (**TG 199 390**), **TR** thru small gate towards church. Continue with fence on L. At corner of cemetery wall **TL** thru two gates into churchyard. **TR** with church on L to exit churchyard at double gates. **TL** to pass thru small gate and **BR** (233) past bench seat across field. Cross stile by gate and large trees. **TR** downhill. At end of wall on R, **BL** across meadow (230), thru gateway, across 2nd meadow to **KG** in corner. Ahead to **TK**; **TL** to Rd. Ahead for c700m to wide hedge gap on R in front of poles. **TG 185 376**.

Enter field for 20m, then **TL** between potato rows & in 50 m **TR** on wide FP. Thru **KG**, over bridge, cross meadow, thru **KG** & cross field on FP. At wall corner before church **TsharpR** (312) on FP. Cross 3 fields to Rd. Ahead on Rd to T-junction. **TL** (SP Sheringham) on FP, at X-Rds **TR** & in 100m **TL** into CP2:

CP2 Gresham Village Hall, Church Lane, Gresham. NR11 8RF. TG 166 386. 14.3 miles

Opens 10.25 , Closes 13.15

SHORT ROUTE BELOW

LONG ROUTE SKIP TO PAGE 5

Leave CP and return to Rd, **TR**, & at X Rds **TR** on FP. Continue on Rd thru village, ignore Rd joining from L, pass bus shelter & at FP sign/red bin **TR**. Keep to **L** in front of first house on **TK**, later path with paddocks on R. Swing **L** & 10m after end of wood **TL** (**WM**) down bank. **BR** (320) on path in crop to field corner. Thru gap, **TL** (wood on L); at corner **TR** then up bank; **BR** to cross 2 fields on FP in crop to Rd. **TG 156 395**

Carefully cross to RD opposite (SP West Beckham) and follow for c 800m. Just before 30mph sign TR onto gravel TK. Continue to end, ignoring TKs to R, to TL (solar farm on R). At end of solar farm TR (WM) on mown TK. At end TL still on grassy FP, TR thru gap and Ahead with hedge on R to Rd. **TG 139 407**

TR to main Rd, A148. Cross carefully (*Note blue sign to R*) & then TL into Sheringham Park. Down drive, ignore L turn to car park & continue Ahead on main path pass picnic area. In c 220m, shortly after sign to 'The Bower' at open area with small shrubs, TR (WM, red arrow, **TR 13859 41428**) on path between Rhododendrons. Go down steps and thru KG. Take LH path uphill towards trees and temple. At temple, TR between trees, downhill to path. TL & at main drive TR over cattle grid to exit Sheringham Park.

Continue down Rd, cross junction on L, keep Ahead & at next junction TL thru village keeping church on R. **TG 144 419**. At sharp (blind!) LH bend, cross carefully into Cranfield Rd opposite. In 50m TL into BW*. Continue for c700m to start of houses on L where TL on to new FP with fence on R. Cross green to R of new wood to path. TL & retrace your steps to the finish.

(If BW is closed then return to Cranfield Rd, TR & R again (care!: blind bend & no pavement for the first few metres) and follow RH pavement to TR into school site.*

Sheringham High School, Holt Road, Sheringham, Norfolk, NR26 8ND

19.3 miles

Closes 19.00

CONGRATULATIONS from Norfolk & Suffolk LDWA !

LONG ROUTE

NB: The finish closes at 7.00pm; make sure you have sufficient time to complete the long route. You can switch to the short route but you must let a marshal know before leaving the CP.

Leave CP and return to Rd, **TR** & at X Rds **TR** on FP. Continue on Rd thru village, ignore all side Rds – DO NOT TR AFTER BUS SHELTER ONTO SHORT ROUTE! - go round LH bend & at junction keep L (Barningham Rd) 0.7mile to next junction. **TG 151 374**

TL & in 50m , before house, **TR** on FP. At end **TR** on TK. At Hell Hole Fm keep to R of fence & at end **TL** on FP. Where enclosed FP ends, keep Ahd, hedge/bank on L. At end **TR** (WM) on wide path under pylon, keep to L of electricity pole & at bend, Ahd on mown path, later concrete TK, to Rd. **TG 140 388**

TL on Rd to T junc where keep Ahd (SP Bodham). At next junction also Ahd then at staggered X Rds **L** then **R** (SP Holt) into Church Rd. Just after church **TL** on FP, thru wood, X field, over bridge, over stile, keep to LH side of meadow, thru KG to TK.

TR, keep L at fork and then **TL** before barn onto TK & continue to Rd, ignoring TK on R after 600m & passing Hall Lane Farm on L. Cross Rd to FP opposite, hedge on R. In 53m **TR** onto TK & continue on TK then field edge, to gap in hedge. **TG 110 371**

TL to join Rd & continue into Hempstead. At T-Junct **TR** & then **TR** into CP 3:

CP3 Hempstead Village Hall, The Street, Hempstead. NR25 6TL TG 105 371

20.7 miles. Opens 11.40 Closes 15.45

From CP, **TR** on road & at LH bend **TR** onto FP. Cross Rd, thru hedge opposite & immediately **TR** on FP to corner. **TL** (WM) along edge of field, thru gap to TK. **TL** & at end of enclosed path **TR** on field edge. Continue under telegraph wires & in 100m, opposite hedge end on L, **BL** (335) thru sugar beet. At WM enter wood & follow path to Rd.

TR on Rd, Selbrigg pond soon on R. At T junction, Ahead on FP into wood. In 165 m, at WM, keep ahead, ignore all side paths & continue on FP, later TK to main Rd.

Cross Rd, with great care, to FP opposite. Pass barrier and Ahd, keeping Forestry Commission sign on R. At cross TK **TL**; at wide T junction **TR** & at end of house on L, **TL** (WM) thru double gates. Ahd on TK, pass barn, pass 2nd gate to T junction.

TR on TK which soon becomes FP and 5m before barrier into caravan park, **TL** on narrow path. At end **TL** & follow clear path across heath to railway and level crossing.
TG 102 414

DO NOT CROSS but **TR** with railway on L. In 500 m, at notice board, **BR** with main TK. Just after WM, **TL** down steep slope ('Warning Steep Slope sign' on left). At bottom enter wooded area & follow path to Kelling Heath Park platform. Keep Ahd with railway still on L. **BL** at junction. Pass pond on R, later view holes on L. Continue, later on tarmac TK, pass house on L to Rd.

Cross Rd then thru KG into grassy area to:

CP4 Weybourne Station. 26.3 miles TG 118 418

Opens 12.45 Closes 17.00

From CP, continue on path keeping railway on L, go up steps & **BL**. Remain on path (occasional red markers) to enter trees. Pass barrier & at end of field on L, **TL** towards coast. **TG 132 423**

At bench on R (*donated by Norfolk and Suffolk LDWA*) pause awhile to enjoy the view before continuing on TK to main Rd. Cross with care, thru hedge gap & **TR**. At field corner **TL** between posts on enclosed TK towards coast. Over railway bridge (crossing the Poppyline) & at T junc **TR** along cliff top path (red arrow). **TG 132 435**

NB The 'unstable cliff' signs mean what they say. Be careful on cliff top.

After passing golf course and Coast Guard hut descend towards Sheringham. Just before boating lake **TR** then **TL** onto Rd with gardens and shelters on your L. Take first Rd on R (with car parking area also on R) towards roundabout. Take 2nd exit (The

Boulevard) & at end of Rd cross into St. Peter's Road & follow to Sheringham Station.
TG 157 431

TR then **TL** over bridge. Cross main Rd with care, to Holt Rd opposite then crack on for approx ½ a mile to **TL** into finish:

Sheringham High School, Holt Road, Sheringham, Norfolk, NR26 8ND

31.7 miles

Closes 19.00

CONGRATULATIONS from Norfolk & Suffolk LDWA!