

Devon Dumpling 2024/ 18.9 mile route

TL- turn left, TR- turn Right, BL- bear left, BR- bear right, L-left, R- right, AH-ahead, FB- field boundary, TK-track, x trk- cross track, T-jct- T junction, FP-footpath, KG-kissing gate, X-cross, wm-waymark, sp-sign post, mp-marker post, SWCP- South West Coast Path, CB- compass bearing. SLOT- same line of travel. LMG- Large Metal Gate. SMG Small metal gate. LWG- Large Wooden gate. SWG Small wooden gate , rd is road.

Leave hall, X rd carefully to green opposite. Pass outdoor gym on L.. At park end continue ahead on pavement on L. Cross two roads called 'Moormead'. When safe to do so X the road. Pass Venture Hall on R, TR around St Peter's primary school. Cross road to go up Bedlands Lane- use pavement on r-side. Ignore all turnings L and R to meet T jct. TL, on tarmac path for 30 yards. Cross carefully to Bear Lane. After 140 yards cross bridge over old railway line, continue past Pooh Cottage Holiday Park. Just after the crest of the hill, after East Shorewood house BR on trk, following green public way sign. After 100 yds ignore sharp turn downhill on L.

Continue on trk uphill. Pass LMG on L. Path starts to slope downhill. After 60 yards turn R at yellow marked public footpath sign.

After 10 yards TL, again marked with a green sign, public footpath.

ATTENTION! Do not carry on down the hill.

Carry on up the hill to reach a more open area, continue on obvious path. When path meets X tracks, continue ahead on SLOT. On L side of fp there will be a yellow marker. Continue ahead for five yards , then BL to metal gate. Go through, TR. Keep to r-hand field edge, shortly going by another gate complex. Carry on down the r side of field to reach metal gate to R of larger gate. TL down track/ road (likely to be very muddy. This is Hayeswood Lane. **1.7 miles walked.**

Ahead for 470 yards. Ignore turning to R leading to Danger sign. Look for MG on R (which should be left open). Follow pf sign, carry on uphill past 'Bicton Shoot South' sign (and need to keep dogs on a lead). At crest follow on ahead , when you see yellow wm sign at fork, with white cottage ahead of you BR. Follow path around to the left past Hayeswood Cottage with High Security System shed on R. Follow the trk/ lane ahead with hedge on L and open field on R.

EMERGENCY NUMBER: 07446 341480.

ASIDE-

Ahead and to the left of the drive you will see the white, 'E' shaped Elizabethan Hayes Barton Manor. Sir Walter Raleigh was born here. He became a favourite of Elizabeth 1 but did not fare so well under James 1. Finally, in 1613, he was executed. He faced death bravely with his last words being 'Strike, axeman, strike'.

When you come to rd junction, x rd carefully. Come to SMG opposite following green pf sign. Follow around to R, then L and downhill. Where green lane comes to an end avoid No Entry on L and do not go R (to barn). Carry on down metalled, gritty road opposite. After 40 yards BL by large telegraph pole with yellow wm sign at its base. After 60 yds ignore R hand turn into field on R. Carry on uphill with field edge on R. Cross lane into lower field, still following R-hand field edge to come to an SWG. Where path meets minor road TR past 'Josh's fabulous free range eggs'. Pass by 30 mph speed limit signs to jct. TL (2.9 miles walked).

This section of road can be very busy with cars approaching the village fast. Keep left, as near to stream as possible. After 520 yards look for Public Bridleway green sign on r-hand side of rd. TR there. Carry on fp to R of the low metal barrier. Path will move around to the R. After 50 yds at fork in path BR by blue public bridleway sign. 10 yards after gates on both L and R follow path to the L. (Do not go uphill). Follow blue public bridleway sign. Path continues through pine forest. At next fork BL following public bridleway sign. The path will turn into a flinty one which ascends to join a second path. TL. (3.8 miles). Carry on on broad path, passing blue public bridlepath sign on R.

Take no turnings either to L or R until we reach CP1 at Woodbury Castle.

When two paths appear on L ignore both. You will see a blue public bridlepath sign on R continue uphill. Continue on central path bracken on L, trees on R. Where there is a solitary tree on L, X to take path on R by large holly tree. Carry on with trees on R to wooden mp, bear left uphill, past EDW sign. Ignore rh path, on R, under beech trees-

CP 1 WOODBURY CASTLE (4.9 miles/GR SY 032 872)

From walk carefully across CP to its exit. X rd with extreme care. TR following green public bridleway sign on R. BL downhill on other side of low metal barrier. Ahead for 170 yards to X tracks. Follow track around to R. Cross low

EMERGENCY NUMBER: 07446 341480.

green barrier with markings 'Link East Devon Way'. Carry on down lane. After ruin on R, now very hard to see, carry on downhill on broad path, bearing 284. Continue ahead at blue bridleway sign and pink/ purple Link East Devon Way signs. Ahead uphill, ignoring first gate to L, go through SMG signed Link East Devon Way. Keep R to field edge. Go by LMG on R to reach more gates. Ahead through gate with blue public bridleway sign. Keep on clearly defined path. TR through gate (with blue and pink/purple signs as previously). **This section is likely to be extremely muddy**

Keep squelching(?) for another 150 yards to reach a gate. Go through, to rd, TL. (GR SY 020 876). This is Castle Lane. After 80 yards TR opposite a sign which will say Woodbury 0.5 miles. Continue downhill from Cottles Farm House. Carry on with houses on L and R to T jct. X rd and TL. In 160 yards you will reach a stone cross. Continue on SLOT for another 350 yards ignoring turnings to both L and R. Carry on past sp marked 'village centre 0.25 mile'. Pass a sign for village hall/cp/toilets. Continue on pavement on r-side of street. Pass by The Maltsters Inn on L and the White Hart on the R. X- over Church Stile Lane carefully. X road, to reach recycling shop by road. X at zebra X-ing, TR and after 15 yards TL into Gilbrook.

Use pavement on r-side. Pass Beeches Close on L, take the bridge over the Gilbrook. Follow green public fp sign to the R (also marked East Devon Way Link). (GR SY 006 868). Keep left of Woodbury car breakers' business. Keep L with stream on left. After 300 yards reach KG. Go through, keep fb on R. Path veers L to next KG. X rd to foot bridge opposite. Follow public fp green sign. BR keeping close to fb with stream on R. Arrive at next KG (with warning about dogs on leads). Go through, follow feint fp on the line of bearing 270.

Path leads to footbridge. Mind head on brambles. Go through small double gates. Continue on fp which makes its way down field on R side, near barbed wire fence. On L there should be a line of a dozen oak trees. Ignore footbridge on R. Go through metal fence- sheep may be grazing here. Carry on with barbed wire fence and stream on R.

TR to cross footbridge, then L on well worn fp which leads to KG. Go through gate with yellow and green fp signs. Ahead on 260 degrees on, hopefully, visible path. Arrive at LMG- go through smaller gate on R (marked East Devon Way Link). As path joins minor rd, TL.

Pass by bridge over stream. At jct with another minor road, TL; following signs for EDLW. Continue on rd till you see busy A376. TR, then after 5 yards use pelican crossing to X road (GR SX 984 863). TL, then TR to enter Station Rd. X

EMERGENCY NUMBER: 07446 341480.

road to make use of pavement. Pass church, then village hall on R. Continue past playground to bend, pass by Barton Close on R and when road bears L, continue. Find fp sign for 'Station ¼ mile'. X rd to pavement. Cross Nursery Close and carry on SLOT. At end of walkway X rd and TL, taking Exe Estuary trail, marked Lympstone 1.5, Exmouth 4.

NB. This path is shared with dog walkers, runners and cyclists. Some in pursuit of Personal Bests. Be careful and considerate. Keep L.

Wooden walkway starts. Few directions are needed now until we cross a bridge to get to Lympstone railway station...

However,..... Pass sign with some details on Royal Marine recruitment training. Straight on at wooden gate junction. Do not consider turning L. Your LDWA membership card does not cut the mustard here!

Pass by Exe Estuary sign and two gas posts opposite. Pass under metal railway bridge, and steel tower construction. At top of slope where pink sign on L points R, TR to cross old stone bridge over railway trk. TL at end of bridge past Exe Estuary trail sign. TR down slope to Lympstone station. Go through staggered gates, through cp, looking for pedestrian walkway on L to street.

X rd to The Swan Inn, carry on down main street through village. Avoid turning L or R. Pass 'the Gallery' on R and 'Underhill' on L. Look for Quay Lane (private road) on R, then follow rd L up Sowden Lane.

Beware no pavements for some time now.

Carry on past High Cliffe Close on L and Cliff Barton on R. Continue down hill. With public seats on R and pebbly beach ahead, follow rd to L. Continue to railway bridge. (10.6 miles)

ATTENTION! JUST BEFORE bridge, TR past signs and to L immediately. Carry on on enclosed fp with metal fence on L and wooden panels on R. Continue with railway line on L. Pay attention when hedge recedes on R leaving shelving wall to beach and river. X bridge over beach. Follow green public fp sign which leads into field, following broad green path ahead. Pass entrance to beach on R with sign 'Exmouth Wildlife Refuge'. Pass bench on R, follow green swathe to TL to find metal gate.

CAUTION- X main Exeter to Exmouth railway line. TR on enclosed fp. Where path meets metalled path TR (shared use path). Pass blue disc re Exmouth Society on L. Pass Exe Estuary sign to join rd. When road widens follow sign for

EMERGENCY NUMBER: 07446 341480.

EDW on R, carry on on pavement. Ignore Halsdon Avenue on L and keep by water overflow channel on R. BR to X bridge over this channel ahead to find;

CHECKPOINT 2, Carter Avenue. 12.1 miles walked.

Return to park entrance and TR. Use pavement on L side of carriageway. At end of pavement with Highland Cars on L, X-rd half L to L-hand pelican crossing, X rd (NB: There are two pedestrian crossings, please take the one further to the L.)

TL, then take first rd on R, Lyndhurst Rd. Carry on to end of rd. TR and in 10 yards cross road at lights. TR, carry on up l-hand pavement and turn L into Phear Park. Take pavement on L and continue uphill. Carry on past shelter. Before cp entrance (near cafe and toilets) TR onto grass. Diagonally X golf course to L towards park exit. Re-join path and in corner of field follow sign , L, 'Budleigh Salt 4 miles'. The L side of the pathway is yours. Ahead pass under railway bridge. When you join rd, TR. At T junct, Littleham Cross, TR, then immediately X road at lights. TR, after 30 yds TL into Barnfield Avenue. At end of rd X carefully into Douglas Avenue. Ahead 70 yds to rd jct at Buckingham Close. X close and go ahead for 480 yds. Pass Dunsford Close on R and Merrion Ave on R.

Attention! With Mayfield Drive on R, take the path, marked Public Footpath on L (by dog waste bin). After 15 yards avoid R turn downhill. Carry on following 'Permissive Path' sign. At fp sign BR. IGNORE fp sign on L side. Pass through WG with much larger MG on R. X cement planks to similar gate- go through. Secure gate behind you. Continue on enclosed path to stream. Take cement path to R, X footbridge and continue uphill. When lane joins a road, TR. After 150 yards TL into Gore Lane. Pass Bonds Farmhouse on R. Keep to rd, bearing L and at crest of hill look for turning on R, (GR SY 024 799) ' Permissive path to Coast Path'. Keep to top of field.

Continue through gate (probably open), through KG in field. Keep fb on L, to next fp sign. Go through gate, TL, at 'Highlands of Orcombe'.

Carry on on fp. Fine view of Firing Range on R. Follow steps downwards . Go L at gate, 'Highland of Orcombe'. Follow fp sign 'Sandy Bay 1/3 mile, Budleigh Salterton 2.5'. Keep to path on outside of holiday chalets. Carry on at sign post 'Coast Path Sandy Bay'. Find metallised track, TR to follow path around outside of Tool Care and café area. Follow Coast Path sign at café . Take higher fp signed 'Coast Path, Budleigh Salterton 2.5 miles'. Follow path at the very back of the complex. At sp ignore Coastpath shortcut to L and carry on uphill to

EMERGENCY NUMBER: 07446 341480.

R, signed 'Budleigh Salterton 2.5 miles'. Up steep slope. At top TL, then immediately R.

Sign says Coastal footpath with acorn symbol. Follow path around chalets. At metal tower with white rock TL, downhill. By bins, TL between chalets, then R to cross cp. Pass to L of Otter Cove sign, pass sign, before rock, 'Coastpath Budleigh Salt'.

Carved seat on L tells the sad story of Tom Aldwinkle who lost his life trying to save his dog, Mac, near here. 16.73 mile.

Carry on up hill to the R of chalets. Take fp at top of hill. Pass through gate into field with sign 'Budleigh 2 miles'. Go down and up steep steps to reach another field. Keep to the path by hedge on R. Follow field to steep steps. Bear around to R with path. Go through gate at top of field, follow path to L. Bear R at seat. Ignore fp sign to 'Knowle 1 mile', carry on up slope following fp sign Budleigh Salterton 1.5 miles.

VERY few instructions are needed now. Keep sea on R and do not turn inland and all will be well.

A few pointers. Descend (largely) pine wood. Path levels out. Carry on with stream on R. At yellow wm sign continue ahead, ignoring steps on L. At Jct with wm sign pointing L, carry straight on. At end of copse, fp opens up with detached homes on L. Carry on on SLOT. Path will lead to a wider green/play area. These are the Jubilee Fields. Keep to R of field. Follow sign saying Coastpath on R. Exit field on R following Coastal Path fp sign. Path moves to L, then left again. **IN 10 metres do not turn right with fp sign**. Carry on down broad steps to the bottom of Victoria Place. When you meet the road TR. After 10 yards use crossing at lights to X rd safely. TR, and immediately L, into Station Rd. Pass Council Chambers (for sale) on L. The next building on L is the Village Hall.

WELL DONE! YOU HAVE COMPLETED YOUR CHALLENGE. Refreshment, conversation and certificate await you!

18.9 miles.

Ken Grose

EMERGENCY NUMBER: 07446 341480.