**LDWA Kent Group - High Weald Walk: Andredsweald Circuit - 11.7.2021**

**Joining instructions for all entrants**

Dear Entrant

Please read below the joining instructions for the day of the event.

Essentially, we are asking all participants to be mindful of the special conditions, under which we are obliged, in running this LDWA challenge event.

Registration will be from **08:00 to 10:00**.

It is a staggered start – roll-up, register and get going! 😊

Please bring a **suitable face covering, hand sanitiser, route description and pen** with you into registration.

Toilets will be available at the hall for the entrants to use.

**Start:**

* When you are ready to start, please proceed to the main/front door of the Freshfield Hall.
* Please sanitise your hands, and wear your face covering. A marshal will let you in as space at the registration desk permits.
* You will be asked at registration to confirm your name and will be given your participant number. This should be written down on each page of your route description.
* You will be also be asked that you agree to the terms and conditions of the event (on SiEntries) and [these Covid related questions](https://www.sussexcommunity.nhs.uk/downloads/COVID-19%20documents/4a-g%20FINAL_Visitor_Screening_Questions_v2.pdf).
* Please make your way to the exit at the back of the hall.
* Begin your route!

**During the walk** : observe social distancing between yourself and others. It is advised that you sanitise your hands regularly.

**At checkpoints:**

Social distancing rules should be followed at checkpoints:

* Please wear your mask when reaching a checkpoint. The marshals will also wear a mask.
* There will be a table with hand sanitizer. When access to this table is free, sanitize your hands. If you have to queue, please stay socially distanced (unless you are part of the same household).
* A marshal will take your walk number (hopefully listed on every page of the route description) and name.
* When a marshal allows, please proceed to a table containing refreshments/ food. You should not touch any bottle or water container other than your own, and only touch the food that you choose.

 To have personal water container refilled:

* Hold your container at arm’s length, the marshal will refill it with water or squash as requested.
* Please move away from the table to consume drinks and snacks.

**All entrants to have completed their distance by 18:30.**

**Returning from your route** (essentially same procedure as at the start):

* On your return, please proceed to the main/front door of the Freshfield Hall.
* Please sanitise your hands, and wear your face covering. A marshal will let you in as space at the registration desk permits.
* Give your name and participant number to the registration desk.
* Once processed, please make your way to the exit at the back of the hall.

Thank you for your cooperation. We understand that these restrictions are an inconvenience, but they are necessary for the health and safety of both our entrants and marshals. Enjoy your walk!