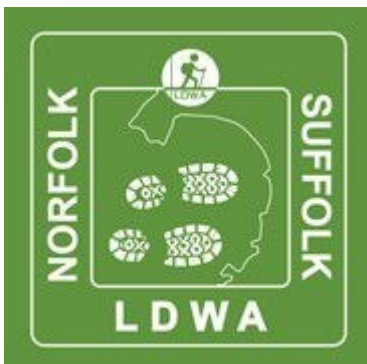




29th Flower of Suffolk Walk - 6th October 2024

Thanks to all of the marshals and entrants who helped and took part in the Flower of Suffolk event on 6th October 2024, once again a great day was had by all involved. As you are probably aware, in 2025 Norfolk & Suffolk group are running the Flower of Suffolk 100, which will take place on 24th to 26th May. If you are not walking the event, then there are many volunteering possibilities to help with the event. Due to the workload of this event, we are not currently planning any other challenge events for 2025, we'll let you know if that changes, but otherwise they will resume in 2026.

26 Miles

Matthew Sutton	3 56
Luke McGurk	4 34
Andrew Gemmell	4 52
Nicola Thorpe	5 31
Peter Woods	5 38
Robert Kent	5 39
Nina Nickerson	5 41
Rosemary Plant	5 41
Toby Craig	5 49
Jude Clarke	5 51
Robert Reason	5 52
George Saul	6 00
Tim Page	6 00
Wayne Smith	6 00
Dave Edwards	6 29
Brian Layton	6 49
Robert Newell	6 54
Rhys Pippard	6 56
Daniel Smith	7 03
Paul Falco	7 03
Angie Pelling	7 09
Debbie Williment	7 09
Kevin Bull	7 09
Wendy Ambrose	7 09
Ronnie Ambrose	7 09

Giedre Liudaviciute	7 14	Heidi Miller	8 13
Kristian Davies	7 14	Jayne Cook	8 13
Ali Amanat	7 22	Mick Dodge	8 13
Cathryn Woodward	7 22	Sonia Peloe	8 13
Sarah Hatfield	7 22	Terence Outridge	8 13
Tom Kershaw	7 22	Virginia Powell	8 13
Phil Catchpole	7 25	Janet Bensley	8 21
Hugh Potter	7 31	Maria Holland	8 21
Sarah Colbert	7 31	Stephen Bensley	8 21
David Balfour	7 32	Steve Matthews	8 21
Lorena Nichols	7 32	Chris Seymour	8 22
Andrew Booth	7 33	Gareth Lamb	8 22
Clare Hill	7 38	Chris Johnson	8 24
Hayley Buckland	7 38	Dianne Tayles	8 25
Melanie Spencer	7 38	Jillian Davis	8 25
Kim Greenaway	7 40	Richard Malin	8 25
Martin Greenaway	7 40	Sarah Heal	8 25
Helen Abbott	7 42	Tracy Woods	8 25
Julia Bawden	7 45	Barry Sheldrake	8 30
Sharon Hardwicke	7 45	Ellie Sheldrake	8 30
James Royce	7 48	Richard Haynes	8 41
Gerry McGovern	7 49	Anna Lyon	8 44
Rebecca Smith	7 49	Harvey Lyon	8 44
Malcolm Hunt	7 51	Allan Munns	9 43
Andy Hoddle	7 52	Sandra Dalton	9 43
David Moles	7 54	Susan Munns	9 43
Kathryn Head	8 01	Terry Corti	9 43
Maren Duvendack	8 01		
Susan Clements	8 03		
Gill Struthers	8 13		

18 Miles

Campbell Hall	2 36	Simon Carding	5 47	Jackie Burnett	6 32
Roy Read	3 20	Ewelina Chorążyczewska	5 50	Christopher Rouse	6 33
Stephen Hill	3 23	Rob Chorążyczewski	5 50	Robert Bilbie	6 33
Paul Arnold	3 44	Cathy Tooley	5 52	Susanna Smart	6 33
Yolande Arnold	3 44	Ian Tooley	5 52	David Cooper	7 04
Ben Rogers	3 51	Gemma Ebbs	6 01	James Greenwell	7 04
James Nice	3 51	Louise Stratford	6 01	Steve Clark	7 04
Christine Sutcliffe	4 06	Catharine Gregory	6 02	Janet Strickland	7 22
David John Thompson	4 06	Calli Wood	6 05	Freya Kille	7 29
Jon Legge	4 12	Claire Trott	6 05	Benjamin Connolly	7 34
Goff Hill	4 14	Nicola Stevenson	6 05	Edward Connolly	7 34
Suzie Sole	4 14	Torben Wood	6 05	Elizabeth Connolly	7 34
Anneli Ostler	4 38	Sally Washington	6 06	Rupert Connolly	7 34
Becs Manning	5 09	Lindsey Wilkins	6 09	Janette Franks	7 42
Scott Sawyer	5 26	Mathew Brice	6 09	Una Phelan	7 42
Mariana Illingworth	5 27	Craig Hodgkinson	6 11	Adam Symonds	7 45
Steven Illingworth	5 27	John Monksfield	6 13	Jill Symonds	7 45
Shona Bendix	5 29	Katie Hunt	6 13	Perri Lyons	7 45
V Shiv Shanker	5 29	Sara Monksfield	6 13	Rachel Symonds	7 45
Sharon Knights	5 31	Abby Powlett	6 14	David Morris	7 49
John Seeley	5 38	Claire Denny	6 14	Lorraine Cardy	7 49
Kevin Appleyard	5 39	Corinna Hussey	6 14		
Chris Gibbons	5 41	Hannah Wood	6 14		
Fiona Morrison	5 41	Rachel Crisp	6 14		
Jack Wade	5 41	Suzanne Heath	6 14		
Julie Wade	5 41	Ben Magnall	6 16		
Natalie Southgate	5 41	Emily Coulson	6 16		
Jane Pennington	5 47	Hilary Magnall	6 16		
		Robyn Pettiford	6 16		
		Will Magnall	6 16		