**THE GREENSAND RIDGE WALK IN A DAY   
SATURDAY 10TH JUNE 2023**

**INFORMATION SHEET**

**Leighton Buzzard**  
The coach will leave Leighton Buzzard Railway Station forecourt at 5.45 am prompt.  
The station address is Station Approach, Linslade LU7 2LY.  
We will be travelling with **Bill’s Coaches.**

**Parking at the station** There are three car parks, all adjacent to the station (see map).   
They all cost £6.90 for the day on Saturday. They are all cashless. See image below for payment methods. **Note make sure you park in the parking area you have paid for**see [leighton buzzard station parking](https://www.bing.com/search?q=leighton+buzzard+station+parking&qs=HS&pq=leighton+buzzard+station+parking&sc=4-32&cvid=0CA1ADF99EBE410C959BA04DD499712C&FORM=QBRE&sp=1&lq=0)   
**If you park elsewhere, please leave ample time to walk to the station.**



**Walk Start: Gamlingay (GR TL 227 532)**  
Please be ready to start walking as soon as we leave the coach.   
 **GENERAL INFORMATION**

**Please bring your own mug.**

**You will also need a torch/head torch.**As is usual on LDWA walks, we advise that you have your *In Case Of Emergency* sheet/card with you - please make sure that it's up to date. We also recommend a small personal first aid kit be carried, together with a **survival bag/space/foil blanket.**

Maps that cover the walk Landranger 153 and 165 Explorer 192, 193 and 208.

We’re walking east to west. A series of leaflets covering the walk (numbered from west to east though) and a gpx file can be downloaded from the LDWA website here [Greensand Ridge Walk - LDWA Long Distance Paths](https://ldwa.org.uk/ldp/members/show_path.php?path_name=Greensand+Ridge+Walk)

**We will be adopting a 7 stop strategy with 2 indoor stops (8 miles and 21.6 miles}  
You will be able to top up your water at every stop.  
There are toilets at the two indoor stops.**

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| **Stop** | **Cumulative Distance** | **Approx Arrival/ Length of stop** | **On Offer** |
| **Northill Church Hall (Indoor)**  Sand Lane, Northill | 8 ml | 9.20am  Length of stop 30 mins | Hot/cold drinks  Walkers’ pre-chosen choice of bacon/veggie sausage roll,  as well as cereal bars, bananas |
| Support Point **A600 Road Crossing** (nr Haynes) (Outdoor) | 12.8ml | 11.15 am  Length of stop 10 mins | Cold drinks.  Selection of snacks including Crisps/Cheddars/ Flapjack/choc bars/jelly babies/mint imperials |
| Support Point **A6 Road Crossing** North of Clophill (Outdoor) | 18.0 ml | 1,15pm  Length of stop 10 mins | Cold drinks.  Selection of snacks including Crisps/Cheddars/ Flapjack/choc bars/jelly babies/mint imperials |
| **Ampthill**  **(Indoor)** Ampthill Town Football Club Woburn Road, Ampthill  MK45 2HX | 22.3ml | Approx arrival 3pm Length of stop 45 mins | Hot/cold drinks  Walkers’ pre-chosen choice of food – Including sandwiches/dessert/fruit/snacks |
| Support Point **Ridgmont – Segenhoe Old Church** (Outdoor) | 27.7ml | 5.40pm  Length of stop 10 mins | Cold drinks.  Selection of snacks including Crisps/Cheddars/ Flapjack/choc bars/jelly babies/mint imperials |
| **Woburn Car Park** (Outdoor} | 33.0ml | 7.40pm  Length of stop 20 mins | Hot/cold drinks  Sandwich pack - walkers’ pre-chosen choice, as well as other snacks |
| Support Point  **Brickhill Road Nr Heath & Reach**  (Outdoor) | 37.2ml | Length of stop 10 mins | Cold drinks.  Selection of snacks |
| **FINISH Leighton Buzzard canal bridge (Tesco)** | 41.8 ml | ETA 11pm |  |

It is about half a mile from the end of the Greensand Ridge Walk to Leighton Buzzard station.

**Certificate**  A commemorative certificate will be emailed to all walkers after the event.

**Mobile phone numbers on the day:**  
Gill 07790 976090 Start and walking  
  
Terry 07932 627476 Support Team + leading Woburn to Leighton Buzzard  
Norman 07980 378656 Support Team

Mary 07554 661519 At Ampthill  
Sarah 07925 849281 At Ampthill