



## 45th Sevenoaks Circular Walk

Sunday 20 March 2022

### Final Details



The Kent LDWA Group look forward to welcoming you to the 45th Sevenoaks Circular Walk on Sunday 20 March. Full details of the event including Route Description and GPX files can be found on the Kent Group website.

#### **Before The Walk**

If you have special dietary requirements (other than vegetarian) you should plan to carry your own food/drink. We do not have the facilities or staffing to satisfy such requirements at checkpoints.

You are advised to wear suitable footwear and clothing and carry a map, map case and compass; a torch and reflective clothing are required if you expect to finish after 17:30. All entrants are to finish by 19:30.

OS Explorer 147 & 162 or OS Landranger 188 & 177 maps cover the whole route. Electronic versions of maps can be used.

Please ensure that you bring a copy of the route description with you as there will be no copies available at Registration. Your unique number for this event can be found via this link [https://ldwa.org.uk/results/follow\\_participants.php?event\\_id=276](https://ldwa.org.uk/results/follow_participants.php?event_id=276) to PACER.

Whilst GPX files are provided for all routes, these are for reference and back up. The Route Description should be considered as the definitive guide to the route.

Please bring your own mug as there will be none available on the event.

Dogs are not permitted on this walk.

#### **On Arrival**

If you are arriving by car, please follow the directions of the Marshals who are supervising the parking arrangements.

Please enter the building to the rear and it would be appreciated if you do **NOT** wear muddy footwear or bring mud into the hall.

Please check in at the registration area where you will be asked to provide a mobile phone number in case of an emergency during the event. This information will be destroyed as soon as the event is over. If you wish to appear as 'anonymous' on the Public Results, please indicate this at the time of registration.

At this stage, your unique number (see above) will be confirmed for the event. You should write this on each page of your route description.

Tea, coffee and biscuits will be available before the start of the event - you will need to provide your own mug at the start/finish and during the event as none will be provided.

The event will start from 8:00 (all walkers on the long route) and 10:00 (all runners and walkers on the other routes). When you are ready to start, please report to the Starting Marshals, who will record your start time and you can then commence the event. This event will operate a staggered start and therefore please adjust your start time depending on your speed and check point opening and closing times. Check points will not open earlier than stated and likewise will close at the advertised times below.

The opening/closing times of the checkpoints are as follows:

CP1 (all routes) Heaverham (6.2 miles) opens 9:15 and closes 12:20

CP2 (long route only) Stansted (10.2 miles) opens 10:15 and closes 11:55

CP3 (long route only) Eynsford (16.2 miles) opens 11:45 and closes 14:00

CP4 (long and intermediate route) Shoreham (21.4 miles - long; 12.3 miles - intermediate) opens 12:15 and closes 15:50

CP5 (all routes) Chipstead (26.9 miles - long; 17.8 miles - intermediate; short 12.6 miles) opens 12:15 and closes 18.00

All are to finish by 19.30.

Please note that, compared with previous years, some additional time has been allowed for the completion of this event. Therefore the closing time for each checkpoint will be adhered to and the decision of the checkpoint leader and event organiser will be final.

### **Checkpoints**

Please ensure that at each checkpoint you give your Walk Number to the appropriate Marshal. Missing any of the number checks may lead to disqualification.

Please dispose of your litter in the receptacles provided or take it home (discarding items along the route risks the reputation of the event and landowners refusing use of their land).

Cold drinks and snacks will be available at all checkpoints. Hot drinks will be available at both the Stansted and Shoreham checkpoints.

### **Retirements**

If you need to retire, please do so at a checkpoint where we can arrange transport to get you back to the finish. If you are forced to retire elsewhere please call one of the emergency numbers on your route description so that arrangements can be made to pick you up. Should you decide to retire yourself and make your own way to the finish or simply go home, please ensure you call us so that we can account for you.

### **At The Finish**

Please remove or cover all muddy footwear before entering the building and check in with the Finishing Marshals.

There will be hot food available at the end of the event.

Badges will be available for purchase at the cost of £2 each.

On behalf of the Kent Group, we hope that you enjoy your day and we look forward to welcoming you to future Kent LDWA Challenge Events.