**3 Forests Way Route Description 2022**

**Route Recced 04/05/2022 - (Revised 08/08/2022) Marshals’ Event version**

**Emergency Number 07815 779201 (Peter) 07845 969826 (Jackie)**

**Abbreviations**: **R** Right, **TR** Turn Right, **L** Left, **TL** Turn left, **BR** Bear right; **BL** Bear left, **BW** Bridleway; **FL** Fork left; **X** Cross, **FP/PF** Footpath, **TK** Track, **WM** Way Mark, **ST** Stile, **KG** Kissing Gate, **RD** Road, **CP** Checkpoint, **thru** Through, **AH** ahead, **junc.** Junction; **GD** Grid Ref; **M** metres; **KM** kilometres; **immed.** Immediately.

**All bearings magnetic**

 **Lambourne End: Post Code: RM4 1NB**

**Lambourne End (TQ 481947) to Great Tawney Hall (TQ 502989**) - (**4.89 Miles)**

1. Exit central square and AH past pool with fence on **R**. At end of fence, AH onto enclosed path with wire fences to both sides and continue past bridge to **L** to reach 6-bar metal gate at end of path. Thru gate and AH diagonally across field **(135**⁰) tothecorner of wood, to reach and pass thru two gates**.**  **TimmedL** and AH to reach WM post. Pass thru wooden barrier and AH on BW. At next WM (ST visible AH) fork **L** then **R** and AH to pass thru wooden barrier to exit RD. X ***RD with extreme care, fast busy RD. Abide by Marshal’s Instructions*,** into **Gallmans Farm** entrance and in **35M** **BL** onto enclosedpath passing farm complex on **R.**  AH on enclosed path for **1.2KM**, ignoring all paths to **L/R** to emerge on RD. **(Path requires some clearing).** **TimmedR** thru metal gate by FP sign where **TR** on wide grass path and continue around field in an **anti-clockwise** direction to reach X-TKs were **TL** with WM, with wood to **R**. **1M** before corner of wood **TR** **into** wood by WM post with field visible to **L.** AH to next WM where **TL** and AH over wooden bridge sign posted **Great Wood/Lambourne Wood.**  AH without exiting wood to **L,** to X further bridge by WM where **TL,** ignoring path to front. At next WM continue AH ignoring TK to **R**. AH over next wooden bridge and AH to next WM sign, and in **10M** **BL** over ditch to WM in open. **TL** and AH with wood on **L** to **2nd** WM where **TR** on broad green path and AH to enter industrial estate. AH thru industrial estate to reach main RD. **2.61** **Miles GD 484975**

2. **TR** onto grass verge to reach Mayhem Paintball sign, and in a further **10M** X RD *with care* to narrow path opposite to X concrete footbridge **(This area will need clearing).** **T½R** and in **50M** **TR** over earth bridge. **TimmedL** and AH on **LH** side of field to far corner, where **TR** and AH with hedge on **L** to reach power pole at hedge corner. AH with hedge on **L** to pass thru gap and over plank bridge/ST. **TR** (**060⁰)** on grassy path along line of power poles to pass thru gap/over plank bridge in hedge AH. **BL** to the **RH** corner of field by wood line AH to exit onto RD by ST/FP sign. **3.28 Miles GD 489982**

 3. X RD, **TR** and **30M** **TL** to go through gap by FP sign to exit onto golf-course. **(This area needs clearing)** X fairway (***Beware of flying golf balls*!)** to yellow topped WM directly opposite (**005⁰)** to enter wood**.** AH thru wood to exit on green, where **TR** toward trees and start of tarmac TK. **TL** and AH across fairway (***Beware of flying golf balls*!)** to white boundary marker on opposite side keeping wide ditch to **L**. **TR** by marker and AH uphill keeping boundary markers/treeline to immed **L** to pass thru gap in hedge at top corner by white notice board/yellow topped WM sign to exit on RD. **(TQ493986) (This area will need clearing and concrete post** **moved to side).**  **3.73 Miles GD 493986**

4.X RD, **TL** and AH facing traffic (**Caution, fast busy road**) for **450M** to reach entrance to red brick church on **L**. **TR** through gap in hedge by WM sign **(gap will need clearing)** and follow **RH** edge of field downhill. At bottom AH uphill on farm TK to trees where **BR** at junc. and head towards farm complex to reach red barn and CP. **4.89** **Miles GD 502989**

 **Checkpoint 1. Great Tawney Hall (: RM4 1DQ) Opening Times 1000 - 1130 ( sorry, not a CP on the Marshals’ walk )**

**Great Tawney Hall (TQ 502989) To St Nicholas Church (TL 572067) - (9.08 Miles)**

5. Exit barn **TR**, and AH to cross RD and AH across field **(084⁰)** to bottom **LH** corner. Pass thru gap in trees **(Will need clearing)** and AH in same direction with trees on **L**, passing under high tension lines and over X TK. At far corner of wood, at **blue** WM (**permissive path**) **TL** thru wood to next **blue** WM/white topped post, passing black barn to **R** where AH to emerge in open. **TR** and AH (**080⁰)** to WM in corner of hedgerow on **R.** AH past 2 large solitary trees on **L** to WM at wood. Thru wood, over bridge to emerge in open and AH on **RH** side of field to reach RD. **6.05 Miles GD 519993** X RD into field and **TimmedL** by BW sign. At field corner by WM, **BR** following **L** edge of field downhill. At bottom corner, by WM, **TL** and AH to X bridge by WM. AH up path (**063⁰)** and in **230M** by tree to **R**, **TL** on path (**321⁰)** and AH to exit in **LH** corner by treeline AH to reach multi WM. **7.04** **Miles GD 522003**

**TR** with hedge/treeline on **R** for **400M** to field corner. (**Do not cross bridge**) but **TL** for **200M** to end of hedge on **R** by WMsign. **TR** over bridge at WM, across field **(060⁰)** towards corner of wood, over bridge to WM in wood. **TR** for **5M** to WM sign in field where **TL** down **LH** side of field to RD. **7.72** **Miles GR 526011**

 8. **TR**, and in **25M** **TL** by FP sign into field. X field diagonally **(070⁰)** to far **RH** corner, pass through gap in wood and **TR** at WM on enclosed TK and continue to TK junc. where **BR** to pass entrance to cottage on **L** and AH on TK to RD. **TR** on RD and in **200M,** just after house ‘**Ambermead**’ on **L**, **TL** on wide farm TK. Following this for **1.6 KM**, ignoring all gaps to **R** to pass thru gap in **RH** corner of wood and continue to first multi-WM, at start of enclosed path. **9.19** **Miles GR 546022**

9. AH on enclosed path to exit onto RD. **TR** at PF sign onto pavement and AH for **150M**, where X RD and **TL** along **Fairfield RD**. AH to T-junc. at far end where **TR** down **Millbank Ave**. Where RD bears **R**, **TL** to go between houses in corner. **BR** along concrete path over field and **R** over bridge and up lane to main RD in **Chipping Ongar**. **10.12** **Miles GR 552031**

10. **BR** to X RD at pedestrian crossing and **TL** along RD for **300M**. **TR** up **Love Lane** by FP/ **Ongar Sports Club Recreation Fields** signs. Pass thru gap to **RH** side of wooden gate and AH along tarmac path (checkpoint). At end of path by WM/Parish Council sign AHto next Parish Council sign where **BR** through gap to TK, then **TimmedL** and AH to open field. **BR** down **RH** edge of field. Thru gap at bottom end and **BR** **(115⁰)** to cross bridge. **BL** on path and at hedgerow **BR** past ditch and AH to gap between houses AH,along grassy path to reach hedge and AH to pass thru KG to RD in **High Ongar. 11.16** **Miles GR 565036**

11. **TL** then **R** at T-junc. to pass church on **L** then **TL** at FP **beside** the "**Foresters Arms PH**" onto enclosed path on **LH** side of car park. Across field to cross ST and down steps to RD **(Will need clearing)** (**Cross with care. Fast moving traffic).** Up steps **(Will need clearing)** and over ST opposite and cross field **(005⁰)** to corner of wood by WM sign. AH with wood on **R,** ignoring next path by WM to **R** to reach far end of wood by WM (**West Park Lodge** visible on **R**) and AH into field. **TR** and in **20M** **TL** **(030⁰) (**by WM visible up on **R** by hedge) **(Will need cutting back)** and across field to WM opposite by **Little Forest Hall Cottage**. **12.16** **Miles GR 569051**

12. Exit onto RD and AH on tarmac track and continue thru **Little Forest Hall** to pass thru gap in wood to orange topped WM on far side. AH **(030⁰)** across field to corner of wood and AH with trees on **L** to next WM. AH (**010⁰)** across field to WM in hedge corner where **TL** then **R** to X bridge to orange WM. AH to next orange WM, thru gap and **BL** to X bridge and AH with tree line on **R**. AH around corner to large tree on **R** where **TR** thru gap onto sunken path. **TL** and AH to reach WM’s by enclosed path thru wood fences with small stable to **R.** **TR** thru enclosed path and X field **(012⁰)** aiming for **RH** edge of wood AH to X bridge by WM. Continue with tree line on **L** to next WM where **AH** for **15M** to pass thru gap over ditch in tree line to enter sports field. Go around field in an **anti-clockwise** direction. Thru to gap in corner, where **TR** on FP between houses to RD. **TR** and AH on RD to X river and AH to church. **TR** into CP. **13.36** **Miles GR 572068**

 **Checkpoint 2. St. Nicholas Church, Fyfield (Post Code: CM5 0SB) Opening Times 1130 - 1430**

**St Nicholas Church (TL 572067) To St Martin’s Church (TL 561134) – (5.93 Miles)**

13. Return to RD and **TR** to **BL** at junc. (green triangle), X RD (**with** **care, blind corner)** and **L** again onto enclosed FP thru KG to **L** of entrance to **Fyfield Grange**. AH on grass, then gravel path to reach WM by **5mph** speed restriction sign. X drive to next WM sign by cross TK, where **TL** (**Do Not** go AH) and X over concrete bridge. X field **½R** **(340⁰),** on enclosed TK with electric fences to both sides to cross ST and bridge. **BL** **(330⁰)** to X ST to rear of PH (**The Black Bull**) then between buildings to RD. **TR** past the **Black Bull PH** then X RD to **TL** into lane (sign posted **Norwood End Only**) **(Will need clearing).** **14.02** **Miles GR572072**

14. After **400M,** ignoring FP sign to **L, BL** at junc. in RD, **(Sign posted Longlands)** later becoming TK. AH on TK for **1.3KM**, ignoring all WM to **L/R** to reach lane. **TL** on lane and AH for **200M** to pass **Green Farm Barn** (black wooden complex).AH for a further **600M** ignoring path to **L**, to reach RD. **15.25** **Miles GR 566087**

15. **TL** and in **20M TR** onto FP thru barrier (triple rollers) and AH with tree line on **R** for **140M** to WM**.**  Pass thru gap, **TL** and AH with hedge on **L** for **205M**. At end of hedgerow, bear **L** and continue on grass path to start of hedgerow AH, where **TR** on path with ditch to **R** to reach treeline and continue to WM by hedgerow AH, where pass thru gap and **TL** with hedgerow on **L**. At next WM **TR** with wood on **L** (**Do not** pass thru gap in wood). Continue to next WM, pass through gap between hedge and wood, and **TL**. In **70M** at WM. **TR** across field **(010⁰)** (**Path not yet in),** aiming for yellow topped WM visible AH. X over bridge and continue AH **(010⁰)** to X bridge with metal rails by WM, down steps to exit onto RD **(Exercise caution descending steps. Steep drop).** **16.35** **Miles GR 570101**

16. **TL** and AH on RD to **TR** towards entrance to **Woodend Cottage** by FP sign on **L.** **TL** then **R** past black wooden shed to **R,** and thru wooden gate. AH past rear of cottage, keeping on gravel path towards wooden gate where **BR** to X ST onto enclosed path. AH to X ST at FP sign into open field **(Caution rough ground).** Cross field on path **(000⁰),** to reach treeline AH, over ditch and continue in same direction to reach gap in treeline AH. **Do Not pass thru** gap, but **TR** toward WM and AH keeping to **LH** edge of field with treeline to **L**. Where treeline **TsharpR**, **TR** to FP sign **(Will need clearing)** anddescend to RD (**Abbess Roding)**. **(TL570110)** **(Though a handrail has been fitted at this point there are no steps and if wet it would be safer to TR and AH on LH side of field to BL onto RD at bottom end. Will need farmers permission). 17.18** **Miles GR 570110**

17. **TR,** and at RD junction ahead towards **White Roding**. AH past church (**St Edmunds**) on **L**, and in **20M** **TL** by FP sign and cross bridge. AH thru wood and in open, by WM, **TR** and AH thru farm. AH thru gap by power pole/WM, then diagonally (**330⁰**) across field, initially in line with power lines, then continue in same direction to reach corner of field to X bridge with metal rails. **TR** with hedge on **R** to reach RD. **TL** and in **40M,** at FP sign, **TR** into field, and AH for **10M**, to **BL** then **R** to across field **(355⁰)** to WM in treeline AH**. (Path not yet in) TL** on grass path at tree line and in **100M,** at end of tree line/WM to **R,** **TR** over earth bridge (**Exercise caution, deep drop down steps)** and follow tree line on **R** to RD by FP sign.  **18.18** **Miles GR 568125**

18. **TR** on RD and AH pass **Church Lane** street sign on **L** and in **50M,** by FP sign on **L, TL** and AH to marker post with thin yellow band on top. AH on **LH** side of field for **500M** (**Caution: rough going)** to reach hedgerow/treeline to **L.** **TL**, with hedgerow to **R,** and AH for **700M**, to the far end of hedgerow/brick wall to front, where **BR** thru gap then **L** parallel with wallto reach RD (signpost AH). **TR** on RD to pass the windmill on **R** and later **The Old Rectory** on **L** and in **100M** **TL** at FP/ **Martin’s Church** sign on compacted TK. At end of TK, AH to enter CP. **19.51** **Miles GD 561133**

 **Checkpoint 3. St. Martin’s Church, White Roding (Post Code: CM6 1RJ) Opening Times 1300 – 1700 (not a checkpoint on marshals walk!)**

**St Martin’s Church (TL 561133) To Hatfield Forest (TL 540198) - (5.87 Miles)**

19. Return to RD and **TL** to reach junc. with main RD. **TL** for **35M** and cross RD (**exercise extreme caution; fast busy RD**) into **Mark Hall Lane.(checkpoint on R in 150M)**  AH , passing double line of trees on **L** to reach several blue cement drums by FP sign. **TL** thru drums and AH with tree line on **R** to WM at start of hedge AH. AH with hedgerow on **L** to next WM where **TR** and in **70M** **TL** onto enclosed TK. At following WM in open, **TR** and AH with tree line on **R**. AH to next WM **(TL558146)** **(WM lying on floor. Needs erecting)** at gap in hedge, and **TL** and AH ignoring all FP’s signs to **L** for **250 M** to reach enclosed path. AH on enclosed path to end (pond visible on **L**) and AH to red topped post on **R** at X TKs**.**  **TL** and AH to far corner by WM on **R. TR** keeping wood on **R** to reach WM at end of wood/wooden fence AH (ignore WM by pond to **R** before). AH to wooden fence, where **TR,** and at end of fence **TL** over ST **(TL551151)** **(ST needs cross plank/support post replacing)** onto narrow enclosed path **(beware potholes)** with tree line on **R**. AH to pass over rough ground to reach and pass to **L** of ST by metal gate and WM onto RD. **21.44 Miles GD 550152**

20. X RD to farm entrance and **TimmedR** onto enclosed path by WM sign. X over concrete forecourt to yellow topped WM, where **TL** and AH with hedgerow on **L**. Continue to pass WM at bottom of TK and AH with hedgerow/ditch now on **R** to WM in tree line.  **BR** thru gap and across field **(345⁰)** to towards houses AH. Pass thru gap on **R** by FP sign/power pole/dog poo box to exit on RD. **TL,** and AH on RD to junc. with main road at small grass triangle. (**Hatfield Broad Oak)**.  **22.21 Miles GD 546162**

21. **TR** and AH up street to far end to junc. with main RD. X RD and **BL** then **R** passing **Broad Oak Stores** on **R** to **TR** at FP sign into dead end RD sign. X car park to WM/KG opposite and head down field **(325⁰)** to X bridge in gap in hedgerow**. TR** andkeep with hedgerow/tree line on **R** for **2KM**, passing KG, concrete bridge, KG (combo), a further KG, fenced earth bridge to reach metal gate/ST by RD. **23.81** **Miles GD 544186**

22. **TL** and AH past junc. towards **Takeley/Hatfield Forest.**  At **LH** bend by power pole, **TR** onto compacted TK at FP sign. **AH** past house (**Pincey Cottage**], and at end of concrete TK by WM, **TL** with hedge and ditch on **L**. AH with treeline/hedgerow on **L** past **2** fields, X earth bridge and keep AH over field **(006⁰)** (**Beware trip hazard)** to reach WM opposite. **TR** and in **60M** at WM **TL** thru gap in hedge, over plank bridge and AH over green, with treeline on **L** to reach FP sign by RD. **TL** on RD and AH to RD junc. **Cross with care** and AH over ST. AH on TK to reach wooden gate to pass into wood. In **30M**, at fork, **BL** and AH thru wood for **350M** to reach short section of wire/metal fence on **L**. **TL** and AH to emerge on compacted TK. **TL** and AH bearing **R** (lake on **R**) and around **Shell House** on **L** to reach wooden building (checkpoint) on L before gate. **25.46 Miles GD 540197**

**Checkpoint 4B. Hatfield Forest (TL 540198) To Sawbridgeworth (TL 484148) - (7.21 Miles)**

23. Exit CP and **TL** to pass thru gate to car park where **TR** and AH on tarmac path for **200M** to gravel driveway on **L** marked ***No Vehicular Access***. **TL,** then **immed R,** and AH on grass TK with hedgerow on **L**. At end of hedgerow AH in same direction to pass **3** further cross TKs to enter wood bearing gradually **R** to reach first open area **where do not go ahead** but **TL** into broad green path (ride) and AH **(255⁰)** on ride**.**  AH over wide X path in **640M** and in **280M** at junc. **BR** onto enclosed path with wire fence on **L** to reach buildings on **L** by **Hatfield Forest** sign. (**Note all WMs appear to have been removed in the National Trust area in Hatfield Forest) TL** thru wooden gate, then slightly **R** to enter enclosed compacted drive in **20M** with hedges to either side. **25.56** **Miles GR 529201**

24. AH past end of hedges and low brick wall on **L,** to **TL** onto grass path (***Not thru wooden gate***) and then to **TL** again across wooden footbridge. AH towards large green board where **TR** and AH on **RH** side of lake. At top end, by fishing spot **No. 15,** **BR** downward on narrow path by WM/Harcomlow Way FP signs on **L** **(Will need clearing)** and AH to **BL** and continue enclosed path to reach and **BL** over bridge by house on **R** and barn on **L**. AH down compacted drive to junc. with lane with thatched cottage, **Street Farm Cottage** on **L.**  **TL** then **immed R** thru gap in hedge by WM, over bridge/ST and AH down **RH** edge of field past broken ST and AH to corner of field to X ST/bridge in corner of field**.** AH across field **(230⁰)** to wood corner by WM, **BL** and continue AH to reach drive by house, **TR** and where drive bears **R** AH on grass TK to corner of fence. where **TR** and continue on **LH** side of field with fence on **L**. Just past bottom corner of field **BL** over plank bridge/ST to RD. **27.86** **Miles GD521184**

25. X RD and **TR** for **25M** (?) **(It would help to put a small stake at this point)** to **TL** on path over green and AH **(190⁰)** to reach to **R** of houses AH**.** X driveway with house to **L** and AH to top end of green keeping trees on **L,** where AH on wide green path to reach and pass thru gate by WM. AH on BW along **RH** side of field with treeline on **R.** Ignore next TK to **L**. At corner, by WM, **TR** onto enclosed path. At end, by WM, X over TK and continue on green path down **LH** side of field with ditch/sparse line of trees to **L**. Continue AH for **1KM** passing two wide gaps to **L**, to where the path **TsharpR** and in **5M** **TL** thru gap in hedge **(Will need some clearing)** to gate AH. **TL** and X ST (3FW marker on other side of ST) and AH for **40M** to pass WM/bridge/ST wooden fence on **L,** to pass thru metal gate by WM AH. AH bearing **R** on green path thru trees (pond on **R**). At corner of fence, by WM, **BR** and AH with pond still to **R** to pass thru metal gate. AH to next WM keeping wooden fence to **L**. AH to junction of fences to X ST and AH to X further ST in hedge onto concrete concourse. AH down drive to RD. **29.68** **Miles GD 508164**

26. **TR**, to pass under motorway and in **35M, X RD With Care** onto BW opposite, passing to **L** of metal barrier. Follow **L** edge of field to **BR** in corner and AH for **500M** to reach yellow topped WM, ignoring WM’s to **L** beforehand. **TL** thru gap into enclosed path to emerge in the open by multi-WM. **TL** and AH on grass path for **750M** keeping ditch and sparse tree line to **L**. At end of treeline continue AH past bridge to **L** to reach wood. Ignore TK to **R** thru wood and continue to end of wood by WM. **TR** with wood on **R** to end of wood **(TL500153)** (**WM no longer exists at this point and needs replacing)** and **TL** (**135⁰)** and AH across field **(Path not in yet)** FP sign opposite exit on RD. **31.04** **Miles GD 502152**

27. **TR** on RD **with care, fast moving traffic** to reach small **50mph** speed restriction sign (**needs cleaning) on L,** where **TL** at FP sign to pass thru gate, over parking area and AH onto enclosed path to exit in open field by WM sign. AH across field (**160⁰)** to RH edge of wood opposite, and AH (**174⁰)** towards power pole/WM. **(Paths across fields not in yet). TR** and AH on wide grass path in line with power poles to buildings. AH past black wooden building (**ACE Reception**) then bear **R** then **L** thru buildings to **TR** at **Balfour Beaty** shedon **L.**  AH thru complex to end of concrete area and AH on grass path. AH **(250⁰)** on grass path toward houses AH, to reach treeline/ditch to **L**, then houses to **R** exit RD by FP sign (**Quickbury Farm**). **TL** on pavement and next **R** into **Sheering Mill Lane** and AH to X railway and river bridges. Continue on pavement to reach **Fairway** on **L**, where **TL** then **R** onto enclosed FP (**No. 27**) and follow path to enter churchyard. AH, past church on **R** and thru wooden gate to **TL** in **Sawbridgeworth Church Hall**. **32.76** **Miles GD 484148**

 **Checkpoint 5. Sawbridgeworth Church House (Post Code: CM21 9AT Opening Times 1530 - 2200**

**Sawbridgeworth (TL 484148) to St Mary Magdalene, Harlow (TL 477084) - (5.57 Miles)**

28. Exit hall and **TL** and **L** into **Vantorts RD** and AH to RD junc. where **TR** towards cream coloured house by bench in corner. At house **TsharpL** onto tarmac path towards long brick wall, and into enclosed **FP 21 (East Drive ½Mile)**. At end of hedgerow on **R**, AH into lane and AH to junc. where continue AH **Warren Park (Private Road)** on **L.** AH to X bridge and into enclosed path to reach RD (**Brooke RD**). X RD and continue AH on **FP 21 (Harlow Mill 1½Miles**). At end of wooden fence on **L before** entrance to park TL on enclosed FP (**FP 23 River Stort ½Mile**). Continue to TK junc., where **TR** on FP (**FP 23 River Stort ¼Mile**). AH to reach and pass through KG, ignoring paths to L and R. **BL** and in **25M** **BR** towards KG AH. Thru KG and AH on boardwalkonto towpath. **TR** on towpath, and AH over bridges onto opposite bank of canal. **TR** on towpath, and AH for **300M** to pass lock and continue AH for **900M** to bridge with metal rails, and in **3M** **TL** (**200⁰)** onto path thru field to reach entrance to tunnel under railway. **TL** under railway bridge and follow track then lane for **1.2KM** to main road. **BL** to cross RD at pedestrian crossing. **BR** by bollards on to old road and AH on **RH** pavement to T junction. **TR** and AH on RH pavement. AH across one side road and then AH across second road (signed to Harlow & Hatfield Heath). Continue AH on pavement for **60M** and then **BL** with main RD into Churchgate St. AH past church and Pub on **R**.  **80M** past pub, **TR** on lane just before road bears left (FP and That Amazing Place signs). Continue along lane passing school playing fields on **L** to reach entrance to ‘That Amazing Place’ on L. Continue on lane for a further **100M** to WM by large tree. **TR** through hedgerow and AH along **LH** field edge. At corner **TL** over plank bridge and continue AH with tree line on R for **400M** to reach and cross metal bridge on **R** (**beware low metal bars at each end**) to exit on road. **TL** and AH to pass thru gate into wood. AH on wide path thru wood to reach compacted path by WM to rear of housing estate.  **BR** for **950M**, ignoring all TKs to **L** and **R** to reach **Barnsley Hall** to **R** and **TL** at **blue** FP sign. **38.04 Miles GD 476098**

30. AH for **1.1KM** on compacted TK on wide green avenue to X RD, X minor path, past **Henry Moore** school on **L**, over further RD and AH in same direction to reach RD. **TR**, and in **110M**, at FP sigh by start of hedge on **L**, **TL** thru wooden KG by FP sign to **R** onto common. AH with tree line to **R** to corner of tree line/hedgerow, where **TR** and **B slightly L** away from houses/tree line to pass fenced off play area toimmediate **R**. AH in same direction for **150M** to X wooden bridge with railsto reach the **White Horse** **PH**, passing over bridge on **R** to RD. X RD (***With care***) into **Church RD** and **TR** in **70M** into CP**.** **38.57 Miles GD 473084**

**Checkpoint 6. St. Mary Magdalene, Harlow (Post Code: CM17 9ND) Opening Times 1630 – 0000 (not a checkpoint on Marshals’ walk)**

**St. Mary Magdalene (TL 477084) to Epping Long Green (TL 434054) - (3.99 Miles)**

31. Exit Hall and **TR** and AH to meet **Latton Street**. **BR** to pass thru **blue** striped bollard to pass under the **A414** to bollards on other side. AH on cycle track for **300M** to barrier. Continue ahead on access road to reach T Junction. **TL** and AH on LH pavement for **1.2KM** passing two single lane traffic restrictions. Continue AH past post box to next side road (low sign on L ‘Lodge Hall leading to Sibneys Green’). **TL** and in **100M**, just before RD bears L, cross road and **TR** on tarmac path between pond and dog poo bin. Continue AH through bollards to 2nd poo bin. In **50m** **BL** at junction and continue ahead passing to L of 3rd poo bin and sports court to exit onto RD (**Extreme care**). Cross road & **TL** on pavement for **100m**. **TR** into Longwood & continue ahead past barrier to reach parking area. (**checkpoint)**. Continue along parking area to pass entrance to Crematorium to go through KG. Continue AH (**220°)** on grass path passing between tall trees. BL with path to reach KG by notice board. Through KG, cross plank bridge and in **8M** **TL** on indistinct path, passing notched MP on R in **20M.** Continue AH **(150°)** on path near edge of wood, passing further notched MPs and keeping Crematorium and later a field a few yards to the left. Exit wood and **TimmedR** with wood now on **R** for **450M**. At wood corner **TL** (**140°)** on path across field. Through hedge to **TR** on Epping Long Green. **41.84** **Miles GD 440060**

32. **TR** and continue on wide grassy path for **1.4KM** ignoring all TKs to L/R to reach board by bollards, where **TR** and in **5M** **TL** onto compacted TK to reach RD. **TL** on road and AH, keeping on grass verge then pavement, towards the last building on **L** where **TL** into CP **Epping Green Chapel. 42.28 Miles GD 435055**

 **Checkpoint 7. Epping Long Green (Post Code: CM16 6PU) Opening Times 1730 – 0200 (not a checkpoint on marshals’ walk)**

**Epping Long Green (TL 435055) to Theydon Bois (TQ 448989) - (6.43 Miles)**

33. Exit CP, X RD ***(*Exercise extreme care, fast RD with blind bend**) and **TL** and AH to **BR** into **PH** car park. **BL** passing **PH** on your **L** and AH on tarmac lane for **470M** to reach farm entrance on **R** marked with **POST** box on fence, **20M** short of gate **TL** thru hedge to exit in open. **TR** and AH for **200M**, to reach white house on L. Continue AH for a further **400M** to pass large metal gate on L. Continue AH for a further **80M** to reach cross track where **TL (160⁰)** on path and X bridge wooden bridge (Caution large high step in the middle) and continue on enclosed TK for **470M**, (Caution large dip after **400M**). At WM **BL** to cross earth bridge into open field. **TR** and AH for **930M**, keeping tree line/hedge on **R** to pass under high tension wire by pylon and continue around on **RH** side of field, bearing **L** in corner (ignore gap **R**) to reach WM/power pole with small transformer on top. **BR** with treeline/hedgerow **R** for **40M** to old tree stump by opening to farm complex on **R (Do not** pass thru**)**, where **TL** on TK with hedgerow/rear of stables to **R,** to exit on lane. **X** to FP opposite by WM sign and **BR** to pass on **RH** side of large green barn. At WM by end of barn, AH down compacted TK and AH on path with hedgerow on **R**. **43.91** **Miles GD 425038**

34. Continue along **RH** side of **2** fields with hedge on **R** for **1KM** to field corner where **TL** for **50M** with hedge on **R** to WM. **TR** thru gap to next WM, **TR** and follow farm track for **1.6 KM** on **RH** edge of field to end of treeline start of hedgerow on **R** hedgerow where **TL** on path between fields then **TR** at hedgerow to reach and pass thru broken gate post by gap in hedge. In **10M** **BL** (**175⁰)** AH on minor TK thru wood with tree line on **L**. AH for **100M** to meet wider cross path where **TL** and AH (**140⁰) for 230M** on TK with wood on **L**, to reach drive with houses to front**.** AH across drive to house AH (**Lower Lodge Cottage**) where **TL** on drive to pass to **L** of gate. AH ignoring path to **R** at end of wooden fence on **R.**  AH for **60M,** and **TR** on wide path to reach and pass through metal gate and AH up hill **(165⁰)** on path to wood. **TL (139⁰)** and AH to corner of wood to **TL** **(144⁰)** on path downhill to reach gap in corner of field (**by red/white maker tape**) where **TR** thru gap with treeline on **L** to reach entrance into wood. **TR** and AH through wood following line of red/white markers on trees to reach track junction by metal fence. (**Exercise caution as depressions on path**) **TR** and AH to cross wooden bridge and AH to **TR** and AH thru tunnel, then AH for **600M** to **BL** and continue AH to exit onto drive thru hedgerow. **TR** (**FP Crown Hill**) to pass thru **RH** side of gate (**Please be quiet when doing so**) and AH to reach RD. **46.85** **Miles GD 430004**

35. X RD to motorcycle/vehicle sign opposite and continue AH for **650M** on tarmac path to pass concrete blocks to reach X TK with wooden bollards to both sides just before barrier/RD. **TL** on forest TK and continue AH for **400M** until it exits on RD. X RD **with care**, thru barrier, and AH for **340M** on forest TK to reach T- junc. **TR** and AH for **300M** to just before barrier to car park. **47.77** **Miles GR 435996**

36. **TL** and in **350M,** just after barrier on **R** to **2nd** car park (***Do not enter***), **FR** and continue for a further **1.3KM** ignoring all side TKs to reach metal barrier and bench by RD. **TR** thru barrier, X RD **with care**. **TL** on pavement for **20M** and **TR** into **Sidney Road** (***Quiet please***) and continue to end of RD. Thru metal hand gate to **R** of entrance to **Theydon Bois Tennis Club** and **TR** on path with tennis courts on **L**, house on **R**. Where path ends **TL**, with tennis courts still on **L** and continue AH to field corner and pavilion (with clock face) where **TL** continuing along field edge for **50M** to **TR** thru hand gate and into **Theydon Bois Scout Hall** and CP.  **48.81 Miles GD 448989**

 **Checkpoint 8. Theydon Bois Scout Hall (Post Code: CM16 7JY) Opening Times 1830 – 0500**

**Theydon Bois (TQ 448989) to Lambourne End (TQ 481947) - (4.90 Miles)**

37. Leave CP, **TR** and AH to RD. X RD and **TL** on pavement. After **150M**, opposite RD junc. and where avenue of trees begins, **TR** onto narrow tarmac FP, passing bench and litter bin to **L**, keeping large green on your **L**. Where houses start keep with small FP as it goes **L** then **R** to reach **Theydon Park RD**. X RD and thru barrier opposite and continue on pavement as it bears **L** into **Green Glade**. Continue round to **R** of green and at end to go AH between houses and over railway bridge to X ST. **BR** and AH down field (**140⁰)** passing two old Ststo ST in corner hedgerow AH. X ST, bridge and ST to **TR** with hedge on **R** and AH for **2** fields. Thru small copse and KG at end to exit on compacted TK. **TL** and uphill on compacted TK with tree line on **L** and AHpassing graveyard on **L,** to reach ***Woodland Trust*** sign on **R,** where **BR** to pass thru enclosed path and metal KG gate to RD. **50.04** **Miles GD 462983**

38. **TR,** pass under Motorway bridge, **keep on R side or RD**, and **30M** past **speed bumps for ½ mile warning** sign X RD (**Caution fast moving traffic**) onto FP, over log/concrete barrier to X ST by **Epping Forest County Care** WM sign by gate. AH along **RH** edge of field to power pole by wooden plank bridge, where AH to next WM. **TR** and AH with treeline/hedgerow to **R**, ignoring path across field to **L**. AH for **240M** to **TR** over bridge with metal rails **(Will need some clearing).** AH to X **2nd** bridge, and in **150M** after **2nd** ST/bridge **TR** at WM over FB with wooden rails **(Will need some clearing)** and **TimmedL** with hedge and deep ditch and stone obstructions on **L** for **350M.** **TL** over earth bridge just ***before*** corner of field. **BR** with ditch on **R** to RD. **TR** for **40M,** then **TL** at broken FP sign and AH with ditch on **L (TQ469976) (Ditch will need clearing as it poses trip hazard)**. X ST **(This area will need clearing)** and AH with tree line/stream on **L** to X **2nd** ST onto enclosed path with electric fence to **R**. X ST, and **AH** on **LH** side of field to reach bridge, where **BR** up bank **(Will need a bit of clearing)** and **TL** to reach T-junc. **51.50** **Miles GD 466969**

39. At T junc. X RD, **TL** to continue along **Ongar RD** for **400M**. Just past traffic lights **TR** into **New Farm Drive** and continue AH on RD for **550M** to reach **North Lodge** on **R,** where **TL** on FP (**Lambourne End 0.8 KM**) thru KG. (***White signs ‘Chalet Kennel’s and ‘Private Road No Turning’)*** to front. **BR** (**135⁰)** diagonally across field to X FB in bottom **LH** corner. Continue uphill in same direction to KGin **LH** corner of wood. AH along path through wood with metal fence to **R** to reach WM where **TL** over FB/ST and **TR** along edge of field to reach and pass thru gap in hedge to drive. **52.39 Miles GD 477960**

40. **TL** on drive and AH to entrance to church where **TR** thru KG and AH on **LH** side of field. At end of hedge on **L**, **B slightly R** for **20M** to X bridge/KG by WM in hedge AH to metal fence in front. AH with fence to right; ignore path thru wood to **L** by WM, and at end of fence pass thru KG and AH with treeline/hedgerow to L. At for **150M** to reach a black shed on **L** where **BL** thru KG and onto enclosed pathwith houses to **R** to exit on RD. **BL** on RD and at junc. **TR** into **Manor RD (*proceed with care*)** signposted towards **Chigwell Road** and in **300M** **TL** into CP and finish. **53.45 Miles GD 481947**

**Congratulation for completing the 3 Forests Way walk from all in the LDWA Essex/Herts Group.**