



LAKELAND LDWA

SPRING IN LAKELAND 50

ANYTIME CHALLENGE

Abbreviations

TR Turn right	R right	BR Bear right	TL Turn left
L Left	BL Bear left	SO Straight on	BW Bridleway
FP Footpath	WM Waymark	SP Signpost	KG Kissing gate

LOOP 2 ROUTE DESCRIPTION

4 STAVELEY to GURNAL DUBS 3.7 miles / 6.0 km Ascent 1050 feet, 320 metres

4.1 TL from Staveley Village Hall (SD470984) into village. In 200m TL before St Margaret's Tower (SP Riverside Walk). Cross river & TR through gate. TL at end of wall. Through KG & cross track to gate. Uphill to KG, TR on road. TL at junction. TL through gate into Craggy Wood (SD 477985).

4.2 TR for 50m, TL on partly stepped path to top R of wood. TL on path with occasional WMs. Leave wood over wall stile & TR. Over stiles through 4 fields to Littlewood Farm & TR on gated road. TL down track at junction (SP Potter Tarn) (SD483990).

4.3 At house go through right hand gate, cross stream & TR on track through gates to track. TR then TL uphill on clear path (SP Potter Tarn). Follow WMs to cross Potter Tarn outflow. Keep L to wall stile. Continue to R of Gurnal Dubs reservoir to reach track junction (SD505990).

Cumulative distance 22.6 miles / 36.2 km

Cumulative ascent 4000 feet, 1220metres

5. GURNAL DUBS to LONGSLEDDALE 6.5 miles / 10.5 km Ascent 750 feet, 230metres

5.1 TL & follow fence then wall on R. Through gate to follow track on open fell. Cross stream with small waterfall on R. 50m before rock outcrop take thin path uphill on R to Potter Fell col (SD489998).

5.2 Descend to cross wall stile & TR. In 300m cross stile over fence. In 300m TR at WM to cross wall stile. Swing L to WM. Follow paths steadily downhill for 1.4km, keeping to left side of moor but ignoring paths on L leading to steeper ground. At wall corner cross stream & ascend for a short distance to TL on descending path. Meet wall on L into sunken track, through gate & down field to gate. TL on track with River Sprint on R (NY511010).

5.3 Through gate on R into field, through gate in short section of wall, TL on track. Through gate & in 25m TR at bridleway sign. (NY506014).

5.4 *The route now follows the L side of the valley through gated fields and tracks for almost 3km.* Through field then keep close to hillside. Go between Kilnstones house & barn. At next house on R go through gate & descend to wall corner. Continue close to wall on L (NY500028).

5.5 At Wads Howe go through gates on R after barn. TL with wall on L. At entrance to Hollin Root turn sharp R down track over bridge to road. TR for 400m to Longsleddale Community Hall (NY501029).

Cumulative distance 29.1 miles / 46.7 km
Cumulative ascent 4750 feet, 1450 metres

6. LONGSLEDDALE to STAVELEY 5.3 miles / 8.4 km Ascent 590 feet, 180 metres

6.1 Return to Hollin Root, do not go through gate but TL uphill. Through gate & TL uphill on track. Through gate & KG onto open moor. In 200m follow path R. In 130m TL at WM. Continue on track across moor for 2km. Through gate into fenced lane. (NY469019).

6.2 At Park House lane becomes a tarmac road. Continue to Barley Bridge. Do not cross bridge but BL on road with River Kent on R. TR through gate into riverside path. TR over river into enclosed path. TR into street to Staveley Village Hall and end of Loop 2 (SD470984).

Cumulative distance 34.4 miles / 55.1 km
Cumulative ascent 5340 feet, 1630 metres

V1 10-3-2021