

# The Welsh 3000s Double Crossing

Name.....	Age.....
Address	Date of attempt
Route B	
(a) Pen-Y-Pass (MR 648 557) - Foel Fras (MR 697 682) (Turnaround point)	
(b) Foel Fras - Pen-Y-Pass (Car Park)	
<b>Section 1 Pen-Y-Pass - Nant Peris</b>	<b>Section 4 Foel Fras - Ogwen</b>
Pen-Y-Pass Dep	Foel Fras Dep
Crib Goch Arr	Carnedd Uchaf Arr
Crib-y-Ddysal Arr	Foel Grach Arr
Snowdon Arr	Carnedd Llywelyn Arr
Nant Peris Arr	Yr Elen Arr
Assisted on nights by:	Carnedd Dafydd Arr
	Pen-yr Ole Wen Arr
<b>Section 2 Nant Peris - Ogwen</b>	Assisted on nights by:
Elidir Fawr Arr	
Y Garn Arr	<b>Section 5 Ogwen - Nant Peris</b>
Glyder Fawr Arr	Ogwen Dep
Glyder Fach Arr	Tryfan Arr
Tryfan Arr	Glyder Fach Arr
Ogwen Arr	Glyder Fawr Arr
Assisted on nights by:	Y Garn Arr
	Elidir Fawr Arr
<b>Section 3 Ogwen - Foel Fras</b>	Nant Peris Arr
Ogwen Dep	Assisted on nights by:
Pen-yr Ole Wen Arr	
Carnedd Dafydd Arr	<b>Section 6 Nant Peris - Pen-y-Pass</b>
Yr Elen Arr	Nant Peris Dep
Carnedd Llywelyn Arr	Snowdon Arr
Foel Grach Arr	Crib-y-Ddysal Arr
Carnedd Uchaf Arr	Crib Goch Arr
Foel Fras Arr	Pen-Y-Pass Arr
Assisted on nights by:	Assisted on nights by:
Summits Total Time (Time limit for Certificate 32 hours)	
Send to Ed Dalton for free certificate	Mountain View, Fachell, Hermon, BODORGAN, Anglesey, LL62 5LL

# The Welsh 3000s Double Crossing

Name.....	Age.....
Address	Date of attempt
Route A	
(a) Llyn Anafon (NR699699) - Crib Goch (MR627 554) (Turn around point) (b) Crib Goch - Llyn Anafon	
<b>Section 1 Llyn Anafon - Ogwen</b>	<b>Section 4 Crib Goch - Nant Peris</b>
Llyn Anafon Dep	Crib Goch Dep
Foel Fras Arr	Crib y Ddysal Arr
Carnedd Uchaf Arr	Snowdon Arr
Foel Grach Arr	Nant Peris Arr
Carnedd Llywelyn Arr	Assisted on nights by:
Yr Elen Arr	
Carnedd Dafydd Arr	<b>Section 5 Nant Peris - Ogwen</b>
Pen-yr Ole Wen Arr	Nant Peris Dep
Ogwen Arr	Elidir Fawr Arr
Assisted on nights by:	Y Garn Arr
	Glyder Fawr Arr
<b>Section 2 Ogwen - Nant Peris</b>	Glyder Fach Arr
Ogwen Dep	Tryfan Arr
Tryfan Arr	Ogwen Arr
Glyder Fach Arr	Assisted on nights by:
Glyder Fawr Arr	
Y Garn Arr	<b>Section 6 Ogwen to Llyn Anafon</b>
Elidir Fawr Arr	Ogwen Dep
Nant Peris Arr	Pen-yr Ole Wen Arr
Assisted on nights by:	Carnedd Dafydd Arr
	Yr Elen Arr
<b>Section 3 Nant Peris - Crib Goch</b>	Carnedd Llywelyn Arr
Nant Peris Dep	Foel Grach Arr
Snowdon Arr	Carnedd Uchaf Arr
Crib y Ddysal Arr	Foel Fras Arr
Crib Goch Arr	Llyn Anafon Arr
Assisted on nights by:	Assisted on nights by:
Summits Total Time (Time limit for Certificate 32 hours)	
Send to Ed Dalton for free certificate	Mountain View, Fachell, Hermon, BODORGAN, Anglesey, LL62 5LL