



ANYTIME CHALLENGE

100 kms (62 miles)

ROUTE DESCRIPTION

Abbreviations

TR	Turn Right
TL	Turn Left
N, S	North, South etc.
XXXm.	Approx. distance in metres to next feature
(XXXdeg)	Approx. magnetic bearing in degrees to next feature
XX	Approx. elapsed distance in kilometres

MOSEDALE

KM.

1. Leave Memorial Hall **TR** & cross road at zebra crossing. **TL** then **TR** into Community Library CP leaving at far side of building. Ahead for **40m.** past Sports Hall to cross stiles then, wall on **L**, for **150m.** stile into copse. Wall on **L** for **30m.** then leave copse. **350m.** in same direction across **4** fields to **TL** into lane. Thru gate in **200m.** (house on **R**) then along unmade access road for **500m**, crossing stream to minor road. **TR** for **300m.** thru **1** gate to stepping stones over River **Lowther.**

2. Ahead for **100m.** to bear **L** round house on **L** then **800m.** heading **S** **2**
with wall then river on **L** to cross minor road just before river bridge. River
on **L** for **250m.** to minor road, **TR** for **600m.** then cross stile on **L** **20m.** **3**
after letterbox. Cross field heading **W** for **200m.** to cross stile **10m.** to **R** of
large tree. Same direction for **200m.** to rejoin road at junction with farm
access track.

3. Continue **50m.** on road to gate (Wet Sleddale reservoir coming into **4**
view on **L**). Continue for **3750m.** on road becoming track passing Sleddale
Grange then zigzagging uphill past deserted Sleddale Hall to gate before **5,6**
reaching final gate onto open fell (**522 107**). Ahead for **1250m.**(**250deg**) on **7**
path crossing watershed to pass green container & dropping to bridge in **8**
Mosedale in further **750m.** (**506 100**). **9**

4. **TL** after bridge on improving path to Mosedale Cottage in **1200m.** **10,11**
(seating available). Leave with Cottage on your **R** to deer fence on
R for **50m.** then uphill on faint track. Leave track soon to follow stream
on your **R** and continue uphill to stream junction. Follow **L** (southerly)
branch until source in **500m.** Same direction (**W**) for **150m.** to reach wall. **12**
TR for **700m,** wall on **L,** to wall/fence corner. **13**

5. (Visit the adjacent summit of **Branstree** if desired - at **713m**. this is the high point of the walk). **TR** for **1900m**. keeping fence on **R**, descend to **14,15**
col then re-ascend to reach **Selside Pike (491 112)**. **TR** & descend for **16**
900m.,fence still on **R**, to cross Hobgrumble Gill. Over next rise for **500m.** **17**
then bear **L** away from fence when descent steepens and head downhill
to ruined wall. Follow wall as it bears **R (50deg)** to reach river. **TL** to find
faint path near riverbank. Continue **CAREFULLY** downhill admiring pools
& waterfalls. Path is indistinct at times but scenery is idyllic, aiming for **18**
foot bridge at bottom (**507 116**). Note that bridge is **not** marked on map.

6. Cross bridge & stile then on path, indistinct at times, for **1500m**, **19**
wall then river on **L**, to second small gate then footbridge over stream.
(Ignore any large gates and do **NOT** cross river.)
Bear **L** in **150m**. at wall corner down towards stepping stones **20**
(do not cross).

7. **TR** on good path **before** reaching river. Ahead for **1500m**. on rising **21,22**
traverse, general direction (**60deg**). When path levels keep ahead
same direction for **500m**. on path coming in from **R** to meet wall after
boggy area. **TR** for **50m**. to wall corner, ahead for **50m**. across stream.
TL for **200m**. to meet farm road. **TL** and cross bridge to **Tailbert** Farm. **23**

8. **TR** on reaching fence and continue for **700m**, fence then wall on **L**, dropping down to minor road. **TR** for **40m**. to end of railings then **TL** for **50m**. to stile/gate. Cross field (**30deg**) down hill for **200m**. **24**
to difficult gate (aiming for house) thru paddock for **30m**.(shed on **R**)
to next gate then pass to **R** of house (Rayside) on track. Track becomes minor road in **100m**. passing house on **L**. Turn **L** in further **200m**. (when road bends sharply **R**) to gate. Across small field between ruins
to stile then downhill (**290deg**) thru next field for **250m**. to fence corner. Downhill further **20m**. to cross Parish Crag bridge. **TR** for **600m**. fence then wall on **R** to **TR** at gate/stile onto road at bend. Cross bridge in **30m**.(**534 165**) and uphill into **Rosgill**. **25**

9. **TR** in **400m**. at FP sign, thru garden & **3** small fields (wall on **R** **26**
2 fields) to gate. Wall still on **R** for **1400m**. thru **4** large fields to stile **27**
by house. Cross concrete road then field for **100m**. same direction to gate/stile, **Shap Abbey** close on **R**. Ahead, fence on **R**, thru large **28**
field to next gate/stile. Wall now on **L** to climb indistinct stile (after trees) on **L** in **200m**. Wall now on **R** to wall corner, ahead for **50m**. to next corner then pick up thin path with wall on **L** for **150m**. to stile into garden. Ahead **50m**. across cattle grid to **TL** on road near **Keld**. **TR** in **30m**. over hidden **29**
stile into field. **TL** up thru **3** fields, wall on **L**, for **600m**. crossing lane then same direction (Goggleby stone on **R**) across next field. Exit into enclosed path then next field, wall on **R**, for **200m**. thru gate then between houses for **50m**. to road. **TR** into West Close (Wasdale on **R** – honestly). Same direction past The Lynchetts and Peggy Nut Croft. **TL** before gate, up side of Community Library into car park. **TL** and cross **A6** at zebra crossing to **Memorial Hall** opposite (**563 151**). **30**

LYVENNET, LEITH & LOWTHER

1. Leave Hall & **TL** into car park to exit by gate at rear into playing field. Wall on **L** to end of field then **TL** thru green gate. Wall on **R** to end of next field, over step stile in wall & **TL** into lane. Over further stile to reach road at gate then **TR & TR** again in **20m**. In **100m**. road becomes track and crosses railway – immediately turn **TL** then **TR** in **10m**. to gate accessing enclosed path. Continue up sometimes slippery sunken path between walls to squeeze stile in **300m**. Enter narrow field keeping wall on **L** to next stile in **200m**. as field broadens. Bear half **L** for **50m** to next stile sign posted Hardendale. Pass to **R** of pylon to line of old wall in **150m**. then uphill further **100m**. to boulder. At brow of hill half **R** to cross motorway footbridge in **300m**.(**110deg**). **31**

2. **TR** on track then **TL** in **20m**. thru kissing gate before metal gate. Up field with wall on **R** for **200m**. to stile in corner, continue uphill **300m**. to next stile after field narrows becoming track. Same direction **250m**. to stile in corner to **R** of farm buildings. Same direction **50m**, aim for house, to cross stile by power pole to **Hardendale (583 147)**. **32**

- 3.** **TR** then **TL** in **10m.** thru gate to track passing houses to stile/gate in **30m.** into field. Ahead **50m.** to cross indistinct stile to **R** of two gaps then cross further two fields with wall on **L.** After second stile **30m.** **33**
to wall end then same direction (**80deg**) across open land to signpost on minor road. **TR** then **TL** in **20m.** over stile into wood following footpath on same bearing uphill to exit wood in **250m.** Cross stile & wall (care) then ahead same direction to gate in **200m.** (large quarry on right). Ahead uphill on pasture (**80deg**) to reach wall in **400m.** Cross indistinct **34**
stile which is **50m.** **L** of corner. Cross lane & stile opposite then down field to find further stile in wall on **R 20m.** before wood. Cross & **TL** for **400m.** on track with wall & wood on **L** to gate onto minor road (**604 150**).
- 4.** Ahead down road (ignore stile into wood) **400m.** to **TL** for **50m.** along **35**
edge of wood to gate & SP . Ahead (**N**) to next gate at end of wood. Ahead (wall on **R**) as track appears in **50m.** dropping down **L & R** to gate. **TR** onto track to Wickerslack Farm . **TL** in **40m.** between farm buildings thru gate(s) onto track. **100m.** to next farm then on track **200m.** to pass thru gate directly ahead at FP sign (leaving track as it swings away **L**). **36**
- 5.** Continue **N** on fields with wall on **R** to gate in **300m.** (If clear note **37**
Cross Fell and Maulds Meaburn village to right). Downhill for **250m,** fence then wood on **R,** to go thru gate on **R** just before corner. **TL** in **5m.** over stile crossing open field with stream in gully to stile at corner of wood onto track. **TL** for **300m.** to pass Reagill Grange (note unusual chimneys). **37**
TL 30m. after house over stile into wood at 3-finger sign post for Reagill. Ascend thru wood on path to exit in **400m.** by 3 stiles & foot bridge. **TR** by converted barn & follow track **100m.** up to **Reagill (604 174).**

6. **TR** on road for **100m.** then **TR** at Appleby sign & **100m.** downhill (note statues over wall on left) to T-junction. Ahead thru gate at FP sign into field, wall on **R** for **300m.** to stile then wall on **L** for **400m.** thru 3 fields to gate near FP sign. Down next field in same direction, row of trees on **R** for **200m.** to enter wood at stile & footbridge (**30m.L** of corner). Follow yellow markers on posts for **400m.** thru wood in general direction (**50deg**) to exit onto minor road (**615 184**). **38**
39

7. **TL** on road for **300m.** then **TR** at T-junction (Lowfield Farm), downhill **200m.** **TL** at road bend thru rusty gate then (ignoring first stile) cross footbridge & stile in **50m.** on **R.** Ahead on **50deg** in shallow valley for **100m.** to reach usually dry stream bed in **100m.** Fence on **R,** trees on **L** **40**
for **150m.** then cross to **N** side of beck at bend. Same direction for **50m.** to join farm track at large tree. **TL** for **300m.** to cross footbridge. **TR 10m.** then **TL 10m.** between buildings to cobbles & 2 gates into pasture. Stream then fence on **R** for **250m.** to stile in corner to join River **Lyvennet .** **TL** downstream over small bridge then **50m.** to stile, then next stile at fallen tree in **100m.** **150m.** over 2 stiles onto farm track. **41**

8. **TR** and cross river on stepping stones, proceed up minor road **150m,** passing farm, to FP sign on **L** in further **50m.** at right bend. **TL (330deg)** across pasture to footbridge in **150m.** Same general direction **100m.** to gate. Ahead on thin path bearing **R,** wood on **R,** to stile in **250m.** Along river bank **100m.** to next stile then, ignoring footbridge on **L,** **42**
continue with river on **L** up & down on thin path to reach track by bridge.

9. Cross track & follow river bank for **500m.** to join road below **Kings Meaburn (619 211).** Cross road & continue for **900m.** on riverside footpath (SP **Morland**) (soon note Jackdaws' Scar – do not climb). **TL** to cross Chapel Bridge and leave R. Lyvennet. Uphill for **50m.** to pass houses, **TR** on track then **TL 10m.** Continue on track for **1200m.** **R, L & R** to road. **TL** for **150m.** down to **Morland**, bear **L** after 30mph sign into Lowergate to cross white bridge over Morland beck in **150m.** (**600 224**). **43**
44
45

10. **TR** along Water St. for **150m** to T-junction (Crown Inn on R). **TL** for **50m.** then **TR** opp. Mother Croft up steps into lane, **L & R** to enter church yard. Ahead with church on **L** to leave yard by white gate, **TR** down steps to lane then path to rejoin beck. Cross bridge & **TL** into field (SP Glenton). Continue for **700m.** with beck on **L** to cross next footbridge. Beck now on **R** for **250m.** before bearing **L** uphill away from beck (ignore FP on R). Hedge on **R** for further **300m.** to cross stile and **TL** into lane. Follow lane **R & L** to main road in **500m.** **TR** with care on narrow road for **200m.** bearing **R** on track at FP sign when road swings sharply L. **46**
47

11. Thru gate in **150m,** further gate in **50m.** into field. Downhill fence on **R** for **250m.** to next gate. Bear half **L** across field (**290deg**), aim for church & drop down to bridge over River **Leith** in **200m.** at **Cliburn (589 244).** **TR** over bridge, uphill for **150m.** **TL** into Rectory Farm at FP sign. Follow yellow arrows thru farmyard – **R, L & R** to exit farm on track downhill **100m.** into field. **48**

12. Contour **R** edge of field for **150m.** to stile (do not go uphill).
TR into next field with trees on **R**, track bears **R** & is left when it
straightens by sandstone outcrop. Ahead (**300deg.**) for **200m**, keeping
to **L** of line of hawthorns, to stile in fence/hedge corner after solitary
gatepost. Fence on **R** for **100m.** to next stile then aim slightly **L** for next
stile in **50m.** on river bank. River on **L** (note sandstone cliff ahead on **49**
right) for **200m.** to join road at Commonholme Bridge (**576 248**). **TR** on
road for **500m.** to T junction, **TL** onto busier road (beware traffic) for **50**
1200m. to FP sign on **L.** **TL** for **300m**, crossing footbridge. **TL** for **50m.** **51**
to black gate. **TR** onto track for **350m.** then ahead past metal 7 bar gate
onto path between wall and hedge for **250m.** (Do **not** continue on track
thru garden centre). **TR** onto 2nd.track (barn on your **R**) becoming road
into **Melkinthorpe.** **TL** in **100m.** passing ford, car park then bridge
(all on the **L**) near Fern Cottage in further **100m.** **52**

13. Climb stile on **R** at end of garden & **TL** up field with fence on **L**
(ignoring broken stile). Ahead thru gates into lane for **100m.** then **TR**
over stile. **TL** along field edge to pass thru gate at end of field in **200m.** **53**
Bear **R** into lane again to further gate/stile in **100m.** Lane soon broadens,
continue with hedge/fence on **R** to open field in **100m.** Keep to **R** edge of
field (motorway looming ahead) to join minor road at gate/stile in **300m.**
(**549 243**).

14. **TL** on road then **TR** thru gate in **100m**. **TL** to corner then **TR** up field, fence on **L**, to pass thru gate ahead in **150m**. **TL** (ignore gate) & climb **54**
stile in **100m**. **TR** with wall on **R** to gate in **100m**. onto track over railway.
Continue on track **400m**. **TL** then **TR** under motorway then uphill further **55**
300m. to reach **A6** at **Hackthorpe (542 232)**.

16. **TL** & cross road with care passing Lowther Castle pub in **100m**.
TR at FP sign High Knipe into lane alongside pub CP to field, hedge
on **L** to opening in **250m**. Cross next field (**200deg**) for **300m**. to gate in
corner. **TR** between walls for **100m**. to next gate (good view of Lowther **56**
Park), half **L** downhill for **300m**, deer fence on **R** to estate road at FP
signs. Cross & uphill same direction to fence in **150m**. Bear **L** with fence,
field & wood on **R** for **1000m**. thru 1 gate to gate at wood corner (**539 212**).
(East Lakeland coming into view). **TR** uphill between fence & wood then **57**
same direction for **800m**. to next wood corner at 3rd. gate. Onto track
leaving in **10m**. as it bears left, ahead for **100m**. between large trees to **58**
road. Ahead **20m**. to gate, cross field (**220deg**) for **150m**. to gate into
wood. **TL** for **40m**. downhill to deer fence, uphill for **100m**, fence on **R**, to
leave wood at gate.

17. Cross next field (**250deg**) thru dip to gate at fence corner in **250m**.
(Village on hillside half right is Helton). Downhill fence on **R** for **150m**. to **59**
fence corner, **TL** for **100m**. along line of large trees(on **R**) to gate. Same
direction for **70m**. to double gates, **50m**. to next gate, ahead wall on **R** to
join track by barn. Ahead then soon downhill on track for **400m**.(phone
mast on right) to High Knipe. Keep wall & fence on **R** thru farmyard **60**
then **TR** downhill on road for **500m**. to junction.

18. Ahead downhill (**260deg**) for **300m.** to suspension bridge over River **Lowther**. Cross bridge, **TL** over stile to riverbank. River on **L** for **1200m.** to join road after gate at end of path. (Note minor diversion of path **L** over ladder stile just before road). **TL** for **200m.** on road then **TL** again over bridge into **Bampton Grange (521 180)** to church. **TR** into churchyard at FP sign opp. Crown & Mitre then gate into field. Ahead **100m.** to next stile. River on **R** for **1500m.** thru field, lane then 3 fields to gate onto track. Track joins road in **100m** (farm on **L**), **TL** in **200m.** at stile/black gate when road bends right. Up field (**120deg**) for **100m.** past power pole, same direction for **150m.** to stile in wall (corner **30m.** to **R**) then **75m.** to gate into road at **Rosgill (537 168)**.
TL on road then **TR** in **5m.** thru garden & **3** small fields (wall on **R** 2 fields) to gate.

61

62

63

64

19. The next **2500m.** passes thru several fields (**110-120deg**) & is followed more easily together with the 1:25000 map but is described in detail as follows).

- **TL (110deg)** uphill for **200m.** to gate by lone tree **30m.** to **R** of dead tree. **65**
- Ahead for **100m.** across corner of next field to stile in wall.
- Ahead (**120deg**) for **200m.** to stile next to gate.
- Same direction for **150m.** to stile in wall.
- Further **150m.** bearing slightly **R** at top of field to stile **5m.** to **L** of wall corner.
- Keep close to wall on **L** in narrow field for **200m.** to step stile (after group of trees over wall on **L**).
- Downhill for **300m,** wall on **R,** to wooden stile at fence/wall corner. **66**
- Ahead for **200m.**(**110deg**) to stile in corner onto road at FP sign (**552 160**).
- **TR** for **100m.** then **TL** over stile into field at FP sign.
- Thru **3** fields (**115deg**) – **200m.** to gate, **200m.** to gate in corner, corner, **350m.** to gate in corner to road at FP sign. **67**

20. **TL** for **100m.** then **TR** into lane as road bends right before 30 mph sign. Along lane parallel to main street for **500m.** becoming back road to West Close and Wasdale. Same direction past The Lynchetts and Peggy Nut Croft. **TL** before gate, up side of Community Library into car park, cross **A6** at zebra crossing to **Memorial Hall** opposite. **68**

GREAT ASBY

1. Leave Hall & **TL** onto Main Street for **300m**. **TL** into Moss Grove opp. Kings Arms (SP Coast-to-Coast & Hardendale). **TR** in **100m**. Ahead **50m**. onto track as road ends. **TL** to cross railway, keep on track for **500m**. to FP sign (C2C) then gate/stile in **50m**. Ahead wall initially on **R** (**135deg**) **69**
thru **3** fields to cross motorway foot bridge. **TR** for **300m**, fence/motorway on **R**, to wall on **L** for **30m**. Uphill away from M'way under power lines **70**
(pole **10m**. on **L**) to gate in **250m**. Same direction for **100m**. to cross road (Nab House on **L**) SP Oddendale. Same direction (**110deg**) initially for **300m**. to wall, swinging **L** up path **20m**. **before** wall to gate/stile in **100m**. Ahead on path downhill, wall then fence still on **R**, for **150m**. to stile in fence corner. **10m**. to steps down & up crossing quarry access road. **71**
TL onto unmade road for **500m**. to minor road. **TR** for **100m**. then **TR** on track(**170deg**) at C2C sign. The hamlet on your **L** is **Oddendale (593 134)**.

2. This section may be confusing in poor visibility.

Ahead for **1000m.** on track, wall & wood on **L** initially, to large walled enclosure on **R** (Potrigg). Same direction for **450m.(160deg)** then bear half **L** at second post (C2C). Continue for **200m.(130deg)** to wood corner. Follow series of marker posts uphill for **400m.(100deg)** then, swinging gradually to **S**, descend to cross R.**Lyvennet** in further **600m.** (after large boulder). Uphill with posts (**160deg**) for **500m.** to wall corner. **TL** ,wall on **L**, for **1300m.** (Robin Hood's Grave is nearby to the **R** in second dip!). When wall turns **L (620 111)** keep ahead (**60deg**) on path, bearing **R** before wall, descend to stile & bear **R** to join road (**700m.**) Cross road **R** to wall then **TL** at wall corner for **10m.** before bearing **R** for **200m.(120deg)** into shallow valley. Head **R** up valley (**S**) to road in **700m.** **TR** for **400m.** with road (thin path alongside) to junction (**629 099**).

3. TL uphill, leaving modern C2C route, with wall on **R** for **700m.** to **Beacon Hill** (visit Jubilee Monument of 1887 if you wish). Continue further **400m.** to stile/gate on **R** in wall (**50m.** before corner). Ahead (**140deg**) to path leading down to gate in **300m.(DO NOT GO THRU).** **TL** before gate on path (**65deg**) for **400m.** to gate into **Great Asby Scar** (National Nature Reserve). **(NB. If dark keep wall on your R and follow round to gate into NNR)** Head down path (bear **R** in **400m.** at bridleway sign) to leave Reserve in **1100m.** Same direction (**NE**) for **500m.** to enclosed lane after 2nd.gate then **800m.** to join road (SP Coppermines Lane) (**664 115**). Same direction for **1800m.** on road, passing farm buildings.

3. TL over stile (SP to Gaythorne Hall) at **Great Asby** sign. Downhill for **300m.** thru gate to road. TL for **300m.** on road over bridge, now on **Westmorland Way**. Fork **R** after cattle grid up concrete road. **85**
Leave road after **1000m.** at entrance to Halligill Farm. Ahead to stile **86**
then cross next stile in wall on **R** in **100m.** just after first gate. Bear **L** for **200m.**(**290deg**) to waymarked wooden stile in far corner into wood. Stay close to wall on **L** for **100m.** to cross stile in wall. Head away from wall (**310deg**) for **900m.** with copse on **R** then cross two stiles & stream **87**
to meet fence coming in from **R**. Exit field on track thru gate to **Gaythorne Hall (649 133)**. **TR** on bridleway keeping Hall on **L** to **TL** thru gate into small paddock in front of Hall. Ahead thru gates to farm drive. Continue **88**
up surfaced drive for **1100m.** to reach minor road. **89**

5. **TR** for **400m.** to **TR** again on busy **B6260** road (**CARE**).
TL in **600m.** at high point (FP sign) then gradually downhill (**300deg**) on **90**
green path for **1200m.** Halfway down path swings **R** (**340deg**) with wall **91**
on **L** to join farm access road for further **1000m.** Bear **L** just before **92**
30mph sign down to footbridge. **TR** into lane then **TL** into back road leading into **Crosby Ravensworth (622 148)**.

6. **TL** into main street near church then **TR** in **200m.**over bridge by phone box. **TL** after bridge leaving village by back road swinging **R** in **93**
50m. Keep on tarmac for **1500m.** until end then same direction for **94**
1300m. thru fields to **Oddendale**. Follow track up between buildings to **94**
cattle grid at top. (**593 134**). **95**

7. TR over cattle grid onto road for **100m**. **TL** on unmade road for **500m**. **96**
(pass blasting sign – beware flying boulders). **TR** at green Private
sign, down & up steps across quarry access road. **TR 10m**. to stile.
TL for **150m**. uphill, fence/wall on **L** to stile/gate. Ahead downhill with
wall on **L** for **100m**. At bottom **TR** away from wall on rising track (**320deg**) **97**
250m. to road. **TR** for **400m**. on road leaving it to follow wall as road
swings **R** uphill. Wall on **L** for **50m**. to **TL** over stile just after first gate.
Ahead (**W**) **150m**. to stile in wall. Same direction for **300m**. across rough **98**
pasture to cross Motorway footbridge. **TR** for **600m**. thru 3 fields (**320deg**)
to gate/stile in corner. Between walls for **50m**. to FP sign **Shap** & down **99**
track **500m**. to cross railway. In **30m**. swing **R** to join road, **TL** in
50m, then **R** in **50m**. onto **A6** at Kings Arms. Along Main street for **300m**.
to reach **Memorial Hall** on **R** (**563 151**).

100

WELL DONE

22.4.07