**EMERGENCY PHONE NO 07427 857003**

**The Essex Walker 2024 (17.5 miles)**

Abbreviations: **AH** Ahead, **BL** Bear Left/Bearing Left, **BR** Bear Right/Bearing Right, **BW** Bridleway, **BWS** Bridleway Sign, **E** Enclosed,  **EB** Earth Bridge, **EP** Enclosed Path, **FB** Footbridge,  **FC** Field Corner,  **FD** Field  **FPS** Footpath Sign, **GR** Grid Reference, **KG** Kissing Gate,  **L** Left,  **LHFE** Left Hand Field Edge**, MP** Marker Post,  **P** Path, **R** Right, **RHFE** Right Hand Field Edge, **ST** Stile, **TK** Track, **TL** Turn Left,  **TR** Turn Right,  **WM** Waymark. **X** Cross/Crossing/Across/Go through.

**1. TL** downhill for 100m to BWS. **TR** downhill with garden on L. **TR** at bottomwith path and cont. AH onto RHFE to MP. **BR,** then immediately **L** onnarrow EP (MP). **BL** on metalled TK to LH bend (WM on fence). **TR** on EP with fence on L to climb steps up to road (FPS). **TL** over bridge. **T** sharp **L** at BWS on EBW with A12 below on L**. TR** at BWS on EBW for 800m, X FB and drive. **AH** on TK, and at LH bend, go **AH** on EBW to meet lane. -Routes diverge here - **AH/L** on lane to LH bend. **AH** X gate and AH on EBW for 180m to X KG on **L**. **AH** with black fence on R to MP. X KG (pond on L), **AH** for 10m, then **TR** X FD to X KG. - Routes converge here - **GR TL 681 000 2.5 miles**

**2.** X drive to X KG. **AH** fence on L to X FB. **AH** down FD with hedge on R to trough. **AH** down next FD following telegraph poles (WMs) to X KG. **BL** X FD to MP **R** of the **barn on L. AH** barn on L to TK. **TL**, then **TR** with TK, passing TK on R after 200m, - routes diverge here - **and AH** topass houses on L. AH on lane to FPS on R. **TR** on EP to FPS on L (Metal bollard in middle of path). **TL** on EP, -routes converge here - AH to X ST, AH LHFE, X ST in FC, **AH** fence on R, to lane. **TR** to **TL** on gravel TK before RD. With seat on R, AH to **X busy road with care.**  X church car park to X gate into churchyard. **GR TQ 687 986 3.9 miles**

**3. BR** on path with church on L. Pass church porch and **BR** on path X graveyard to X gate (WM). **AH** on EP, X FB, and AH to the end of the wooden fence on L (WM). **TR** downhill, over boardwalk, X FB, X 2nd FB, X drive, X 2 more FBs, to open FD. **BL** LHFE to X FB in FC. Follow EP **L**, then **R** at pond, to meet RD. **TL** to Marigold Lane on R. **GR TQ 693 980 5.00 miles**

**4. TR** for 160m to FPS on R. X KG, **AH** on LHFE, keeping barn on R, pass KG, to X KG and FB in FC. **AH** on narrow EP to X ST and FB to lane. **TR** to T junction. **TR** (Goatsmoor Lane) for 300m to BWS. **TL** between brick pillars on BW for 750m, **BR** at gate, **AH** at Xing TK (MP), to MP and BWS. **TL** on E wide BW to T junction. **TR** for 150m to X FB on L (WM). AH RHFE, X FB (MP), and AH on drive to RD. **TR with care facing traffic** for 140m to X RD **with care** to FPS by traffic signs. **TL** on EP to MP and info board. **GR TQ 714 966 7.1 miles**

**5. AH** for 100m to X EB and immediately **TR.** AH for 120m to wide greensward on L and yellow gas hydrant on R. **BL** on path middle of greensward. **BR** as it widens out and X to MP. Follow path around to R, then L, to X FB on L (MP). **TL** to X gap and **AH** on wide greensward. Keep to RH hedge as it **BR** and Xto broken fence. **TR** on narrow path. **AH** at MP with fence on R and follow path to X 2 FBs. **AH** fence now on L to FPS before RD. **TL** with fence to lane. **TR** to School Road and **TL single file** for 300m to checkpoint on L.

**Downham Village Hall GR TQ 726 960 8.3 miles (opens 10.30 am closes 1.00pm)**

**6. TL**, pass pond, and at no.42, X RD **with care** to dog bin. **TL** on narrow concrete path**, BR** before seat to gate (FPS). **AH** on grass path LHFE to FC (ST and seat). **- Routes diverge here - TR** staying in the same FD LHFE (WM). Before next FC, **BL** on narrow path (MP) through wood to X wooden gate (WM). **BR** downhill on concrete path. X gate and AH through farmyard to X ST on R (WM). X ST to meet TK. **GR TQ 723 952 8.9 miles**

**7. TR** for 220m to X FB on R (WM on FB). AH on EP to X FB and KG. **TR** RHFE for 2 sides to X KG in top FC. **AH** on LHFE for 20m to find MP on edge of wood. **TL** to MP and AH on EP and follow to RD. **GR TQ 714 954 9.6 miles**

**8. TR** on pavement to no.47. X RD and AH on Short Lane. At end, **BR** to pass post box, and X Park Lane to FPS. **TL** on drive to WM on fence and **BR** on EP to X FB. **BR** on EP between high metal fences. **AH** X gap in hedge in FC and AH RHFE. **AH** in FC on EP (WM), X FB, X gate**,** AH to X ST to RD (Nags Head PH). **TR** on pavement for 160m to X RD **with care** to BWS at Mill Lane. **AH** on Mill Lane, then AH on wide EBW for 1K to reach Broomwood Lane. **AH** on lanefor another 600m to Byway sign by gate on L. **TL** on EBW to end. **TR** on lane for 230m to FPS on L, 30m before junction. **GR TQ 702 978 12.00 miles**

 **EMERGENCY NUMBER 07427 857003 9. TL** and follow path, passing ST, to FC (MP). **TL** to TK, **TR,** then **AH** to junction. **BR** on Madles Lane to FPS in hedge on R, 60m before T junction. **TL** X gap (MP), AH through garden, and **AH** on narrow EP to lane. **TR** for 40m to FPS on L (dog bin). **TL** on EP with wooden fence on R, X KG (now metal fence on R), to MP. **TR** with fence to RD.  **GR TQ 691 988 13.2 miles**

**10. TL** on pavement to **TR** and pass The Bear Inn. **AH** with chain link fence on L, pass Memorial, and **AH** on pavement for 600m to **X road with care** to grass verge far side of Crondon Park Golf Club entrance. **TR** keepingclose to hedge on L. At end of hedge **TL,** then **R** X gap, and AH on path, which becomes enclosed. **AH** RHFE to hedge corner. **AH** on path (towards mast) to WM on telegraph pole by garden. **AH** (garden on R) to X gap in hedge. **TR** to road. **X busy road with care**  and **TL** on pavement. **GR TL 703 003 14.5 miles**

**11.** **BR** to pass The Ship PH. **TR** on road and X **with care** before bend to X gap at FPS R of gate. **AH** downhill on LHFE (now following wire fence on L for the next 1.3K) X gap and FB in FC, Xsqueeze gate on to EP, X 2 more FBs, to fence corner (gravel). **TR** X bridge (leaving wire fence on L). **TL** on EP with wire fence on R. **GR TL 715 011 15.5 miles**

**12.** X squeeze barrier and FB. AH LHFE for 60m. **BL** X ST, **TR** on EP (warning notice). Follow EP, X ST, pass pond on R, to X ST on to open FD (MP). **TL** LHFE, X KG (WM) paddocks on R, ignore ST in FC, and TR to X 2nd KG. **TL** on TK (paddocks on L) to FPS. **TR** X bridge over A12. **AH** to blue topped post, **BL** X gap (MP), and AH RHFE. X FB, **AH** RHFE, and **AH** X gap in FC. **AH** RHFE to20m before gate. **GR TL 708 022 16.7 miles**

**13. TL** staying on RHFE and AH to X KG. **BR** to drive. **TR** for 80m to **TR** around concrete block on to grass. Follow RHFE to X drive. **AH** on P X FD for 200m (FD narrowing), to meet P near top (gate on R). **TL** to concrete block and **X** **busy road** **with care** to take P opp. **BR** X barrier, AH on greensward. **TL** on P between wood and wooden posts and go **AH** close to edge of wood to X car park (WM). **TR** on greensward for 35m to X green gate on L. Follow P to **Finish. Congratulations! GR TL 702 025 17.5 miles**