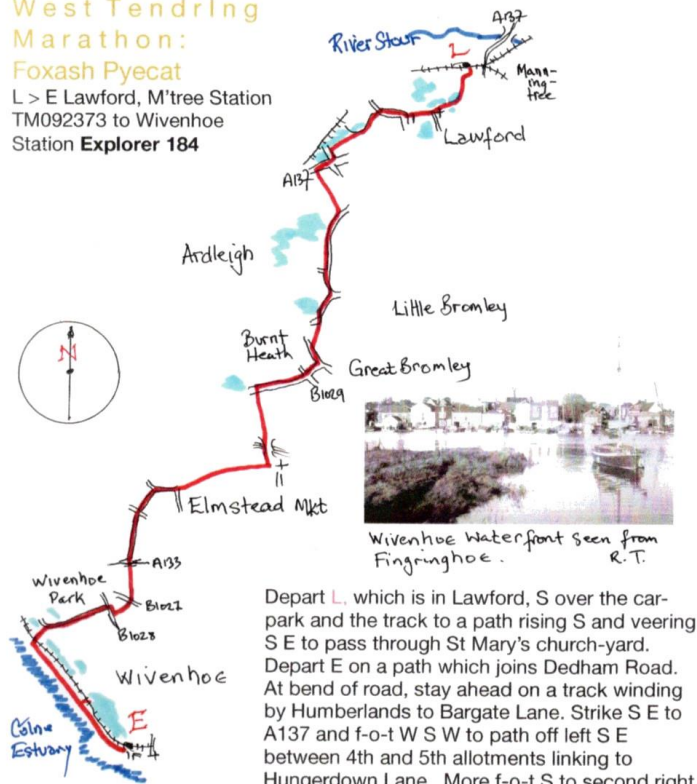


West Tending Marathon: Foxash Pyecat

L > E Lawford, M'tree Station
TM092373 to Wivenhoe
Station **Explorer 184**



Depart **L**, which is in Lawford, S over the car-park and the track to a path rising S and veering S E to pass through St Mary's church-yard. Depart **E** on a path which joins Dedham Road. At bend of road, stay ahead on a track winding by Humberlands to Bargate Lane. Strike S E to A137 and f-o-t W S W to path off left S E between 4th and 5th allotments linking to Hungerdown Lane. More f-o-t S to second right

turn on Waterhouse lane as far as its bend. Chamfer S S W to Briar Road which bend right to cross B1029 road to Colchester Road. Finish f-o-t where cables are pyloned across, and go S on track to Elmstead St Anne's. Head W from T junction of tracks through Allen's Farm curving S E to fork right for more f-o-t on road and fork left at junction for Pyecat Corner. F-o-t S to cross A133 to path S over B1027 still S bending W to B1028. Sidewalk N W to go W on Boundary Road in Wivenhoe Park. As the road dips and swerves N, stay by the left-side boundary down to join the Colneside cycle path. Use the cycle track down-stream to Wivenhoe Station **E**

For details E > F see page 18

Walks In Colne Zolne: Share Tendency E > F Wivenhoe Station TM037217 to Point Clear TM082157

Explorer 184.

Depart **E** S to waterside and chase the edge downstream beyond the Flood Barrier apparatus and trace the seawall as it curves into Alresford Creek beyond Alres' Ford. At Thorington Tide Mill climb to the B1029's sidewalk S to the road's chicane. Join the path stream-side E S E and swerve uphill by the trees to rejoin the B1029. W N W to All Saints Church see below and track a route via Moverons back to Alres' Ford. Head W for the Colne estuary-side and walk beyond Bateman Tower into Oyster Tank Road by Brightlingsea Hard. Depart W along Rope Walk to turn inland at path's end. Use Robinson road N W to path N over pit-scape to drive E for Marsh Farm. Join Flag Creek's seawall N E of farmhouse and walk to East Marsh Point turning N to the sluice bridge. Climb E N E to cross B1027 on continuation path to Dead Lane. F-o-t N E to Kellands Farm. E on path to acute turn onto Frowick Lane S E to cottage, fork S on path by Riddles Wood and Wellwick Farm to Lambs Farm. F-o-t N W on B1027 to path off W from right bend of road. Use path to Howlands Marsh bending S to St Osyth Creek. The Creek-side path is subject to High tide swamping near Mill Street

bridge. Await if necessary, then walk the W bank's path W to Brightlingsea Creek. Round the sandbanks by St Osyth Stone Point Martello tower to Western Promenade **F**. Sunset views here can rival those of Galway Bay.

