

22nd Founders' Challenge

Saturday 13th October 2018

27 & 16 MILE CHALLENGE EVENT FOR WALKERS & RUNNERS ORGANISED BY LONG DISTANCE WALKERS ASSOCIATION LONDON GROUP

Organised every year since 1997, this will be **the 22nd occasion** on which we remember the founders of the LDWA by visiting the beautiful locations associated with them: Blatchford Down, Steer's Field, Tanners Hatch Youth Hostel, Pitch Hill Toposcope and the old Peaslake Post Office. It's a great route and an enjoyable day out.

The event is off-road, on good footpaths and tracks. It takes place in the Surrey Hills, designated an Area of Outstanding Natural Beauty in 1958. The routes offer a wonderful mixture of autumnal forest and downland; a significant proportion of participants' fees will be donated to local countryside charities.

Together with the welcome provided at checkpoints and fine food at the finish, **these elements combine to make the Founders Challenge a memorable event.**

ROUTES

There are **two routes**. These will be the same in 2018 as last year.

- a. The 27 mile (44km) route has approximately 4,300 feet (1,300m) of ascent.
- b. A shorter route of approx. 16 miles (26km) with 2,100 feet (640m) of ascent for walkers only.

Please note that there are some steep descents which can be slippery in wet weather.

Participants should download the **route descriptions** from www.ldwa.org.uk/London where they will be available by Friday 5th October: entrants will be advised.

MAPS

LR 187 & LR 186 (for approx 3 miles of long route not on 187) or Exp 145 & 146. You may obtain a single OS Select sheet at 1:25k centred on GR TQ093471 from www.ordnancesurvey.co.uk/leisure which covers the entire route.

VENUE

Peaslake Memorial Hall (GR TQ085447), 2.5 miles south of Gomshall which is on the A25 6 miles west of Dorking; turn at the Murco petrol station.

On reaching Peaslake turn right at Memorial (with village shop on left). The Memorial Hall is just beyond the Hurtwood Inn.

START & FINISH

7.30 a.m. Registration open
8.30 – 9.00 a.m. Walkers start
10.00 a.m. Runners (long route only)
6.30 p.m. Deadline for certificated finish time (max time 10 hrs)

ENTRY

Preferably online at www.sientries.co.uk
Entries received by 10 p.m. Sunday 7th October 2018:
£10.00 (LDWA members) £15.00 (non-members)
On the day: £15.00 (LDWA members) £25.00 (non-members)

REFRESHMENTS

(all suitable for vegetarians; please advise if other dietary requirements)
Tea, coffee & biscuits at the start.
Light refreshments and drinks at 3 checkpoints on the 27 mile route and 1 checkpoint on the 16mile route.
A light meal at the finish from 2 p.m.

BRING YOUR OWN MUG: checkpoints will **not** provide them.

RESULTS

All in-time finishers will receive a certificate. Results will be published on the website. If you prefer your name to be withheld please tell us.

TRAVEL to the START

If you're planning on coming by train, check times when 2017 summer timetables are published. There will be a train arriving at Guildford at approx. 8.30 (and 9.15 for runners) and **on request we will try to arrange lifts from there to Peaslake**. Entrants wanting a lift will be advised of our preferred train.

Lift share

Peaslake is not well served by public transport.
In order to include those who do not have access to a car, to relieve the pressure on car parking facilities and to ease congestion in the village (and to help save the planet) we will facilitate lift-sharing for our event. Lifts will be provided on a goodwill basis; they are not commercial arrangements.
Please indicate on the entry form if you need a lift from Dorking or Guildford railway stations, are willing to offer a lift, or would be interested in car-pooling (e.g. from your home town). Please note that in order for this to work we will need to share contact details to put people in touch with one another.

PARKING

Parking is limited – please car share where possible.
300m beyond Memorial Hall, in public car park on left (GR TQ084445).
Please **do not** park at the Hall or Hurtwood Inn.

ACCOMMODATION

There are Youth Hostels at Holmbury St Mary (approx 3 miles) and Tanners Hatch (approx 6 miles by road). Rooms are available at The Hurtwood Inn (Tel 01306 730851) adjacent to start and there are Travelodges in Guildford (a short walk from Guildford station) and Dorking (www.travelodge.co.uk)

FORCE MAJEURE

If the event is cancelled for reasons beyond the control of the organisers, the London Group reserves the right to keep such portion of the entry fees received as are needed to defray costs already incurred.

RULES

- Minimum age of entrants 11 years. Entrants under 14 yrs on the day of the event must be accompanied by a named adult at all times, who is accompanying not more than two such children.
- **Data Protection**
The personal information submitted as part of this entry form will be held by the event organisers for a period of up to three years after the event is held for the purposes of managing this event only. Photographs are likely to be taken at the event, which may be featured in Strider magazine or on LDWA websites and LDWA social media. In addition, Summary Information* may be published immediately and may be held in perpetuity for the purposes of providing a record of the event. Entrants will have the right to request that all their personal Summary Information is anonymised, should they so request.
* Summary information is limited to the participant's name, age, gender, postal town, email address, LDWA membership number, event name and date, distance covered, time recorded as well as any other linked walking achievement.
- The route description must be followed. Checkpoints must be visited in the correct sequence, during their opening times.
- Dogs are allowed but must be covered by liability insurance and should be kept on a lead when farm animals are present (please see LDWA guidelines at www.ldwa.org.uk/library/policy/dogs_on_walks_rev2.pdf)
- Marshals have the right to withdraw participants if their fitness is in doubt or if they are behind schedule.
- Anyone who RETIRES must inform the organisers. If possible retire at a checkpoint, by informing the officials and handing in your checkcard. Alternatively call the emergency number 01306 730851 (Hurtwood Inn).
- The following items must be carried:
 - ✓ Appropriate footwear and clothing
 - ✓ Route description, maps & compass
 - ✓ A mug
 - ✓ Torch & batteries
 - ✓ Personal first aid kit
 - ✓ Emergency food/drink

POST ENTRIES TO

Founders Challenge 2017, 36 Lyal Road, London E3 5QG
Cheques payable to *LDWA London Group*.

CONTACT

Gordon Parker

founderschallenge@ldwa.org.uk

Phone: 0044 78911 96930 [may incur roaming charges; email preferred]

WEBSITE

www.ldwa.org.uk/London

22nd Founders Challenge 2018 Entry Form

CAPITAL LETTERS PLEASE

Name (to appear on Certificate).....

Address.....

.....Postcode.....

Telephone No.....Mobile no. (If carried on the event)

Telephone Contact Number in case of Emergency

Email (for Results).....Car Reg. (If left during walk).....

Age: (If under 18 on 13/10/2018)

LDWA Membership No:..... Group.....

Cheque enclosed (payable to LDWA London Group) £

Acknowledgement of entry: please provide an email address (preferred) or enclose 9" x 4" s.a.e.

Route: 27ml Walker Runner
16ml Walkers only

Any medical condition/information which may be relevant in case of accident (in strict confidence)

I have read and agree to abide by the rules of the event. I confirm I am in good health and have no medical condition that may cause undue concern or inconvenience to others. I understand that I participate at my own risk and that no liability is accepted by the organisers for any injury, damage or loss sustained by me during the event.

Signed:(by parent or guardian for U18s)
Date.....

U14s – provide name of accompanying adult:

Send entries to: Founders Challenge 2018 at founderschallenge@ldwa.org.uk
or 36 Lyal Road, London E3 5QG

Lift share

Please tick the box(es) that apply, and we'll do our best to make the necessary arrangements. If you are unable to get to the event without a lift, and we are unable to provide one directly or indirectly, we will refund your entry fee.

- I do not have a car and need a lift from Guildford station
- I do not have a car and would like a lift from my home town
- I have a car and would be interested in car-pooling from my home town
- I have a car and would be able to offer a lift from Guildford station
- I agree to my contact details being shared to enable car-pooling/lift-sharing.