**EAST YORKSHIRE LDWA**

**SCARBOROUGH ROCK 2022**

**START AND FINISH – SCALBY PARISH HALL, SCALBY, SCARBOROUGH, NORTH YORKSHIRE, YO13 0RA**

**SATURDAY 15TH JANUARY 2022**

26 or 16 miles over Oliver’s Mount, Moorland, Hackness, Burniston and Scalby

Registration 07:00 – 08:15. Mass start at 08:30. The minimum kit required is Map O/S Explorer OL27 & Compass. Waterproofs. First aid kit & Survival Bag. **MUG (NO MUG NO DRINK).** Extra clothing to keep you warm.

**ENTRY FEE: £10** Entry fee includes badge, certificate and refreshments during & at the finish.

**Please park as directed by the Marshalls**

NAME ………………………………………………………….………………… DATE OF BIRTH (if under 18) ………………………………….

MALE FEMALE WALKER RUNNER VEGETARIAN (Please circle)

ADDRESS ……………………………………………………………………..……………………………………………………………………………………

………………………………………………………………………………….…….……. POSTCODE ………………………….……………………………

EMAIL ADDRESS ………………………………………………………..……………………………………………………………………………………..

TELEPHONE NO. INC STD CODE ……………………….………………………………………………………………………………………………

LDWA NUMBER ………………………………………………… LDWA GROUP …………….……………………………………..……………..

MOBILE PHONE (if carried on walk) ……………………………………………………….……………………………………………………….

CONTACT TELEPHONE NUMBER IN CASE OF EMERGENCY ……………………….…………………………………………………….

ANY MEDICAL CONDITION/INFORMATION WHICH MAY BE RELEVANT IN CASE OF ACCIDENT (Will be in strict confidence)

……………………………………………………………………………………………………………………….………………………………………………

**This is obligatory**. I agree to abide by the rules of the event and to observe the Country Code at all times. I have sufficient knowledge, experience, equipment and navigational skills to take part in a long distance walk in all conditions. I confirm that I am in good health and have no medical condition that may cause undue concern or inconvenience to others. I confirm that I participate at my own risk and that no liability is accepted by the organisers for injury, damage or loss sustained by me before, during or after the event. I will be over 18 years old on the day of the event. I understand that particular rules may apply to entrants taking part in this event and I undertake to make myself aware of these rules before I start.

**You must NOT attend the event if you or any member of your 'bubble' is diagnosed with, or showing symptoms of, Covid 19**

Signed ……………………………………………………………………………….. Date ………………………………………………………………

Name of person responsible for entrant if under 18 years old ……………………………………………………………………..

**ENTRY FEE: £10 Entries close 7th January 2022 or when limit is reached**

I enclose a cheque for …………………………….. Made payable to East Yorkshire LDWA.

Payment by BACS is possible please email [eyldwasr@gmail.com](mailto:eyldwasr@gmail.com) for instructions.

Only one entry per form please. Acknowledgement and results will be sent by email unless SAE is enclosed.

Entries to: Scarborough Rock 2022, 7 Pickering Park, Middleton on the Wolds, East Yorkshire, YO25 9TY

Entry queries – 07927279485 (before 21:00 hours) Email: [eyldwasr@gmail.com](mailto:eyldwasr@gmail.com)

**PLEASE NOTE – STRICTLY NO ENTRIES ON THE DAY – LIMIT 300**