

# LONG DISTANCE WALKERS ASSOCIATION

## CUMBRIA GROUP



### THE HELM WIND WALK

#### An Open Challenge Walk of 20+ miles

The walk starts and finishes in Garrigill near Alston and may be walked either clockwise or anti-clockwise. It traverses Cross Fell – at 2930 ft. this is the highest point on the Pennine Way – and Great Dun Fell, with its radar station golf ball, via the Pennine Way. It passes through the Moor House National Nature Reserve and the sources of both Rivers Tees and South Tyne are near at hand. Ash Gill Force provides either a dramatic introduction or finale depending on which way round the walk is done! There is a wide choice of routes in the vicinity of Ash Gill Force (see map).

It is advisable to carry and wear kit appropriate to the season but please remember this is remote high country where the weather, even in mid summer, can be very changeable.

**Avoid old mine shafts.**

More details can be found at <http://www.ldwa.org.uk/cumbria>

#### MAPS

Landranger 87 Hexham & Haltwhistle, 91 Appleby  
Explorer OL 31 Teesdale & Weardale

#### BADGES & CERTIFICATES

Badges are priced at £1.30, Certificates at 40p plus SAE (A4) and are available from:  
Mr. P. R. Hatcher. 4, Irthing Park, BRAMPTON, Cumbria, CA8 1EB.  
016977 42133

[paul.mary@brampton4.force9.co.uk](mailto:paul.mary@brampton4.force9.co.uk)

Cheques to be made payable to Cumbria LDWA.

## **ANTI – CLOCKWISE ROUTE**

**START GARRIGILL NY 745 416**

- 1. Greg's Hut NY 691 354**
- 2. Cross Fell Summit 893 m. NY 688 343**
- 3. Little Dun Fell NY 704 330**
- 4. Great Dun Fell NY 711 322**
- 5. Trout Beck NY 717 318.**
- 6. Moor House Bridge NY 757 335.**
- 7. Hill House Farm NY 757 386.**
- 8. Hole House NY 759 388.**
- 9. Path Junction NY 755 403.**
- 10. Ashgill Force NY 759 404.**
- 11. Ashgill Side NY 754 406.**
- 12. Loaning Head NY 747 417.**

**(For the clockwise route reverse the above points!)**

**WELL DONE**