

Devonshire Dumpling 2024/ 30 mile route

TL- turn left, TR- turn right, BL- bear left, BR- bear right, L-left, R- right, AH- ahead, Fb- field boundary, TK-track, x trk- cross track, T-jct- T junction, FP- footpath, KG-kissing gate, X-cross, wm-waymark, sp-sign post, mp-marker post, SWCP- South West Coast Path, CB- compass bearing. SLOT- same line of travel. LHS- Left hand side. RHS- Right hand side.

Budleigh Salterton to Shortwood Common.

Leave hall, X rd carefully to green opposite. Pass outdoor gym on L. At park end continue ahead on pavement on L. X roads called 'Moormead' twice, when safe to do so, X the road. Pass Venture Hall on R, TR towards St Peter's Primary School. X road, L, to go up Bedlands Lane- use pavement on RHS. Ignore all turnings L and R to meet T jct. TL, on tarmac path for 40 yards. Cross carefully to Bear Lane. After 140 yards X bridge over old railway line, continue past Pooh Cottage Holiday Park. Just after the crest of the hill, after East Shorewood House, BR on trk, following green public way sign. After 100 yds ignore sharp turn downhill on L.

Continue on trk uphill. Pass LMG on L. Path starts to slope downhill. After 60 yards turn R at yellow marked public footpath sign. (GR SY 052 837)

After 5 yards go past uphill turning on L, continue down the hill following a green public fp sign

Shortwood Common to Kersbrook

Go past large Douglas Fir on L. When you can see a gate in front of you turn R to find a small path along the r-hand fb. Avoid low hanging branch to reach a SMG with yellow WMs. Carry on down cement slab path. Go through gates (likely open) with stile and yellow WM. Beware of electric fence on L. Go through single strand fence by disconnecting and replacing the 'handle'.

At the next similar 'handle' fence TL, follow with fb on L and you will see a barn on L (Tidwell Farm). Pass WM sign on R, bear R, BL at next WM. Pass timber pile on R. Continue on sandy path. When lane comes to jct TR following green fp sign. At rd (GR SY 059 831) TL- ahead for 300 yds to rd jct on R. TR signed Kersbrook.

Pass by Mill House and Kersbrook Farm on R. Continue ahead ignoring fork on L to reach road jct on R. Opposite Kersbrook House bear R (with public seat on

L), continue towards railway bridge. **Immediately** after bridge turn L up steps to rd.

Kersbrook to Otterton

X busy rd with extreme care. TR and after 5 yards ahead to join lane. TL and go downhill towards chevron. Take new yellow fp on R to cp. At exit to cp on L pick up yellow path again . BL to rd and X new bridge. Using pavement on R, continue to a second bridge. Ignore Coast path to BS sign on R and to Otterton 1.5 on L. Cross the White Bridge (GR SY 075 830) and at next junct, TR. At start of drive way TR, sign will say 'Ladram Bay 3'. On L there is a brick sign for South Farm Court. Take path between the two. (3.69 miles)

Continue on this undulating path. After firs and wooden gate complex on R, TL and after 30 yds R up to join coastal path and TL. Follow path until you see a stone building. Go through gate to pass by Brandy Head 'lookout point' on L (5.75 miles/ GR SY 090 836). After 430 yds in field corner, path will bear to the right. **Follow sign to TL immediately**, 'Permissive Path to Otterton 1.5 miles'.

Take gravelly path between hedges. Go through SMG, bear R to cp with Water Treatment station on R. Carry on down rd, at jct TL following green 'Unmetalled rd' sign. At fork in rd take r-hand turn following green pf sign. Ignore bend on L after 30 yards. Continue to jct , TR and ahead 380 yards. As rd begins to TR look for sign on R 'Maunder Hill, Otterton' and sign on L , green, 'Public bridleway to Clamour Bridge, 0.5 miles. Note sign saying 'All dogs on a lead'.

Look right. In dry weather we will be outside barn, if wet under cover around the back

Checkpoint 1, Colliver Cross, 6.4 miles (Open 9.30 am to 10.30 am)

From CP, ahead 470 yds down enclosed path. There is a tree down at present which is tricky to get over but doable. Go through gate with blue public bridle way sign on L. After 5 yards TR through second gate. In field BL at sign (which remembers Sapper Gilbert J Follett of Otterton parish who died in the First World War, in 1917, aged 32).

When path comes to MG, go through, to join a lane. TR. TL at large oak tree which is 10-15 yards in front of large brick posts. Go down steps to cross Clamour Bridge. TR and continue by the river for 1200 yds to reach steps. Up steps to rd with care (7.5 miles, ascent 705 ft)

Otterton to East Budleigh

X rd, TL, AH 25 yards ignoring first fp on R and take second fp on R (signed fp Bicton Church 0.5 mile). X smart, new footbridge. Continue with stream on R. Later, when you see a wooden bridge on R, BL with path to reach road.

CROSS WITH EXTREME CARE/ VERY BUSY ROAD

TL and AH 30 yds to gap in wall on R, TR and ahead between walls passing the Mausoleum on your R, TL with path in corner and at T jct, TR between huge gate posts with green public bridleway signs. Ahead 250 yards towards old farm buildings; just past buildings, on L, go through gateway. Continue to a LMG, go through, TL immediately. Follow fb for 100 yards to metal stile, go through, TL, take path slightly above the rd.

After 180 yards look for fp sign on r-side of carriageway. TR up steps to kg, thro' kg to field and AH with fb on L to kg, thru kg with tennis courts ahead of you. TR at public seat. TL on path on r-side of sports pavilion. Follow pathway to gate, TR onto rd. With church ahead of you TL (on your right will be a blue statue of Sir Walter Raleigh). Head down High Street. Opposite the Sir Walter Raleigh Inn TR into Hayes Lane. (After some 60 yds there are toilets on the R). (9 miles)

East Budleigh to Yettington

Carry on minor rd out of village. After 480 yds look for power station on R with metal barred fence. TL at sign for metalled road. The lane leads to LMG on R. Slightly to L of that, go through stile marked with green fp sign. Carry on up lane. Take metal stile to L of LMG.

Hopefully there are fine views to your L of East Devon's coast. Towards the end of cement path BR to LMG to the R. Go through stile/ MG to L. TR into Hayeswood Lane. (11.1 miles).

Ahead for 470 yards. Ignore turning to R leading to Danger sign. Look for MG on R (which should be left open). Follow pf sign, carry on uphill past 'Bicton Shoot South sign (and need to keep dogs on a lead). At crest follow on ahead, when you see yellow wm sign at fork, with white cottage ahead of you BR. Follow path around to the left past Hayeswood Cottage with High Security System shed on R. Follow the trk/ lane ahead with hedge on L and open field on R.

ASIDE-

Look ahead of you and to the left to see an 'E' shaped Elizabethan manor house. Walter Raleigh was born here at Hayes Barton Manor. A long-term favourite of Queen Elizabeth he fell out of favour with James 1st. He faced death bravely with his last words being 'Strike, axeman, strike'.

At bottom of lane cross rd to come to SMG opposite following green pf sign. Follow around to R, then L and downhill. Where green lane comes to an end avoid No Entry on L and do not go R (to barn). Carry on down metalled, gritty road opposite. After 40 yards BL by large telegraph pole with yellow wm sign at its base. After 60 yds ignore R hand turn into field on R. Carry on uphill with field edge on R. Cross lane into lower field, still following R-hand field edge to come to an SWG. Where path meets minor road TR past 'Josh's fabulous free range eggs'. Pass by 30 mph speed limit signs to jct. TL

This section of road can be very busy with cars approaching the village fast. Keep L, as near to stream as possible. After 500 yards look for Public Bridleway green sign. TR there. Carry on fp to R of the low metal barrier. Path will move around to the R. After 50 yds at fork in path BR by blue public bridleway sign. 10 yards after gates on both L and R, follow path to the L (do not go uphill). Follow blue public bridleway sign. Path continues through pine forest. At next fork BL following public bridleway sign. The path will turn into a flinty one which ascends to join a second path. TL. Carry on on broad path, passing blue public bridlepath sign on R.

Take no turnings either to L or R.

When two paths appear on L ignore both. You will see a blue public bridlepath sign on R, ignore to continue uphill. Continue on central path with bracken on L, trees on R. Where path joins from left by solitary tree, TR up path by large holly tree. Carry on to wm, bear left uphill, pass East Devon Way sign, ignore rh path to find, under beeches;

CHECK POINT 2. Woodbury Castle (13.6 miles/ GR SY 032 872) Opens 10 am, closes 1 pm.

Woodbury to Exton

From CP, straight on to car park exit, carefully. X rd with extreme care/ limited visibility in both directions. TR following green public bridleway sign on R. BL downhill on other side of low metal barrier. Ahead for 170 yards to X tracks.

Bear around to R. Cross green barrier with markings 'Link East Devon Way' on L. Carry on down lane. After ruins on R, now very hard to see, carry on downhill on broadpath, bearing 284. Continue ahead at blue bridleway sign and pink/ purple Link East Devon Way signs. Ahead uphill, ignoring first gate to L, go through SMG signed Link East Devon Way. Keep R to field edge. Go by LMG on R to reach more gates. Ahead through gate with blue public bridleway sign. Keep on clearly defined path. TR through gate (with blue and pink/purple signs as previously). **This section is likely to be extremely muddy**

Keep squelching(?) for another 150 yards to reach a gate. Go through, to rd, TL. (GR SY 020 876). This is Castle Lane. After 80 yards TR opposite a sign which will say Woodbury 0.5 miles. Continue downhill from Cottles Farm House. Carry on with houses on L and R to T jct. X rd and TL. In 160 yards you will reach a stone cross. Continue on on SLOT for another 350 yards ignoring turnings to both L and R. Carry on past sp marked 'Village Centre 0.25 miles'. Pass a sign for village hall/cp/toilets. Continue on pavement on RHS of street. Pass by The Maltsters Inn on L and the White Hart on the R. X over Church Stile Lane carefully. Cross rd, to reach recycling shop by rd. X at zebra X-ing, TR and after 15 yards TL into Gilbrook.

Use pavement on RHS. Pass Beeches Close on L, take the bridge over the Gilbrook. Follow green public fp sign to the R (also marked East Devon Way Link- GR SY 006 868). Keep L of Woodbury car breakers' business. Keep L with stream on L. After 300 yards reach KG. Go through, keep fb on R. Path veers L to next KG. X rd to footbridge opposite. Follow public fp green sign. BR keeping close to fb with stream on R. Arrive at next KG (with warning about dogs on leads). Go through, follow feint fp on the line of bearing 285.

Path leads to foot bridge. Mind head on brambles. Go through small double gates. Continue on fp which makes its way down field on RHS, near barbed wire fence. On L there should be a line of a dozen oak trees. **Ignore** footbridge on R. Go through metal fence- sheep may be grazing here. Carry on with barbed wire fence and stream on R.

TR to cross footbridge, then L on well worn fp which leads to MG. Go through gate with yellow and also green fp signs. Ahead on 260 degrees on, hopefully, visible path. Arrive at LMG- go through smaller gate on R (marked East Devon Way Link). As path joins minor rd, TL.

Pass by bridge over stream. At jct with another minor rd, TL. Following signs. EDLW. Continue on rd till you see busy A376. TR, then after 5 yards use pelican X-ing to X road (GR SX 984 863). TL, then TR to enter Station Rd. X road to make use of pavement. Pass church, then village hall on R. Continue past

playground to bend, pass by Barton Close on R and when road bears L, continue. Find fp sign for 'Station ¼ mile'. X rd to pavement. Cross Nursery Close and carry on SLOT. At end of walkway X rd and TL, taking Exe Estuary trail, marked 'Lympstone 1.5, Exmouth 4'. (17.84 miles)

NB. This path is shared with dog walkers, runners and cyclists. Each one in pursuit of a personal best. Be careful and considerate. Keep L

Wooden walkway starts. Few directions are needed now until we cross a bridge to get to Lympstone railway station...

However....pass sign with some details on Royal Marine recruitment training. Straight on at wooden gate junction. Do not consider turning L; your LDWA membership card does not cut the mustard here. (GR SX 982 857)

Pass by Exe Estuary sign and two gas posts opposite. Pass under metal railway bridge, and steel tower construction. At top of slope where pink sign on L points R, TR to cross old stone bridge over railway trk. TL at end of bridge past Exe Estuary trail sign. TR down slope to Lympstone station. Go through staggered gates, through cp, looking for pedestrian walkway on L to street.

X rd to The Swan Inn, continue down main street through village. Avoid turning L or R. Pass 'the Gallery' on R and 'Underhill' on L. Look for Quay Lane (private road) on R, then follow rd L up Sowden Lane.

Beware no pavements for some time now.

Carry on past High Cliffe Close on L and Cliff Barton on R. Continue downhill. With public seats on R (area known as the Rag) and pebbly beach ahead, follow rd to L. Continue towards railway bridge.

ATTENTION! JUST BEFORE bridge, TR past signs and to L immediately. Carry on on enclosed fp with metal fence on L and wooden panels on R. Continue with railway line on L. Pay attention when hedge recedes on R leaving shelving wall to beach and river. X bridge over beach. Follow green public fp sign which leads into field, following broad green path ahead. Pass entrance to beach on R with sign 'Exmouth Wildlife Refuge'. Pass bench on R, follow green swathe to TL to find metal gate.

CAUTION- X main Exeter to Exmouth railway line. TR on enclosed fp. Where path meets metalled path TR (shared use path). Pass blue disc re Exmouth Society on L. Pass Exe Estuary sign to join rd. When road widens follow sign for EDW on R, carry on on pavement. Ignore Halsdon Avenue on L and keep by water overflow channel on R. BR to X bridge over this channel. At entrance to park find:

Checkpoint 3, Carter Avenue, Exmouth , 21.22 miles. Open 12 midday, closed 3.40 pm

Follow path around outside of park. On exiting park carry on main rd to Exmouth keeping railway line on R. Pass station on R. Take path to R of subway and to L of M and S Food Hall. Pass Estuary cp on R. At end of cp cross rd with Exmouth Rugby Club opposite to enter Langerwehe Road. Continue on SLOT.

At bend in rd, at Camperdown Terrace cp, X rd, TL into Shelley Reach. Pass by Harbour Court on L. TL into unmarked fp (just before advertising boards for Exmouth Quay). TR at end of lane and L into Quay area. Pass flats on L. Bear L at Seaward Chandlery. X rd towards Stuart Line Cruises. Join the pavement- the R hand is for walkers/runners.

Pass by 'Pavilion', 'Ocean' building and Exmouth Rowing Club all on L.

Where rd bends to L, carry on on Esplanade with Ice Creamery on R. Go by complex of wood built shops on L and colourful beach huts on L. After Lifeboat Shop building on R, cross rd ahead, keep to L of Forte's Café

NB Public conveniences on R, if needed

Enter gate to Foxholes cp. Go straight ahead to boundary wall opposite- TAKE CARE as this goes across cp exit- TR to follow low wall to sign (Orcombe Red Rocks). TL immediately after sign to continue up slope. Take stone staircase on L, marked Coast Path with arrow. At top of steps TR. (22.5 miles). Continue up slope. Avoid L turns, stay on coastal fp with wooden fence on L with bungalows behind. Pass NT sign 'High land of Orcombe'. Ignore coast path sign on R, follow sign for Orcombe Point and Geo Needle. Ignore sign on L, 'permissive path'. BL at Geoneedle. Path goes through a section with brambles on both sides. Pass fp sign on L to Gore Lane, pass public bench on R.

FP bears to the L and to the R, through opening and down to bear L. Take wooden steps or slope down to sign, NT The Highland of Orcombe. BL through SWG. Follow sign on R 'Sandy Bay 0.3 miles, Budleigh 2.5 miles'. Keep close to R side fence. Re-join metalled rd, carry on ahead between mobile homes.

Look for Green and Yellow fp sign on L, 'Coast Path' to R. Go through café area, with outdoor tables. At end of wall TR. Take the higher of two paths (ie the one that doesn't lead down to the beach). Follow sign, Coast Path to Budleigh 2.5 miles. At end of metal railing TL. Pass DCC Ministry of Defence sign and coast path sign. Follow path around outside of complex. At fp jct TR up slope. Signed 'Budleigh 2.25 miles'. Continue with wooden fence to top of slope. When path joins rd TL and after 10 yards TR by mobile home following Acorn and Coast

Path sign. After last mobile home keep left of metal tower with large rock. X field always keeping the line of homes on L. At bottom of field just before privet hedge (and dog poo bin!) TL into cp. BR. In R hand corner follow sp, 'Budleigh Salterton' with Acorn.

Bench on L tells a sad story.

Continue up between mobile homes on L and cliff fence on R. At top of hill follow fp to R of mobile homes between blackthorn hedges. Go through SWG with yellow wm sign. Path follows R-side fb and leads to SWG. Continue down high, hollow wooden steps, cross wooden foot bridge to next SWG.

Heed the warning re unfenced cliff on R. Keep fence and bushes on R to reach steps. BR and follow fb on R to SWG. After 12 yards TR up slope. Path bends to R by bench, ATTENTION! **at fp junction TL following fp sign 'Knowle 1 mile'**.

Continue on path with gorse on both sides. Pass water treatment site on L. Where fp meets with Golf Links course TR. Follow fp to L of ninth tee.

At fp sign on R follow green fp sign to Knowle. Pass yellow wm sign down lane. Continue past Castle Lane sign. Ahead at public fp sign. Walk around LWG. TL and join a jct quickly, bear R. Look for blue signs on L on carriageway 'Budleigh Salterton, Exmouth, cycles, pedestrian'. TL. Go through fence with 'No Parking' sign and pass cycleway sign. Bear L on footway to old railway line. **TR (back on yourself)** to join lower path.

Go under railway bridge. Pass sign on R, 'Bear Lane 750 metres'. Go under another bridge. At blue sign marked 'Budleigh Salterton' on L, join rd to TR. At jct, X rd, TL following sign saying 'Sidmouth 7'. After 40 yds TR into Bedlands Lane. X rd to use pavement. Ignore all turnings on L to come to rd jct. Cross rd to school, TR. TL around corner, X rd to join pavement. Where pavement ends, enter 'The Green'. Pass shelter on R and outdoor gym.

Cross rd carefully to Village Hall. WELL DONE! Fantastic effort! You have finished your challenge. Pasty, tea or coffee, certificate and conversation to come

30 miles

Ken Grose

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