**Mid-Month Update May 2020**

As there are a few bits and pieces to let you know about at the moment, I'm slipping in a May mid-month update.

Firstly,  later today Julie Welch will be talking about Ann Sayer on   [The Last Word](https://www.bbc.co.uk/programmes/b006qpmv) ,  Radio 4's weekly  obituary programme telling the life stories of those who  have died recently. You can hear Julie at 4pm today, and the programme will be repeated at 8.30pm on Sunday.

Next as some of you are already aware, Anita has been in the wars recently, and following a spell in hospital with a broken thigh, I'm happy to say she is now at home recuperating with Ernie's help. Anita really appreciates the many cards and good wishes she has received and would like to pass on her heartfelt thanks to all.  She says in her house it's a bit like Christmas again with all the cards.

Thank you to those of you who have sent me your first walk reminiscences for the June newsletter. There's still plenty of time for the rest  of your contributions  -  send them to  essexandherts@ldwa.org.uk by the end of May please.

MAY WOULDN’T BE MAY WITHOUT THE 100 OF THE LDWA

Finally, it's good to see lots of Essex and Herts members taking part in the LDWA Coronavirus 100 Challenge.  With a week gone most of us are somewhere between a quarter and a third of the way round and judging by all the Facebook comments enjoying it enormously.

And from later  today entries will be open for the [Virtual Y100 Sir Fynwy](https://ldwa.org.uk/news/news_story.php?news_id=593)  - I  hope to  see some of you at  the Essex and Herts checkpoint!

Take care everyone and stay safe