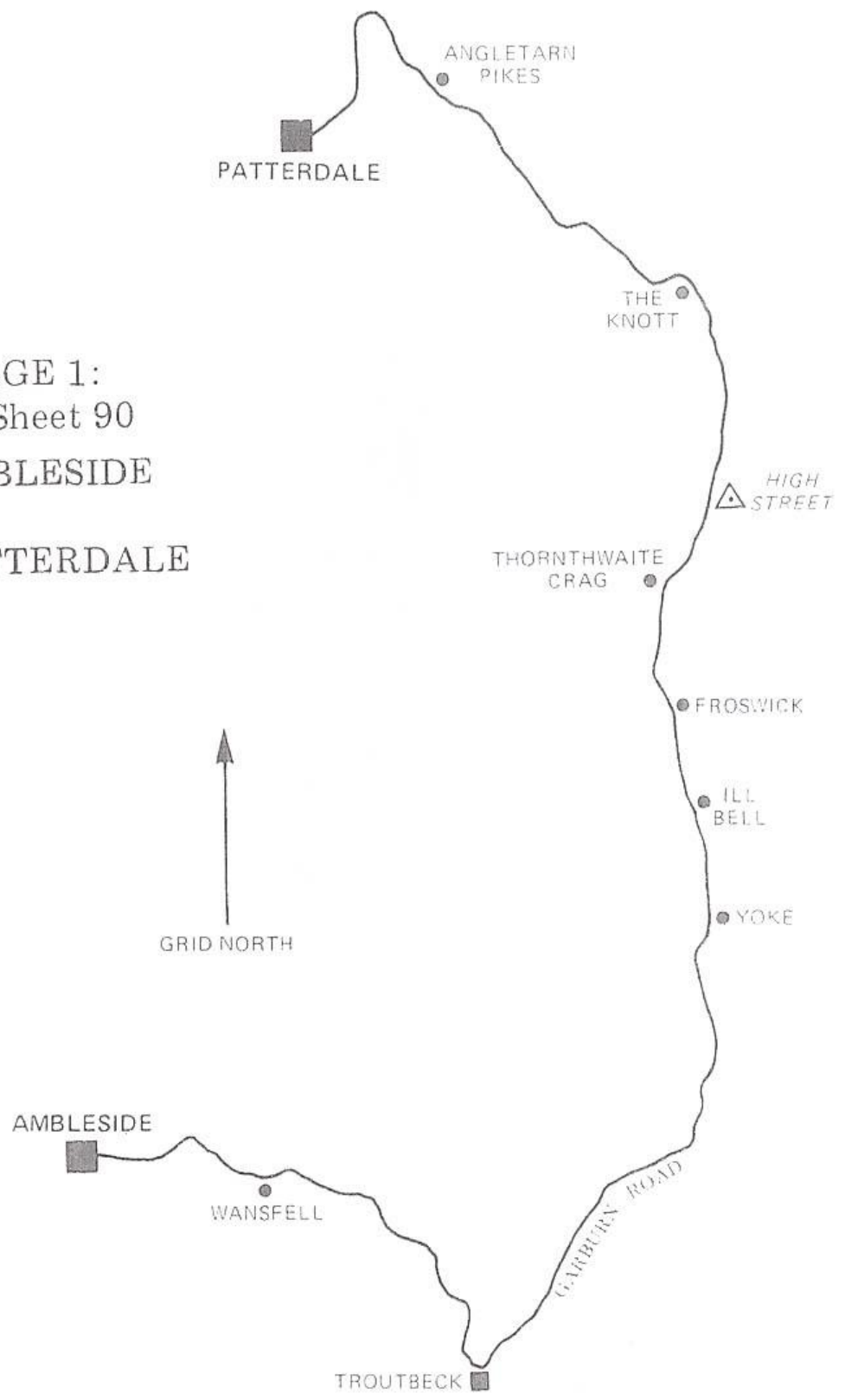


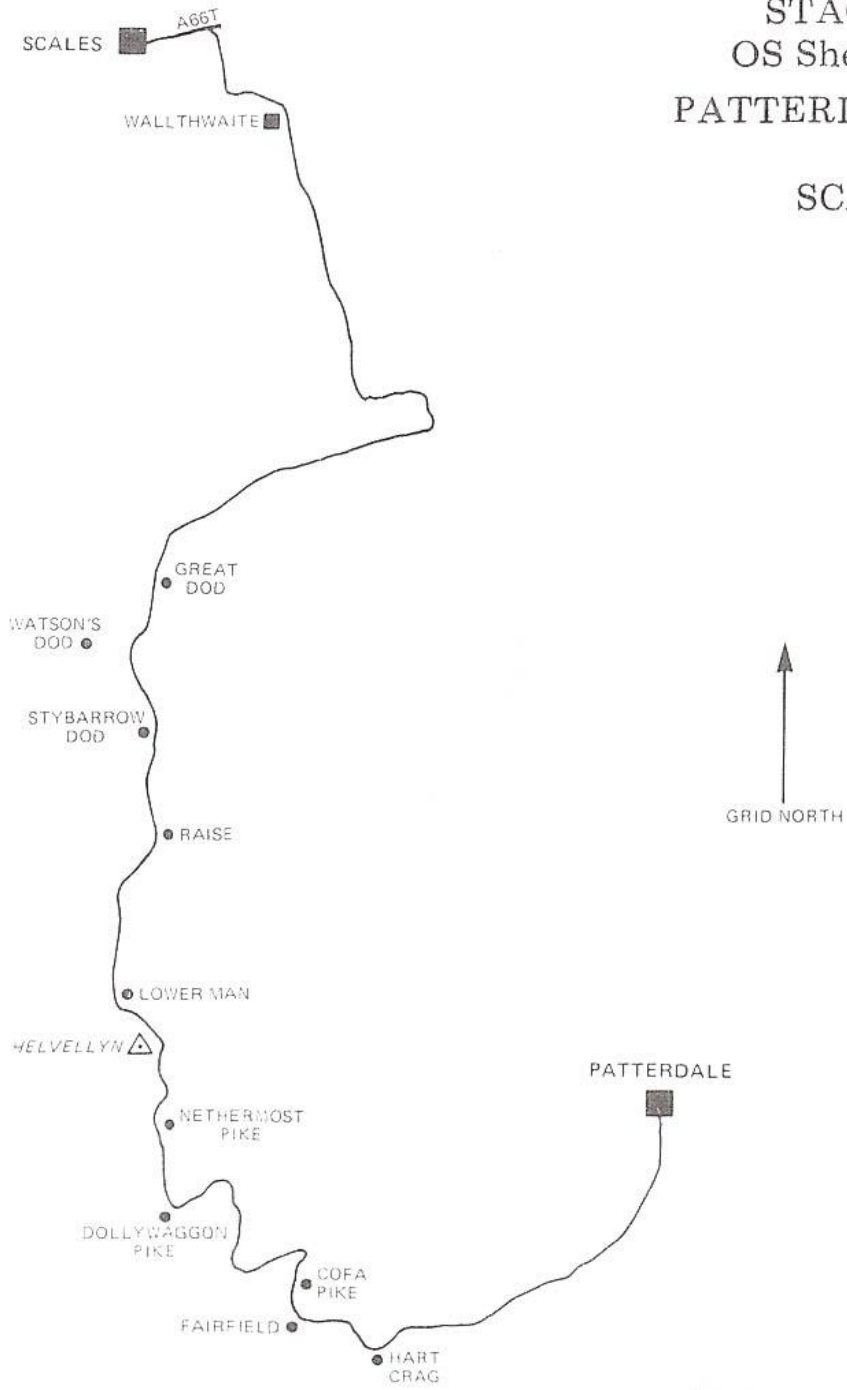
Trident Possibilities

1. Stockghyll - gorge and waterfalls.
2. High Street - Roman road and good skiing.
3. Dovedale - gorge, rock and winter climbing.
4. Dove Cave - overnight shelter.
5. Dollywaggon - winter climbing.
6. Striding Edge/Swirril Edge possible circuit.
7. Greenside - old lead mines.
8. Helvellyn Ridge - good skiing.
9. Sharp Edge - rock and winter climbing.
10. Blencathra - good skiing.
11. Skiddaw House - overnight shelter.
12. Dodd Wood - nature trail
13. Whinlatter - orienteering courses.
14. Pillar Rock - rock climbing.
15. Kirkfell Gill - gorge and winter climb.
16. Sphinx Rock/Napes Needle/Needle Ridge.
17. Plumbago Mines - old graphite mines (dangerous).
18. Piers Ghyll - classic gorge.
19. Great End - winter climbing.
20. Scafell Crag - rock and winter climbing.
21. Hard Knott - Roman Fort.
22. Stanley Ghyll - gorge.
23. Duddon Valley - nature trails.
24. Dow Crag - rock climbing.
25. Coniston Copper Mines.
26. Tilberthwaite Gorge.
27. Hodge Close - old slate quarries.
28. Skelwith Force - waterfall and Kirkstone Galleries.

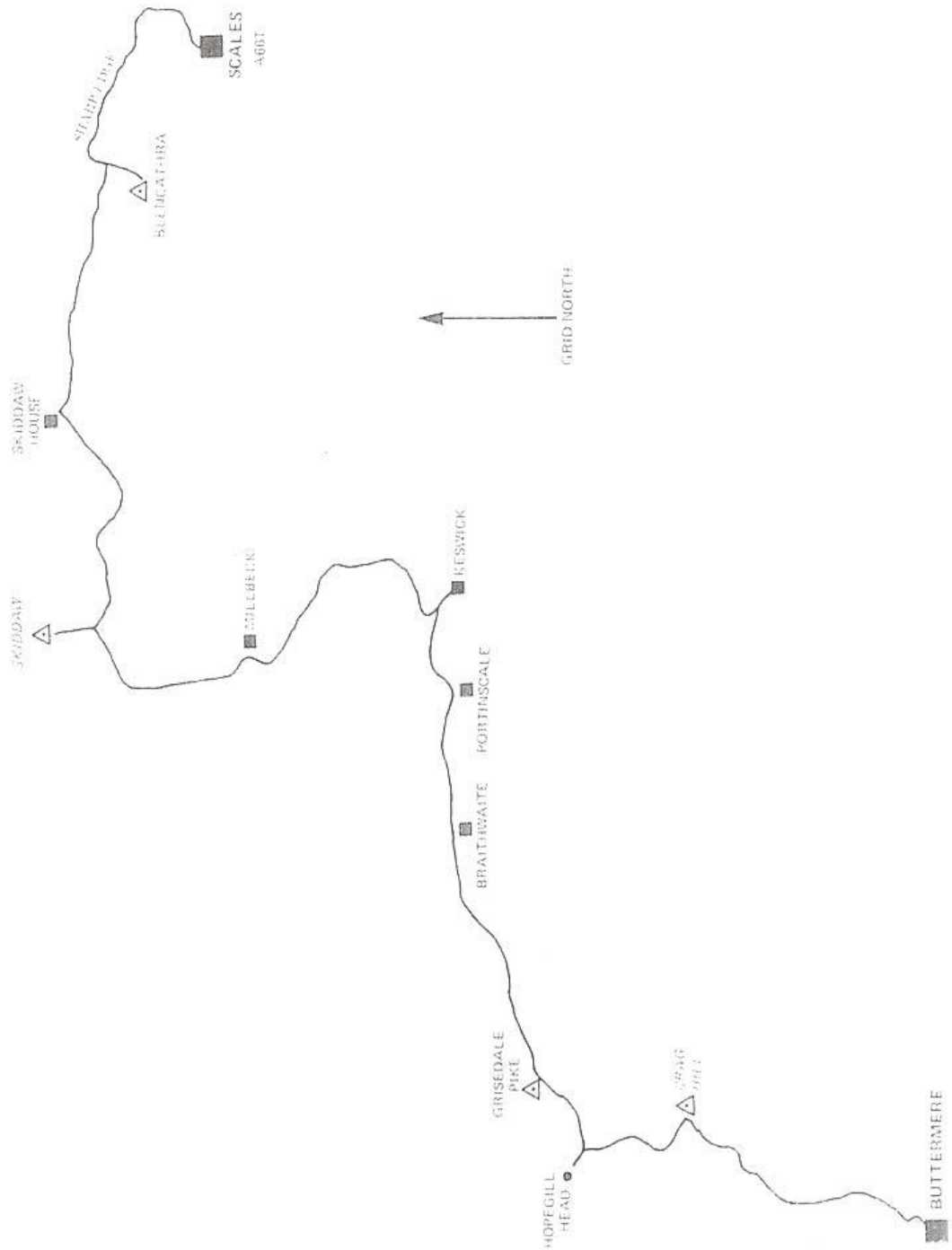
STAGE 1:
OS Sheet 90
AMBLESIDE
TO
PATTERDALE



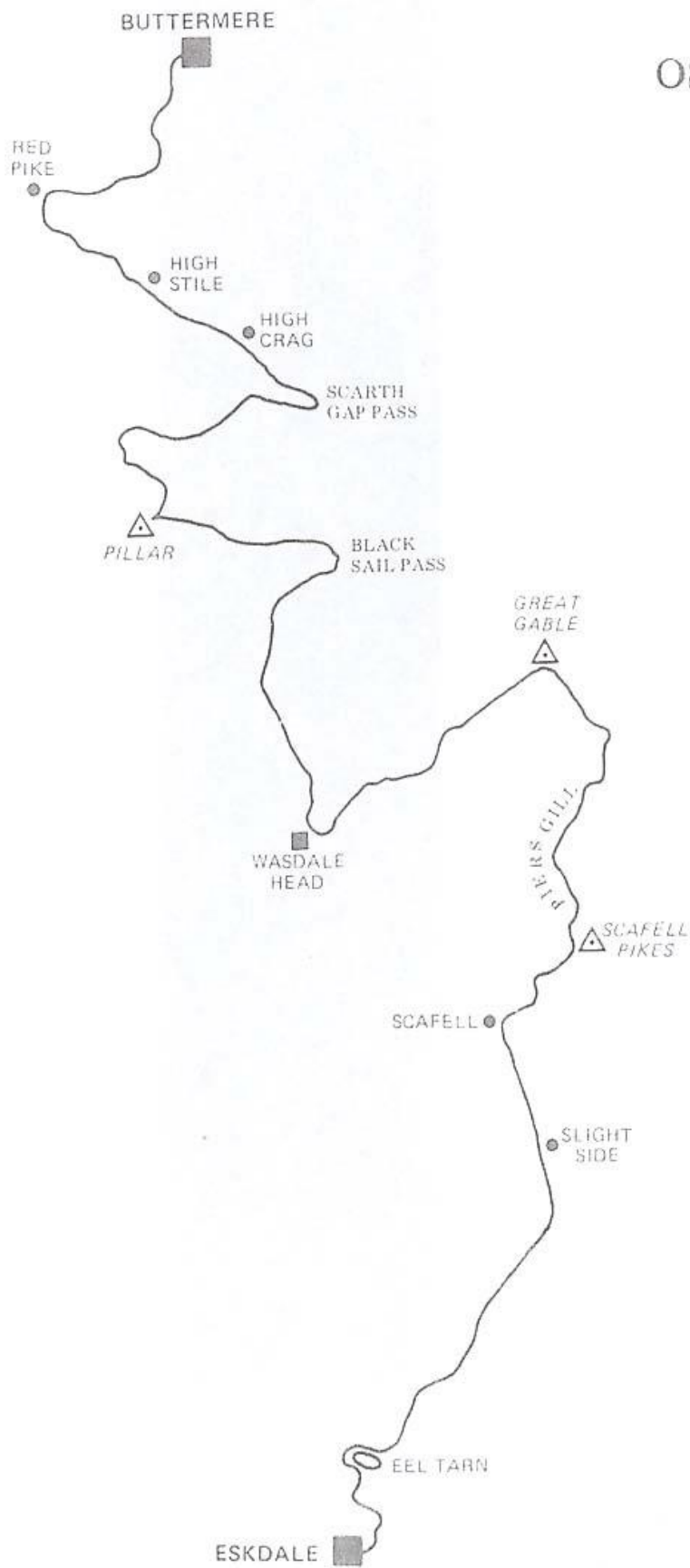
STAGE: 2
OS Sheet 90
PATTERDALE
TO
SCALES



STAGE 3: OS Sheet 90 SCALES TO BUTTERMERE



STAGE: 4
OS Sheets 89 and 90
BUTTERMERE
TO ESKDALE



STAGE 5: OS Sheets 97 and 90 ESKDALE TO AMBLESIDE

