



28th Flower of Suffolk Walk - 1st October 2023

Thanks to all of the marshals and entrants who helped and took part in the Flower of Suffolk event on 1st October 2023. The turnout on the day was really high, so it was great to run such a lively event. Next year's events are:

Winter Poppyline - 10th & 11th February 2024

More dates to follow soon.

27 Miles

Dean Pointer	3	48	Brian Layton	6	35	Roy Barnes	7	52	Maggie Bingle	8	45
Matthew Sutton	4	01	Georgina Townsend	6	35	Andrew Wilmot	7	52	Martin Bingle	8	45
Colin Stark	4	32	John Dunnett	6	45	Jamal Ashley	7	58	Sophie Adams	8	51
Richard Stansfield	4	43	Ann Rideout	6	45	Monika Szalai	7	58	Sarah Etherton-Nicoll	8	51
Magdalena Komorowska	4	50	Simon Moore	6	48	Tom Kershaw	8	0	Paul Cutmore	8	55
Tomasz Komorowski	4	50	Daisy Moran	6	49	Melanie Spencer	8	0	Mira Nair	8	55
Joserra Velasco	4	50	David Moran	6	49	Christina Stone	8	0			
Alan Anderson	5	00	Sian Thompson	6	49	Graham King	8	3			
Ian Brazier	5	00	John Davies	6	50	Janet Bensley	8	4			
Stephen Dunnett	5	19	Elina Marila	6	50	Stephen Bensley	8	4			
Andrew Gemmell	5	20	Julia Revill	6	50	David Moles	8	5			
Alisa Cherry	5	45	Joseph Markham	6	53	Karen Beswick	8	11			
Dave Edwards	5	46	Jackie Watt	6	59	Heather Chittock	8	11			
Andy Gage	5	46	Amy Collier	7	00	Francoise Bannister	8	18			
Michelle Haynes	5	46	Laurence Timms	7	00	Jackie Burnett	8	18			
Robert Hemingway	5	46	Hayley Brewis	7	15	Richard Haynes	8	18			
Stephen Brown	5	59	Malcolm Hunt	7	15	Alan Nash	8	18			
Iwona Litwiniec	5	59	Heather McDonald-Hamilton	7	15	Anna Sharpin	8	20			
Nick Payne	6	08	Daniel Smith	7	15	Vicky Burton	8	21			
Rosemary Plant	6	14	Nicola Stevenson	7	16	Judith Matear	8	21			
Debbie Williment	6	23	Peter Woods	7	16	Anna Flack	8	22			
Claire Denny	6	24	Anneli Ostler	7	16	Adrian Johnson	8	22			
Hannah Wood	6	24	Mick Entwistle	7	18	Dianne Tayles	8	22			
Jackie Lake	6	27	Jean Freeman	7	20	Tracy Woods	8	22			
Sarah Partridge	6	27	Lauren Carr	7	22	Ed Foss	8	30			
Chris Gibbons	6	28	Louise Stratford	7	22	Gay Webster	8	30			
John Edwards	6	35	David Davidson	7	26	Pam Manning	8	34			
			Helen Lambert	7	37	John Phillips	8	34			
			Phil Catchpole	7	43	Roy Boykew	8	36			
			Fiona Carrington	7	48	Fiona Gosling	8	39			

18 mile results are on the next page

18 Miles

Kaye Branton	3 00	Terry Corti	5 52
Gemma Gilbert	3 00	Sandra Dalton	5 52
Carol Kemp	3 00	Mac Craigmyle	5 57
Michelle Murphy	3 00	Stavroulla Mawson	5 57
Jo Bisset-Smith	3 17	Maria Holland	6 05
Roy Read	3 24	Steve Matthews	6 05
Marcus Brown	3 39	Vicky Jepson	6 05
Teresa Brown	3 39	Nicola Dawkins	6 08
Tim Brockington	3 44	Kate Dunnett	6 08
Toni Tarrant	4 02	Fiona McGuire	6 13
Cathy Tooley	4 02	Deborah Hollidge	6 15
Ian Tooley	4 02	Paul Hollidge	6 15
Goff Hill	4 12	Peter Hayward	6 20
Suzie Sole	4 12	Simon Riley	6 20
Sharon Cannell	4 13	Scott Young	6 20
Joanna Christopher	4 13	Zoe Young	6 20
Sarah Edwards	4 13	Anna Brady	6 26
Lisa Lummis	4 13	Emma Brady	6 26
Jo Parden	4 13	Sara Dyer	6 26
Vicki Pullinger	4 13	Sonia Edwards	6 26
Tamsin Passmore	4 22	Peter Hedgethorpe	6 26
Mandy Cox	5 05	Paul Arnold	6 27
Susan Ilsley	5 05	Yolande Arnold	6 27
Paul Burgess	5 12	Steve Clark	6 27
Mariana Illingworth	5 12	Linda Kent	6 27
Steven Illingworth	5 12	Philip Presland	6 28
Carol White	5 12	Anne Claydon	6 30
Claire Trott	5 13	Martin Claydon	6 30
Simon Trott	5 13	Vicky Presland	6 30
John Monksfield	5 16	Janette Franks	6 39
Karen Davies	5 17	Katie Franks	6 39
Derek Edwards	5 22	Nina Nickerson	6 51
Iain Johnstone	5 22		
Steve Nicholls	5 22		
Carol Toze	5 24		
Suzanne Heath	5 39		
Abby Powlett	5 39		
Susan Clements	5 47		