## DARTMOOR KANTER SUNDAY 14<sup>TH</sup> JULY 2019



A self navigating challenge walk of 14m, 19m or 24m from Meldon Village Hall Grid ref: SX 560 924. The route travels over open moorland, bridleways lanes and footpaths taking in Meldon Reservoir.

Back by popular request – for one year only.

Being a Kanter, this challenge walk has no route description provided, although a suggested route is displayed at the start. A list of grid references to be visited is issued, with questions to be answered related to each point

There are no checkpoints, and it is a self supporting event with refreshments provided at the start and a light meal at the finish

There will be a certificate for all those completing the event.

## Long Distance Walkers Association Cornwall and Devon Group

## **RULES**

- Routes: There will be no route description and there are no checkpoints.
   Entrants must determine their own route between given grid reference points which may be visited in any order. Entrants are to demonstrate proof of visiting each location by answering a relevant question. A suggested route is displayed for reference at the start. The list of grid references will be available from 3 weeks prior to the event.
- Retirements: If you cannot complete your route and have to retire please
  ring the Emergency Number which is on the question sheet. The organisers
  will then make arrangement to get you back to Meldon Village Hall. In an
  emergency firstly dial 999 or 112.
  These can often get through when normal mobile usage is not possible.
  If on the event you come across another lone entrant who appears to be
- 3. **Start times:** Walkers may start at any time from 8.00am, finishing by 18.30. The latest start times are 8.30am for the 24 mile route, 9.00am for the 19 mile route and 9.30am for the 14 mile route

unwell please do not leave them until appropriate action has been taken.

- 4. Equipment: There are areas on this event that involve rough ground and are rarely visited. It is essential therefore that you have and are aware of how to use: OS Dartmoor OL28 1:25,000 or suitable extracts or, electronic alternatives. Mobile Phone, Compass. Whistle. Suitable footwear with good tread. Simple first aid kit. Waterproofs. Food and drink for the day. There will not be a kit check but please carry these which are for your safety. An ability to adequately use map and compass is essential.
- 5. **Dogs:** Dogs are welcome on the event, but owners must ensure that they have suitable third party insurance, and that they are kept under close control at all times, preferably being kept on a lead. Dogs will not be allowed in the village hall at any time.
- 6. **Under 18's:** Where entrant is under 18 years of age, they must be accompanied by an adult during the event and the entry form must be signed by a parent or guardian.
- 7. **Safety:** The organisers reserve the right to refuse entry or disqualify or retire anyone on any grounds that could endanger safety of the entrant or anybody else.
- 8. Personal information submitted as part of this entry form will be held by the event organisers for a period of up to three years after the event is held for the purposes of managing this event only. Photographs are likely to be taken at the event, which may be featured in Strider magazine or on LDWA websites. In addition, Summary Information\* may be published immediately and may be held in perpetuity for the purposes of providing a record of the event. You will have the right to request that all your personal summary information be anonymised.
- Summary information is limited to the participant's name, age, gender, postal town, email address, LDWA membership number, event name and date, distance covered, time recorded.

Please detach the entry form and retain this page for reference

## **Entry Form**

Forename and surname as you wish it to appear on the certificate.
Male Female Age if under 14m, 19m or 25m route
Address
Post Code:
Email Address:
Tel. No Emergency Contact No:
LDWA Group Name:LDWA No:
Mobile Phone( if carried on the walk)
Medical Condition/Information which may be relevant in case of accident (in strict
confidence)
Please tick Walker Runner Vegetarian As appropriate: Cheque enclosed
Made payable to "Cornwall and DevonLDWA"
Members £9.00 Entry on the day or non LDWA £12.00 Return to: Annette Merchant, 51 Applegarth Avenue, Highweek, Newton Abbot, Devon. TQ12 1RU. Tel: 01626 367543.
email: annette.merchant@btinternet.com Enclose a SAE for confirmation of entry.
I agree to abide by the rules of the event and to observe the Country Code are all times. I have sufficient knowledge, experience, equipment and navigations skills to take part in a long distance walk in all conditions. I confirm that I am good health and have no medical condition that may cause undue concern of inconvenience to others. I confirm that I participate at my own risk and that reliability is accepted by the organisers for injury, damage or loss sustained by me before, during or after the event. I will be over 18 years old on the day of the event. I understand that particular rules may apply to entrants taking part in this event and I undertake to make myself aware of these rules before I start.
Signed Date