**The Wolds 20 (13)**

**Fundraiser for NWW Division Rangers, East Yorkshire**

**Saturday 4th May 2024**

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| **Entry fee: £18 in advance or £20.00 on the day (if space available).** |  |
| Starting from Millington Village Hall, the circular routes go around the Yorkshire Wolds. The routes go clockwise, splitting just outside Bishop Wilton. From here, the 20 mile route heads north to Thixendale, joining back up with the short route at the Wayrham Picnic Site (on the A166), where both routes return over the Wolds to Millington. These are beautiful scenic routes that encompass great views across the Vale of York, but please note that there is some testing hilly terrain along mainly public footpaths.* Walkers start at 09:00 (registration from 07:30)
* Runners start at 10:00 (registration from 08:45)
* All competitors must finish by 17:00
* The minimum kit required is:
	+ Maps O/S Explorer 294 and 300 or Landranger 106 or GPS
	+ Compass
	+ Waterproofs
	+ First aid kit
	+ Mug (no mug no drink!)
* Please enter in advance if possible. Entries on the day accepted but not guaranteed as numbers will be limited.
* Self-clipping routes with checkpoint support.
* Entry includes badge, certificate and refreshments.
* Snacks and drinks available along both routes.
* Hot, homemade food and drinks available at the end (including vegetarian, vegan and gluten free options). Please indicate requirements on application form.
* Car parking is limited so please car share where possible.
* Toilet facilities are limited so if you can use alternative facilities before you arrive it will reduce the queues.

**Entries by email to nww.division.rangers@gmail.com****BACS payment - NWW Division Rangers (Residential account) Sort code 77-71-51 Account number – 14076968. (Please contact us re cheque payment)****Any queries/problems, please email (or phone 07714 325406).****Only 1 entry per form please.**  |

**The Wolds 20 (13)**

 **Saturday 4th May 2024**

Name ……………………………………………………………………………………………………………………………………….

Date of Birth **(if under 18)** ……………………………………………………………

LONG or SHORT ROUTE WALKER (09:00 start) or RUNNER (10:00 start)

Dietary requirements …………………………………………………………………………………..………………………….

Address ………………………………………………………………………………………………..………………………………….

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Email address ………………………………………………………………………………………………..…………………………

Mobile phone number ………………………………………….……………………………………

Emergency contact number ……………………………………………………………………………………………………..

I agree to my details being kept by the organisers for communication about future events. (Please delete if not appropriate)

Any medical information which may be relevant in case of an accident (will treated in the strictest confidence)

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**This is obligatory:** I agree to abide by the rules of the event and to observe the Country Code at all times. I have sufficient knowledge, experience, equipment and navigational skills to take part in a long-distance walk in all conditions. I confirm that I am in good health and have no medical condition that may cause undue concern or inconvenience to others. I confirm that I participate at my own risk and that no liability is accepted by the organisers for injury, damage or loss sustained by me before, during or after the event. I will be over 18 years old on the day of the event. I understand that particular rules may apply to entrants taking part in this event and I understand to make myself aware of these rules before I start. I understand that that my payment is non-refundable.

Signed ………………….……………………………………………………………………….. Date ………………………….

**Name of person responsible for entrant if under 18 years old**

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